

**What qualifies you to be a consumer with ATCIC CFC**

- *Be a Medicaid recipient*
- *Have an IQ score of 69 or below or have a related condition (Autism, Asperger's, PDD-NOS, Epilepsy, Cerebral Palsy, or any other related condition).*
- *If over 18, proof of diagnosis is required.*

**Location**

*5225 N. Lamar,  
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**Contacts**

*Carlos Guzman  
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Spanish)*

**IDD**

**Intellectual  
Developmental  
Disability unit**



**To Schedule An  
Intake Appointment**

**Please call SPOE  
Single Point of Entry**

**512-472-4357**

**[www.integralcare.org](http://www.integralcare.org)**



**ATCIC Mission:**

*Improving the lives of people who experience mental, emotional or substance use disorders and intellectual and developmental disabilities and delays.*

**Community First Choice**

*Community First Choice (CFC) provides certain services and supports to individuals living in the community who are enrolled in the Medicaid program and meet CFC eligibility requirements.*

# What is Community First Choice?

CFC services are basic attendant and habilitation services that include:

- Personal Assistance services - services to help people perform activities of daily living (such as eating, toileting, grooming, dressing and bathing) as well as activities related to living independently in the community (such as meal planning and preparation, managing finances and shopping for food)
- Habilitation - Acquisition, maintenance, and enhancement of skills necessary for the individuals to care for themselves and to live independently in the community
- Support Management - Training people how to select, manage, and dismiss their own attendants.
- Emergency Response Services - Providing a back up system or ways to ensure continuity of services and supports



## How to get started:

- Step 1: Schedule an Intake by calling SPOE (Single Point of Entry) at 512-472-4357.
- Step 2: After intake appointment is completed, a service coordinator will be assigned to you.
- Step 3: The service coordinator assigned will then conduct a home visit during which CFC assessment will be completed. (note: assessment can take up to 3 hours)

## Eligibility Requirements:

To be eligible for CFC, an individual must:

- Be a child or an adult who is eligible for Medicaid.
- Meet an institutional level of care, i.e. nursing facility or ICF group home (have an IDD diagnosis or a related condition that impedes with performing a signature amount of self care)
- Need help with activities and instrumental activities of daily living, such as dressing, bathing, and eating.

## What to expect during CFC assessment:

- CFC assessment can be conducted at your home.
- A series of questions will be asked to learn about you and what you need. There will also be forms completed that will require your signature.
- The first meeting can take up to 3 hours.
- It is preferred for the individual to participate in the assessment, but ok if they are not able to for a valid reason.