

**PLAY LIKE
A CHAMPION
TODAY**

Play Like a Champion Today

Dear St. Joseph Catholic School Sport Parents,

St. Joseph Catholic School will be partnering with the *Play Like a Champion Today* educational series. *Play Like a Champion Today* is a national coach and parent education program designed specifically to elevate the culture of Catholic school-sponsored sports. Crafted by leaders in the fields of sport psychology, coaching education, Catholic theology and moral development, *Play Like a Champion* works in partnership with our schools to enable the athletic experience to be a missionary tool to develop our youth physically, socially, morally and spiritually.

Play Like a Champion Today incorporates all the stakeholders in Catholic education – athletic administrators, coaches, parents and athletes. The goal is for all members of a school/diocesan community to work together to make sports at St. Joseph Catholic School the spiritual and character-building experience that it is meant to be. The bottom line: athletes receiving the best benefits that catholic sports have to offer.

St. Joseph Catholic School will provide a *Parent Like a Champion Today* workshop for sport parents. The workshop includes an examination of parent expectations in sports programs. Parents receive resources that will help them contribute to building the positive culture that is the focus of the St. Joseph Catholic School and the *Play Like a Champion* program. Parents also receive practical guidance on how they can help their children to form habits of perseverance, responsible decision-making, teamwork, prayer, and whole health.

The *Parent Like a Champion Today* workshop will be held on **February 22, 2018 from 5:30p.m. until 6:30p.m. at St. Joseph Catholic School.** This is a one-time required training for all parents who have children participating in sports within the Diocese of Jackson. Only one parent is required to attend; we highly recommend both parents attend if possible.

Blessings,

Amy Lipovetsky
Coordinator, Play Like A Champion Today
"Character Education Through Sports"

"Sport is not only a form of entertainment, but also -- and above all I would say -- a tool to communicate values that promote the good that is in humans and help build a more peaceful and fraternal society." - Pope Francis

