

Resources and Recommended Reading

Because diversity and inclusion are essential components to our hope for a peaceful world, we want to support parents in their crucial and courageous conversations with children, family members, and others in their community. Assembled below are a variety of print and online resources for families that may be helpful.

Book Recommendations:

- 1) Toddler and Early Childhood: [Families](#), by Shelley Rotner (*depicts many forms of diversity within families using real pictures*)
- 2) Early Childhood and Kindergarten: [The Last Stop on Market Street](#) by Matt de la Pena (*chronicles a boy's heartwarming Sunday morning routine with his nana*)
- 3) Kindergarten and Lower Elementary: [My Name is Yoon](#), by Helen Recorvits (*explores immigration through the young eyes of a female Korean American main character, and examines the importance of names*)
- 4) Upper Elementary: [Hidden Figures, Young Readers Edition](#), by Margot Lee Shetterly (*chronicles 1st African American women to work for NACA/NASA who were the little known mathematicians known as "human computers"- movie of story out in January*)
- 5) Adults: [Between the World and Me](#) by Ta-Nehesi Coates (*very timely letter from African American father to his son*)

More recommendations are available on [this Google Doc](#).

Moving Forward: Recommended Reading for Addressing Racism and Bigotry in our World

- 1) From German Lopez at Vox.com: [Research-Proven Ways to Reduce Racial Bias](#) (*suggestions for having this conversation in constructive ways that don't make people feel condemned*)
- 2) From the POD Network Diversity Committee: [Responding to Microaggressions with Microresistance: A Framework for Consideration](#) (*elucidates a strategy for dealing with microaggressions and effective culture change*)

3) From the Southern Poverty Law Center: [Speak Up: Responding to Everyday Bigotry](#) (*resources for dealing with bigotry in others and ourselves in a host of situations*)

4) From Upliftconnect.com: [What it Really Means to Hold Space for Someone](#) (*explains the process of “holding space” or being an ally to others through challenging times*)

Election Conversation Recommendations:

1) From the New York Times: [How Could You? 19 Questions to Ask Loved Ones Who Voted the Other Way](#) (*a guide to facilitate conversation between Trump voters and Clinton voters*)

2) From Dr. Geoffrey Greif of the University of Maryland: [Losing Friends and Family Over the Election?](#) (*suggestions for navigating relationships when you are not of the same political party*)

3) From CNN: [How to Talk to Your Kids about the Election](#) (*important messages and suggestions for talking to children, regardless of your candidate preference*)

4) From Dr. Emma Seppala of Stanford University: [How to Keep Politics Off the Playground](#) (*suggestions for fostering safe environments for children instead of destructive, politically-hurtful ones*)