

Montour High School Counseling Department

April E-Newsletter

PLT SESSIONS

-Every **Tuesday** the school counseling department offers Personal Wellness groups during PLT time. The topics covered include Stress Management, Grief/Loss, Personal Growth, and Study Skills.

-Every **Thursday** the school counseling department offers Naviance assistance during PLT time. Sign up with your counselor to learn more about this dynamic program.

-In addition, National Honor Society offers peer tutoring in all content areas during PLT. If you are struggling or need extra help in class, sign up for a peer tutor in flex time manager.

SAT/ACT INFORMATION

The next SAT test dates are **May 6, 2017**, and **June 3, 2017**.

SAT Testing Schedule 2016-2017 school year

U.S. Registration Deadlines

2015-16 Test Dates	Test	Regular Registration Deadline (postmark/submit by)
May 6, 2017	SAT & Subject Tests	April 7, 2017
June 3, 2017	SAT & Subject Tests	May 9, 2017

Register at www.collegeboard.com

The next ACT testing date is **June 10, 2017**.

ACT Testing Schedule 2015-2016 school year

Test Date	Registration Deadline	(Late Fee Required)
June 10, 2017	May 5, 2017	May 19, 2017

Register at www.actstudent.org

NCAA CLEARINGHOUSE

In order for students (men and women) to be eligible to play Division I or Division II sports at the college level, they need to be cleared by the NCAA. **Prospective student athletes will register with the NCAA at the end of their junior or beginning of their senior year.**

SUMMER PROGRAMS

Many colleges and universities offer summer college programs in a variety of subject areas. Check the Counselor's Corner website for updated information.

COLLEGE FAIRS/OPEN HOUSES/VISITATION:

Many colleges are now offering open houses and visitation days for high school juniors. You can log on to the colleges' websites to see what activities are planned for this year's juniors.

Please contact your child's school counselor with any questions or concerns.

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