

# NATCHEZ-ADAMS SCHOOL DISTRICT

## April Lunch Menu for Natchez High, Freshman Academy

Monday	Tuesday	Wednesday	Thursday	Friday
2  Sliced Turkey with Gravy Pork Leg Roast w/ gravy Chef Salad Saltine Crackers Cornbread Dressing Seasoned Green Beans Yam Patties Fresh Grapes Mandarin Fruit Cup Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Croutons Graham Crackers Chocolate Chip Cookie	3  Chicken Nuggets Corn Dog Chef Salad Macaroni and Cheese Garden Salad W/Dressing Steamed Carrots Fresh Orange Smiles Rosey Applesauce Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Croutons Graham Crackers Brownies	4  Cheese Pizza Pepperoni Pizza Sausage Pizza Hamburger w/ Trimmings Baked Beans Straight Fries Pickle Spears Chilled Diced Pears Fresh Apples Chocolate Milk Strawberry Milk White Milk Ketchup	5  Barbecue Chicken Loaded Chicken Fajita Baked Potato Ham and Cheese Sandwich Crinkle Cut Fries Seasoned Green Beans Garden Salad W/Dressing Fresh Bananas Pineapple Tidbits Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Mayonnaise Ketchup Mustard Graham Crackers Oatmeal Raisin Cookie	6  Spaghetti & Meat Sauce Pigs in a Blanket Chicken Salad in a Bread Bowl Whole Kernel Corn Green Peas Fresh Cantaloupe Cubes Chilled Peach Slices Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Mayonnaise Ketchup Mustard Chocolate Chip Cookie
9  Beefy Nachos Grande Yogurt Sandwich Combo California Veggies Raw Veggies with Dip Fresh Kiwi Wedges Rosey Applesauce Chocolate Milk Strawberry Milk White Milk Mayonnaise Mustard Graham Crackers Sugar Cookie	10  Chicken Tenders Chef Salad Saltine Crackers Mashed Potatoes Cheesy Broccoli Whole Kernel Corn Fresh Orange Smiles Pineapple Tidbits Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Croutons Graham Crackers Brown Gravy	11  Red Beans and Rice with Sausage Grilled Chicken Salad Saltine Crackers Turkey & Cheese Hoagie California Veggies Oven Baked Potato Wedges Chilled Diced Pears Fresh Grapes Cornbread Chocolate Milk Strawberry Milk White Milk Ketchup Graham Crackers Croutons	12  Glazed BBQ Meatballs on Hoagie Bun Cheesy Breadsticks with Marinara Sauce Chicken Nuggets Tater Tots California Veggies Fresh Pears Pineapple Tidbits Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Ketchup Chocolate Chip Cookie Barbecue Sauce	13  Chicken Spaghetti BBQ Rib Sandwich Green Peas Tomato & Cucumber Salad Straight Fries Fresh Melon Cubes Chilled Peach Slices Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Ketchup
16  Bacon Cheese Burger Chef Salad Saltine Crackers Oven Baked Potato Wedges Baby Carrots w/ Dressing Fresh Bananas Blushing Chilled Pears White Milk Chocolate Milk Strawberry Milk Ketchup Mayonnaise Croutons Graham Crackers Oatmeal Raisin Cookie	17  Salisbury Steak W/Gravy Chicken Fajitas Green Peas Whole Kernel Corn Mashed Potatoes Fresh Pears Apple Delicious Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk	18  Hot Dog Buffalo Hot Wings Crinkle Cut Fries Baked Beans Fresh Cantaloupe Cubes Pineapple Tidbits Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Mayonnaise Ketchup Mustard Graham Crackers Assorted Gelatins with Whipped Topping	19  Italian Baked Chicken Corn Dog Nuggets Chef Salad Macaroni and Cheese Garden Salad W/Dressing Steamed Carrots Fresh Kiwi Wedges Rosey Applesauce Whole Wheat Roll Chocolate Milk Strawberry Milk White Milk Croutons Graham Crackers Brownies	20  Sloppy Joe on Bun Cheesy Breadsticks with Marinara Sauce Straight Fries Garden Salad W/Dressing Celery Sticks with Dip Chilled Peach Slices Fresh Orange Smiles Chocolate Milk Strawberry Milk White Milk Ketchup Graham Crackers Chocolate Chip Cookie

<p>23</p> <ul style="list-style-type: none"> <li>Red Beans and Rice with Sausage</li> <li>Grilled Chicken Salad</li> <li>Saltine Crackers</li> <li>Turkey &amp; Cheese Hoagie</li> <li>California Veggies</li> <li>Tater Tots</li> <li>Chilled Diced Pears</li> <li>Fresh Grapes</li> <li>Cornbread</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> <li>Ketchup</li> <li>Graham Crackers</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>Sliced Turkey with Gravy</li> <li>Pork Leg Roast w/ gravy</li> <li>Chef Salad</li> <li>Saltine Crackers</li> <li>Cornbread Dressing</li> <li>Seasoned Green Beans</li> <li>Yam Patties</li> <li>Fresh Bananas</li> <li>Mandarin Fruit Cup</li> <li>Whole Wheat Roll</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> <li>Croutons</li> <li>Graham Crackers</li> <li>Chocolate Chip Cookie</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>Cheesy Chicken Over/Rice</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Sausage Pizza</li> <li>Green Peas</li> <li>Tomato &amp; Cucumber Salad</li> <li>Fresh Melon Cubes</li> <li>Chilled Peach Slices</li> <li>Whole Wheat Roll</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>Beefy Nachos Grande</li> <li>Yogurt Sandwich Combo</li> <li>California Veggies</li> <li>Baby Carrots w/ Dressing</li> <li>Fresh Cantaloupe Cubes</li> <li>Tropical Apples</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> <li>Mayonnaise</li> <li>Graham Crackers</li> <li>Sugar Cookie</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>Chicken Tenders</li> <li>Chef Salad</li> <li>Saltine Crackers</li> <li>Mashed Potatoes</li> <li>Cheesy Broccoli</li> <li>Whole Kernel Corn</li> <li>Fresh Orange Smiles</li> <li>Pineapple Tidbits</li> <li>Whole Wheat Roll</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> <li>Croutons</li> <li>Graham Crackers</li> <li>Brown Gravy</li> </ul>
<p>30</p> <ul style="list-style-type: none"> <li>Spaghetti &amp; Meat Sauce</li> <li>Cheesy Breadsticks with Marinara Sauce</li> <li>Green Peas</li> <li>Whole Kernel Corn</li> <li>Tossed Salad w/ Dressing</li> <li>Fresh Pears</li> <li>Apple Delicious</li> <li>Whole Wheat Roll</li> <li>Chocolate Milk</li> <li>Strawberry Milk</li> <li>White Milk</li> </ul>	<p><b>Short History Lesson:</b> Each year, Earth Day—<b>April 22</b>—marks the anniversary of the birth of the modern environmental movement in 1970. The idea for a national day to focus on the environment came to Earth Day founder Gaylord Nelson, then a U.S. Senator from Wisconsin, after witnessing the ravages of the 1969 massive oil spill in Santa Barbara, California. On April 22, 1970, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. In 1990, 200 million people in 141 countries gave a huge boost to recycling efforts worldwide and helped pave the way for the 1992 United Nations Earth Summit in Rio de Janeiro. Earth Day 2000 used the power of the Internet to organize activists, but also featured a drum chain that traveled from village to village in Gabon, Africa. Hundreds of thousands of people gathered on the National Mall in Washington, DC for a First Amendment Rally. In 2010, Earth Day Network brought 250,000 people to the National Mall for a Climate Rally, launched the world’s largest environmental service project—A Billion Acts of Green®—introduced a global tree planting initiative that has since grown into The Canopy Project, and engaged 22,000 partners in 192 countries in observing Earth Day. (<a href="http://www.earthday.org">www.earthday.org</a>)</p>			

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