

# OLD TOWN GYMNASTICS

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Dawn (Tuti) Matthews, Nelson is a professional Gymnastics instructor with over 30 years of Gymnastics experience. She is the current US Gymnastics contract holder on Ft Leonard Wood Missouri.

Ms. Tuti is a USA Gymnastics certified clinician and a graduate of UNCG with a Master's Degree in Exercise & Sports Science (emphasis Motor Development). She holds a double major: Sociology and Psychology and triple minors: Gerontology, Dance and Women's Studies.

Ms. Tuti, prior to moving to Missouri, worked at Wilkes Community College Instructing: Fit & Well, Aerobics, Yoga, Dance, Weight Training, Physical Fitness other fitness classes. Other unique qualifications include but are not limited to:

- U.S. Government Security Clearance
- USAG KAT & MELPD Instructor/Clinician



- USAG Skill Evaluator levels 1-4
- USAG Safety Certified
- USA Gymnastics Congressional Speaker
- Gymnastics Association of Texas (GAT) professional speaker
- 1992 Miss Elkin Valley

After 31 years of military service, her husband, SGM Alex Nelson is retiring from service and they are returning home along with their seven-year-old daughter.

Ms. Tuti and her family look forward to seeing all of you and serving your families in the great state of North Carolina.