

Montour High School Counseling Department

September E-Newsletter

Welcome to this year's first edition of the Montour High School Counseling Department E-Newsletter! As we get back into the swing of another school year, it is important that we keep you up to speed on the resources and services available to you. Throughout the school year, we will be utilizing this monthly e-newsletter to alert and inform each of you about important dates as well as grade specific activities occurring at the high school.

We encourage you to visit the guidance section of the Montour School District website, the "Counselor's Corner". This tab will contain excellent information and links to additional resources. You can access the "Counselor's Corner" at www.montourschools.com, click on "Our Schools", choose "Montour High School", and then click the "Counselor's Corner" tab on the middle of the high school's main page. Please check this website regularly as it will be updated frequently.

COUNSELOR CONFIGURATION FOR 2017-2018 SCHOOL YEAR:

Mrs. Danielle Langdon – Student's last name A-Go
412-490-6500, X1620
langdondm@montourschools.com

Mrs. Melissa Bamford – Students last name Gr-Pe
412-490-6500, X1601
bamfordm@montourschools.com

Mrs. Christina Kolbert – Student's last name Pf-Z
412-490-6500, X1602
kolbertc@montourschools.com

Mrs. Tammy Ulizzi – School Counselor Secretary and Attendance Secretary
412-490-6500, X1611
ulizzit@montourschools.com

GRADE LEVEL CLASSROOM LESSONS

Each nine weeks the counselors will visit your child's social studies classrooms for instructional grade level lessons. The first nine week's lessons will include the following topics:

9th Grade: Adjusting to High School, Study Habits and Keys to Success, Career Development via Naviance, Student Assistance Program overview (SAP)

10th Grade: Graduation Requirements, PSAT, Career Development via Naviance, Student Assistance Program overview (SAP)

11th Grade: PSAT, College Fair, Career Development via Naviance, Student Assistance Program overview (SAP)

12th Grade: College Application process, Transcript request procedures via Naviance, College Fair/Financial Aid Night, Student Assistance Program overview (SAP)

INDIVIDUAL STUDENT PLANNING (ISP)

Counselors will begin the Individual Student Planning (ISP) process with each student. The ISP component consists of school counselors engaging in one-on-one meetings with all students in an effort to assist with the development of personal goals and the establishment of future plans.

If you have any questions or concerns, please contact your child's counselor. We look forward to working with you this year!

Please contact your child's counselor with any questions/concerns.

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