

10 STEPS TO GETTING GOOD GRADES
FRESHMAN STUDY SKILLS

1. Believe in Yourself
 - a. Recognizing Strengths and Talents
 - b. Setting Academic Goals

2. Be Organized
 - a. Create Routines
 - b. Keep Track of Your Grades

3. Manage Your Time Well
 - a. Needs vs. Wants
 - b. Creating a schedule

4. Be Successful in Class
 - a. Adapt to Different Teachers
 - b. Be Prepared for Class
 - c. Be Aware of Body Language
 - d. Do Your Homework
 - e. Be a Good Group Member
 - f. Participate in Class
 - g. Treat Others with Respect
 - h. Involve Your Parents

5. Take Good Notes
 - a. Pay Attention
 - b. Recognizing Main Points

6. Know How to Read a Textbook
 - a. Scan
 - b. Read
 - c. Review

7. Study Smart
 - a. Good Study Location
 - b. Understanding Your Learning Style
 - c. Organize Your Study Time
 - d. Memorization Strategies
 - e. Know How to Write a Paper

8. Be a Good Test Taker
 - a. Multiple Choice Questions
 - b. Essay Questions

9. Reduce Test Anxiety

- a. Relaxation Techniques

10. Get Help When You Need It

- a. Talking to Parents, Teachers and Counselor