

Suicide Prevention

Crisis Line

Have you or someone you know had thoughts about suicide?

Speak with a highly trained member of Didi Hirsch's suicide prevention Crisis Line, which provides direct, confidential 24-hour telephone counseling to individuals contemplating, threatening or attempting suicide.

- 24 hours a day, 7 days a week
- Multi-lingual support
- Member of the National Suicide Prevention Lifeline

**Call toll-free in Orange County
anytime day or night:**

**877-7CRISIS or
877-727-4747**

There is hope. We can help.

www.didihirsch.org

Didi Hirsch Mental Health Services is a non-profit 501(c)(3), Short Doyle Contract and United Way agency.

Didi Hirsch Mental Health Services does not discriminate on the basis of disability, and upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.