

ADDICTIONS

GENERAL INFORMATION: SUBSTANCE ABUSE

The National Center on Addiction and Substance Abuse

<https://www.centeronaddiction.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA's National Helpline

1-800-662-HELP (4357)

1-800-487-4889 (TTY)

<https://findtreatment.samhsa.gov/>

Behavioral Health Treatment Services Locator: free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues; available 24/7

RESIDENTIAL ALCOHOL/DRUG TREATMENT

Henry Ford Maplegrove Center

6773 W Maple Rd

West Bloomfield, MI 48322

(248) 661-6100

<https://www.henryford.com/locations/maplegrove>

Residential and outpatient substance abuse rehabilitation

Jefferson House

8311 E. Jefferson

Detroit, MI

313-331-8900

http://www.cskdetroit.org/programs/substance_abuse_services/

A ministry of the Capuchins; 12-bed residential treatment available

Sacred Heart Rehabilitation Center

1-888-802-7472

<http://sacredheartcenter.com/index.html>

<http://sacredheartcenter.com/locations.html> (Michigan locations)

Residential and outpatient treatment and recovery for substance use disorders, including those with concurrent mental health disorders and AIDS/HIV

Southeast Michigan Adult Rehabilitation Center

(313) 965-7760

<http://semichigan.satruck.org/>

Residential substance abuse rehabilitation run by the Salvation Army

Two campuses:

If desired, please call the parish office to arrange a meeting with a member of the clergy or the Society of St. Vincent de Paul to discuss this issue in more detail.

Women's Campus
5931 Middlebelt Rd.
Romulus, MI 48174

Men's Campus
1627 Fort St. W
Detroit, MI 48216

ALCOHOL

Problem-Drinking Assessment

<http://guesthouse.org/wp-content/uploads/2017/05/Problem-Drinker-Assessment.pdf>

Alcoholics Anonymous (AA)

<http://www.aa-semi.org/>

<http://www.aa-semi.org/meetings.php> (Meetings)

A time-tested group-based resource for individuals struggling with alcohol addiction

Al-Anon

<https://al-anon.org/>

Support group for family members and loved ones of individuals struggling with alcohol addiction; Teen group also available (Alateen)

Comunità Cenacolo America (Community of the Cenacle/Upper Room)

Michigan and North & Central Ohio Region

Ernie and Pat Fletcher

(313) 881-2442

pmhfletcher@comcast.net

<http://hopereborn.org/#2>

Community for individuals with addiction to alcohol and other drugs; support for families too

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313-331-8900

http://www.cskdetroit.org/programs/substance_abuse_services/

A ministry of the Capuchins; alcohol and drug addiction meetings at their soup kitchen locations

OTHER DRUGS

Jefferson House

8311 E. Jefferson

Detroit, MI

313-331-8900

http://www.cskdetroit.org/programs/substance_abuse_services/

A ministry of the Capuchins; alcohol and drug addiction meetings at their soup kitchen locations

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Narcotics Anonymous (NA)

<https://www.na.org/>

<https://www.na.org/meetingsearch/>

Oakland County • (248) 543-7200 • <http://www.michigan-na.org/oakland/>

Detroit East Area • (248) 543-7200 • http://www.michigan-na.org/detroit_east/

Western Wayne Area • (877) 338-1188 • http://www.michigan-na.org/western_wayne/

Central Detroit Area • http://www.michigan-na.org/detroit_central/

Detroit West Area • http://www.michigan-na.org/detroit_west/

Nar-Anon Family

<http://www.nar-anon.org/naranon/>

Family Groups: A 12-step program for families and friends of persons struggling with addiction

SEX: PORNOGRAPHY AND OTHER COMPULSIVE SEXUAL BEHAVIORS

INFORMATION AND HELPFUL RESOURCES

Integrity Restored: Resources for Overcoming Pornography Addiction

<http://integrityrestored.com/resources-for-overcoming-pornography-addiction/>

Resources for those struggling with sex addiction (pornography and other compulsive sexual behaviors), their spouses and members of the clergy

For more information and resources on pornography and other sexual issues, please see the “**Other Resources (Sexuality and Life Issues)**” list on the website.

INDIVIDUAL THERAPY

Finding a Good Therapist *(for sexual addictions)*

<http://integrityrestored.com/finding-a-good-therapist/>

Please read this first! A guide for practicing Catholics in making the right therapist decision for sexual addiction treatment

Catholic Therapist Network

<http://www.catholictherapists.com/>

“Sound psychology. Solid faith. Real healing.”

LifeStar Network

Helpline: 1-888-512-6757

<http://www.lifestarnetwork.com/>

<http://www.lifestarnetwork.com/the-solution/get-help-now/> (Find a therapist)

A network of therapists with a recovery helpline, for people struggling with compulsive sexual behavior; that is, pornography, sex addiction, etc.

Also see the “Emotional Needs and Counseling” resource list. All individual therapists on that list are highly qualified, skilled therapists of the Catholic Faith.

GROUP SUPPORT

Sexaholics Anonymous (SAICO)

International Central Office

P.O. Box 3565

Brentwood, TN 37024

1-866-424-8777

Email: saico@sa.org

Web: <http://www.sa.org/>

For a list of local support group meetings, please contact SAICO via phone or email.

If desired, please call the parish office to arrange a meeting with a member of the clergy or the Society of St. Vincent de Paul to discuss this issue in more detail.

GAMBLING

National Council on Problem Gambling

National Problem Gambling Helpline

Call: 1-800-522-4700

Text: 1-800-522-4700

Chat: [ncpgambling.org/chat](http://www.ncpgambling.org/chat)

<http://www.ncpgambling.org/>

Michigan-Based Resources

<http://www.ncpgambling.org/state/michigan/>

Michigan Association on Problem Gambling

1330 W. Grand River

Howell, MI 48843

Helpline: 1-800-270-7117

General: (313) 580-0362

DenisePhillips186@msn.com

www.michapg.com

OVER-EATING

National Center for Overcoming Overeating

<http://overcomingovereating.com/>

VIDEO GAMES

American Addiction Centers

Video Game Addiction Treatment and Symptoms

(888) 986-7527

<http://americanaddictioncenters.org/video-gaming-addiction/>

WebMD (2006 article by Sherry Rauh)

Video Game Addiction Treatment and Symptoms

<http://www.webmd.com/mental-health/addiction/features/video-game-addiction-no-fun#1>

For individual therapy, please see the “Emotional Needs and Counseling” resource list.

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