

# School Wellness Building Progress Report

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This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<b>Nutrition Education and Promotion Goals</b>					
1. Provide students with the knowledge and skills necessary to promote and protect their health through healthy fun facts.			X	Ideas for handouts	Continue developing ideas and producing handouts and other information sources.
2. The district will continue to have water available and easily accessible for students.	X				
<b>Physical Education and Physical Activity Goals</b>					
1. Encourage classroom teachers to provide short physical activity breaks (3 – 5 minutes) when appropriate.			X		Educate teachers on resources and provide resources.  Student Council work with teachers to promote Play 60 opportunities.  Educate kids on importance or goal for the breaks.
2. Ensure physical activity is not used for, or withheld, as a punishment.	X				Continue to create a common understanding of the need for physical activity.

Other School Based Activities Goals					
<b><i>Integrating Physical Activity into the Classroom Settings</i></b>					
1. Continue to educate and document, to all Madrid stakeholders, a healthy lifestyle in the areas of physical activity, fitness and nutritional standards.		X		Crazy 8 activities at the JH  District health walks	Professional Development opportunities for the staff  Provide educational material to students and parents about the value of physical activity and healthy life choices.
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. Meals served through the National School Lunch and School Breakfast Program will be appealing and meet, at a minimum, nutrition requirements established by state and federal law.	X				.
2. Schools providing access to healthy foods outside the reimbursable meal programs before school, during school and thirty minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities.		X		Java Jungle provides fruit at no cost to students  Healthy Snack vending	Ensure fundraisers are healthy products
3. Snacks provided to students during the school day without charge (e.g., class parties) will meet standards set by the district in accordance law. The district will provide parents a list of foods and beverages that meet nutrition standards for classroom snacks and celebrations.		X		Relevant updates and information e-mailed home to parents	Include information on school website as needed and recommended.

<p>4. Schools will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in school nutritional standards on campus during the school day.</p>		<p>X</p>		<p>No steps at this time. Cost will be a barrier so we will replace as we can, not all at once.</p>	<ul style="list-style-type: none"> <li>-Tour all sites including baseball, softball and football fields and concession stands.</li> <li>-Document all cases where advertising does not meet Smart Snacks</li> <li>-Remove advertising where possible.</li> <li>-Where not possible, replace with appropriate marketing, or non-marketing items as they need replaced.</li> <li>-Inform Booster Club of the rule and ask them to do the same where they can and as they replace.</li> </ul>
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