

School Counseling Program – Advisory Council

Meeting Minutes

May 8, 2017

Mission Statement:

Greybull Public Schools' Counseling Program promotes college and career readiness for all students through delivery of and access to a comprehensive school counseling program, which is preventative in nature and focuses on collaborating with all stakeholders to help students from all backgrounds overcome barriers to become productive and contributing citizens.

Members in Attendance:

Michaela Williams
Scharen Collingwood
Joel Rogers
Barry Bryant

Tracy Boyer
Sara Schlattmann
Sarah Zeller
Patsy King

Brett Suiter
Cheryl Hunt

Call to Order 4:04PM

- Progress Update for GPS School Counseling Goals 2016/2017
 - GES (Michaela)
 - Increase enrollment in small group interventions (8 groups)
 - 29 students in individual counseling - 19/29 referral included social skills as a present concern (Winter 2016)
 - 38 students in individual counseling (as of May 2, 2017)
 - A decrease from 2015-2016 perhaps due to small groups
 - Increase from 4 small group counseling interventions (2015-2016) to 8 small group counseling interventions (2016-2017). Students served in small group counseling interventions increased from 15 students to 26 students in 2016-2017 school year.
 - Implement a sustainable and effective advocacy program
 - Staff survey theme - more time for collaboration/Resources
 - Student surveys during classroom lessons (k-2 individually)
 - Adding Mr. Jaycox and Mr. Brandl 2017-2018 for smaller groups
 - Changing time and day Friday Mornings 8:10-8:30AM
 - Changing groups/changing teachers?
 - Teacher Concern about redoing activities
 - Grouping every year may be very difficult
 - SS maintaining advocacy classes would be more beneficial
 - Initial data suggests kids would prefer to keep their advocate too
 - SZ with the resources provided teachers are more comfortable with keeping their groups
 - TB 1 strong relationship can be more impactful than 3 or 4 positive relationships
 - MW helps with resilience
 - SZ eventually move to a check-in/check-out format

- BB good format kids start in gym with a team builder with their advocates
 - Google Drive Resources: monthly themes, weekly lesson to start the month that benefits the theme
 - SZ--I appreciate this and Michaela's additions to the Drive
 - Positive First Year Overall
- GMS (Scharen)
 - By the end of 4th quarter 2017, students who earned a D or an F in one or more classes first quarter will increase the number of A's, B's, and C's they earn by 10%.
 - End of 3rd Quarter:
 - Learning Lunch Participants: 12
 - By July 2017, 8th grade students eligible for free and reduced lunches (n=12) will increase their enrollment in Algebra 1 from 3 8th grade students eligible for free and reduced lunch to 7 8th grade students eligible for free and reduced lunch.
 - 3 students participating in extra study skills class
 - Focus primarily on math
 - 15 Pnts. Total Growth (3, 8, 4)
 - By the end of 4th quarter 2017, students who received 2 or more discipline referrals during 1st quarter will decrease their number of office referrals by 10%.
 - Social Skills Groups
 - Emotion Management
 - Social Interactions
- Counseling Core Curriculum 2016/2017 Update:
 - GES (Michaela)
 - Second Step:
 - Respectful behaviors: listening, focusing attention, being assertive, and self-talk
 - Empathy: recognizing the emotions of others
 - Emotion control: stop signals, naming feelings (I feel...), deep breathing, counting, and positive self-talk.
 - Bullying prevention: recognize, report, refuse
 - Problem solving steps: state the problem, think of solutions, explore consequences, pick the best solution
 - Half of classes have made it through Problem Solving (5th grade will need when they transition)
 - Lessons will no longer be on Fridays
 - Small groups
 - Social skills
 - Anxiety - positive coping strategies
 - PBIS - re-teach expectations
 - Mindfulness - Self Regulation
 - 1st time using, next year will incorporate even more
 - MindUp is more of regular classroom daily use, not small group

- GMS (Scharen)
 - SecondStep
 - 6th & 7th grades completed
 - 8th grade focused on reteaching skills that have been problematic
 - Career Exploration
 - 7th grade & 8th grade
 - Hathaway Scholarship
 - 8th grade transitioning to high school
 - Cyber Safety/Media Literacy
 - 6th grade did fairly well
 - Small groups
 - Learning Lunches
 - College Drop-in Group
 - Career Drop-in Group
 - Social Skills Groups
 - Girls-social interactions
 - Boys-emotion management
 - Grief Group

- ASCA National Conference July 8th - 11th, 2017 Denver, CO
 - Michaela and Scharen both attending

- Montana School Counselor Association - Spring Conference (April 6-7, 2017)
 - Laura St. John Trauma Informed Care in the Schools Grant

- Wyoming School Counselor Association - Spring Conference (May 5, 2017)
 - Cultural Competency
 - Eric Jensen--possible professional development for our district
 - PK This is such a huge part in our schools
 - “Teachers are frustrated because they don’t have the resources”

- Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches to the Most Challenging Behaviors
 - Can be implemented for all of our kids

- RAMP update
 - Change in templates and identification of standards
 - On track to finish by October deadline
 - Summer work compensation

- Love and Logic - Spring 2017
 - 13 participants
 - Elementary School location has benefitted the program
 - More books have been ordered

- 2017-2018 School Year
 - GES: (Michaela)
 - In staff training at the beginning of the year (1 - 2 hours):
 - Classroom guidance schedule
 - School counseling program data

- School counseling referral process
 - Small group counseling referral process
 - Trauma-informed schools/ de escalation process
 - Advocacy- building positive school culture/community and resiliency
 - PBIS expectation training
 - College and Career Readiness - Naviance (researching)
- GMS (Scharen)
 - Staff Trainings
 - Suicide Prevention
 - Trauma in the Classroom
- Input from Stakeholders
 - What are the most beneficial services we provide?
 - Social skills groups at GMS and GES
 - PBIS Rewards have had positive influence on GES culture
 - Resources for teachers are beneficial at GES Advocacy
 - What areas do you feel the school counselors need to focus on more/spend more time on?
 - PK Would like to have strategies to help the kids based on LowSES
 - Please Pursue Jensen info
 - Please share info on Oppositional Defiant Disorder Training
 - Keep increasing with social groups
 - I want to do what's right, but fear of social repercussion GMS
 - JR Scharen will be providing WIN class to provide more services
 - Tape a suicide prevention training for Scott and staff use
 - Share docs and presentation with staff on Google Docs
 - Strategies for poverty kids
 - Put quick strategies for teachers on website?
 - Do's and Don't's

Adjourn 5:01 PM