Outreach & Engagement
Well(ness)essity Program

The Well(ness)essity Program seeks to help adults between the ages of 25-59 to:

- Prevent or lessen the development of mental health conditions through intervention such as educational and life skills classes

- Achieve short-term goals by providing short-term life coaching and short-term case management

- Reduce risk factors by increasing support through referrals and linkages other community agencies

- Decrease the stigma (stereotypes) associated with mental health issues through using culturally appropriate methods and language

Multi-lingual and multi-cultural staff are familiar with a variety of languages, cultures and customs.

Services provided in:

- English
- Spanish
- Vietnamese
- Farsi
- Korean
- Arabic
- Urdu
- Pashto
- Armenian
- Tigrinya

Multi-Ethnic Collaborative of Community Agencies (MECCA)
www.ocmecca.org

To Participate Contact:

Abrazar
7101 Wyoming St.
Westminster, CA 92683
(714) 893-3581

Access California Services
2180 W. Crescent Ave., Suite C
Anaheim, CA 92801
(714) 917-0440

Korean Community Services
7212 Orangethorpe Ave., Suite 9A
Buena Park, CA 90621
(714) 449-1125

OMID Multi-Cultural Institute for Development
4199 Campus Dr., Suite 550
Irvine, CA 92612
(949) 725-2972

Orange County Children's Therapeutic Arts Center
2215 N. Broadway
Santa Ana, CA 92607
(714) 547-5468

Vietnamese Community of Orange County
1618 West First St.
Santa Ana, CA 92703
(714) 558-6009

MECCA, 600 W. Santa Ana Blvd. #108, Santa Ana, CA. MECCA is Funded through the Health Care Agency of Orange County, California - Prevention and Intervention Division. In collaboration with: