

Dear Parents,

The Rockdale Independent School District Athletic Department would like to thank you for taking part in our new process of accepting the required athletic participation forms electronically. We will no longer use a hard copy of the UIL forms, except for the Pre-participation Medical History and Physical Examination form which can be downloaded at <http://rockdaleisd.rankonesport.com>

### **General Electronic Form Instructions:**

1. In order to submit online paperwork appropriately, you will be asked to provide information such as home phone number, cell phone numbers, email address, name of primary physician, and other pertinent information. It is very important you have this information available during the time you plan on completing these forms.
2. Remember: It is important that you and your child fill out and sign all required spaces. Forms will not be accepted electronically if the forms are not completed correctly.
3. **\*\*No student will be able to participate in an athletic period, practice, or games if these forms are not completed and processed. This is a University Interscholastic League rule.\*\***
4. Start by going to <http://rockdaleisd.rankonesport.com> (a link can be found on the Rockdale ISD website under “Athletics”)
5. To begin, hover the mouse over “Online Participation Forms”. Once the dropdown menu appears click on “RISD Physical Online Paperwork”. Fill out all information requested as accurately as possible. Please use your legal name not a nickname when filling out information. It is important you have your student ID number available as it is required on each form. If you do not know the answer to a question, please answer the question with N/A or none.
5. To sign a document, click inside the signature box and hold your mouse down, this will allow you to create an “Electronic Signature”. If you make a mistake and need to start over click on the refresh icon next to the signature box. If you are using a touch screen device, you may create an electronic signature, by holding your finger to the screen and signing your name or by using a stylus.
6. The hard copy of your Pre-participation Medical History and Physical Examination must be turned in to the Athletic Trainer or the Athletic Office.

**\*\*The RHS library will be open on Tuesday May 23<sup>rd</sup> from 5:00 pm to 7:00 pm to give parents who do not have access to a computer an opportunity to fill out athletic paperwork. Please plan on attending if you need access to a computer or if you have questions. Make sure you bring all required information with you**

**If you have any questions please call the Athletic Training Office at (512)430-6007 or the Athletic Office at (512)430-6150**