

DATE: October 19, 2017

TIME: 4:15 PM - 5:30 PM

LOCATION: Conference Room BLC



SHAC MINUTES Meeting #1

MEETING CREATED BY: Racheal Rife **MINUTE TAKER:** Linda Bourland
TYPE OF MEETING: New Year Meeting
FACILITATOR: Racheal Rife

ATTENDEES PRESENT:

Holly Snider	Stacy Trammell	Lindsay Fuller	Nicole Griffith
Kathleen Bronstad	Aubrey Dillinger	Tonja Medlock	Cliff MacKenzie
Beth Taylor	Jenny Chapman	Merrie Kechnie	Racheal Rife
Casey Gaines	Shealee Mitchell	Alicia Hernandez	Linda Bourland
Sarah Butler	Jim Garner	Holly Boyer	Deana Lopez
Ginger Ballard	Chaley Wilson	William Bezio	

AGENDA TOPICS:

Welcome and Introductions for 2017-2018
Update Bylaws
Elect Officers – Chair, Vice Chair, Secretary
Review Wellness Policy – mandates and goals
Hear Report on Health Services
Plus/Delta & Future Agenda Items – Physical Activity and Fitness Planning Committee

TIME ALLOCATED: 1 hour **PRESENTED BY:** Racheal Rife

Discussion: Members read Bylaws and shared with groups. Group discussions.

Conclusion: Racheal Rife called for vote to accept changes to Bylaws – All unanimously accepted.

Discussion: Election of officers for 2017-2018

- Chairperson – WISD employee – Linda Bourland
- Vice Chairperson – Kathleen Bronstad
- Secretary – Sarah Butler

Conclusion: Racheal Rife called for a vote to accept above nominees. All unanimously accepted.

Discussion: Review Wellness Policy – members read Wellness Policy and had following questions and comments:

*All questions and / or suggestions concerning food and food services were answered by Alicia Hernandez, Executive Director of Support Services.

Question – Why the change is school menus?

Answer – WISD changes the menus to keep the “fresh” and different for the students.

Question - Can you post signs and menus so the students can see them?

Answer – There are signs and menus up at all schools.

Question – Can parents get printed menus like last year?

Answer – The menus last year were sponsored and we no longer have that sponsor. We have the menu on our website.

Question – But when we print them off the website, the print is too small and hard to read. Can we get them a bigger size?

Answer – We can change it to 8½ x 11.

Question – Concerning student and adult lunch portions at schools, why are adult prices so much more than students’ when portions are the same?

Answer – The state reimburses us for student meals but not adults’. The adult price helps to pay expenses.

Question – How do we accommodate students that need gluten-free meals?

Answer – We offer three gluten-free options. Alicia works personally with parents one-on-one to develop meals for these students.

Question – How does the nurse know how much sugar the student has had for lunch? Can we put the nutritional value on the website?

Answer – This is on our website and we have to know how much sugar is in every meal. And this is shared with every nurse on every campus.

Suggestion – 3 year-olds and PreK students can’t see over the lunch counters to view food choices. Can we use pictures, taped where visible for these students to see and make choices?

Answer – We have done this before and the pictures quickly get pulled down.

And... - Students are confused about their choice selections, such as: choose one of these two. Can we have better directions for students concerning how many food choices from each group offered?

Answer – We will work on this of how to present it to the students.

Suggestion – PTA provide frame-board for pictures and specific number of food choices from a group.

Question – Concerning developing curriculum and PE and health teachers...are any of our teachers nutritionists? How do PE teachers share?

Answer – Racheal Rife – On our district PD days, PE teachers work together and share ideas and knowledge. They make sure when they are with students in class, they discuss exercise and nutrition.

Question – Concerning water access to students...is water accessible to all students?

Answer – Parents answered the question above. Austin has water stands. Wright has three bottle fitting stations. (PTAs could help buy these for all campuses.

* **Shealee Mitchell**, nurse at NGC and coordinator for all WISD nurses, said bottle fitting stations has decreased health related problems no campuses that have them by a significant amount. Crockett has water in the classroom for students.

Question – Why do students only take 2 semesters of PE in high school?

Answer – Those are the state guidelines. But most students have more than two semesters since students get PE credit through band, athletic, drill team, etc.

Question - Why aren't more facilities open to the public? Such as the track at Hall and NGC?

Answer – Hall has not had a final “walk-through” with builders. Will check on NGC...

Question – Can the community be notified in a district newsletter ... “Tracks are open!”

Shealee Mitchell, gave a report on Health Services:

- First Aid Kits at recess and teachers have radios while on playgrounds
- Labels have been changed to be on inhalers
- All nurses have ER training
- LVN hired for NGC and HS
- Computers in nurses' offices are now on Skyward so the students are signed in by nurse and she can register what is wrong and what is needed for the student at that time. Cuts charting time significantly.
- New recognition program – for teachers and nurses
- Dr. Bratton is our district doctor. He can give clinic orders to do necessary work.
- Carbohydrates – snacks, apple juice, ginger ale... different things now in clinic.
- Online now – all people that take care of diabetic students, such as coaches, can get help how to treat student faster.
- Vision and hearing screenings now done in one day buy 4 nurses instead of taking months.
- Over 2,000 flu shots this year.
- WISD has 8,129 students – 6,493 have been seen in our clinics
- Lice – change in law – if one student in a class is has lice, parents of all students in that class have to be notified. We have sent 819 letters so far this year. Student with lice can't be sent home because of lice. Lice do not carry diseases.

Racheal Rife ended with asking for suggestions, comments, and questions. SHAC will meet again in December. Meeting was adjourned at 5:35 PM.

SECRETARY APPROVAL:
(Signature & Date) _