

Bronx Academy of Promise  
Breakfast Menu

# February 2018

Meal Includes:

Meat/Meal Alternate, Grains, Fruit and Milk

Have a  
Great Day!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Blueberry Muffin, Fruit Yogurt  Belgian Waffles, Mixed Berries  Fresh or Cupped Fruit Non-fat& 1% Milk	2 Peanut Butter and Jelly Sandwich, Banana  Scrambled Egg with Turkey Bacon bits, w/w Toast  Fresh or Cupped Fruit Non-fat& 1% Milk
5 Banana Pancakes w/Syrup  Breakfast Burrito w/ Turkey/Bacon, Egg & Cheese  Fresh or Cupped Fruit Non-fat& 1% Milk	6 Turkey/Ham, Egg & Cheddar Frittata w/Breakfast Biscuit  Cinnamon Raisin Bagels, Fresh cut Fruit, Lite Cream Cheese  Fresh or Cupped Fruit Non-fat& 1% Milk	7 Bacon, Egg & Cheese on a Kaiser Roll  Bran Muffin, Fresh Fruit, Cheese Stick  Fresh or Cupped Fruit Non-fat& 1% Milk	8 Warm Banana Bread, Cheddar Cheese Stick  Hot Cream of Wheat w/Peach Topping  Fresh or Cupped Fruit Non-fat& 1% Milk	9 Cheese Omelet, Hash Brown Potatoes, Whole Wheat Toast  Turkey/Ham & Egg on w/w English Muffin  Fresh or Cupped Fruit Non-fat& 1% Milk
12 Sausage, Egg & Cheese on an English Muffin  Hot Oatmeal w/Fresh Blueberries  Fresh or Cupped Fruit Non-fat& 1% Milk	13 Warm Apple Muffin, Sliced apples  Scrambled Egg w/Whole Wheat Toast  Fresh or Cupped Fruit Non-fat& 1% Milk	14 Turkey/Bacon, Egg & Cheese w/w Kaiser Roll  Baked Potato Basket, Egg & Cheese w/Toast  Fresh or Cupped Fruit Non-fat& 1% Milk	15 Hot Oatmeal w/Fresh Fruit Topping  Grilled Cheese Sandwich on w/w Bread, Fresh Fruit  Fresh or Cupped Fruit Non-fat& 1% Milk	<b>Lunar New Year School Closed</b>
<b>19 Mid-Winter Recess School Closed</b>	<b>20 Mid-Winter Recess School Closed</b>	<b>21 Mid-Winter Recess School Closed</b>	<b>22 Mid-Winter Recess School Closed</b>	<b>23 Mid-Winter Recess School Closed</b>
26 Bacon, Egg & Cheese on a Kaiser Roll  Cinnamon Raisin Bagel, Lite Cream Cheese, Fresh Fruit  Fresh or Cupped Fruit Non-fat& 1% Milk	27 Ham & Cheese Frittata w/ Whole Wheat Toast  Yogurt Parfait w/Fruit & Granola  Fresh or Cupped Fruit Non-fat& 1% Milk	28 Belgian Waffles, Mixed Berries  Scrambled Eggs Whole Wheat Bagel  Fresh or Cupped Fruit Non-fat& 1% Milk		

**Available at Every Breakfast**

Grain: Bagels, English Muffins, Whole Wheat Bread,

Milk: Low-Fat White and Non-Fat Chocolate

Fruit: Fresh fruit & Cup Fruit

Water available at every meal

This institution is an equal opportunity provider.