



Medical Statement for Children with Special Dietary Needs:
 Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
			1 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Steamed Carrots Combread Fresh Fruit Diced Pears	2 Pizza Comdog Baked Beans French Fries Peaches Juice Cup Cake
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
5 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Juice	6 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit	7 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches	8 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G.	9 Chicken Sandwich BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges Juice Fresh Cookies
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
12 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce Tomato Sliced Carrots Juice Fruit Cocktail	13 Chilli Fish Sandwich Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Rice Krispie	14 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Apricots Pineapple Tidbits	15 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Steamed Carrots Combread Fresh Fruit Diced Pears	16 Pizza Comdog Baked Beans French Fries Peaches Juice Cup Cake
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
19 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Juice	20 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit	21 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches	22 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G.	23 Chicken Fillet / Roll BBQ / Roll French fries Carrots Sliced Apples Blueberry Juice Rice Krispe
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
26 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce	27 Chilli Fish Sandwich Tater Tots Popeye Salad	28 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce	29 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips	30 Pizza Comdog Baked Beans French Fries

Tomato Sliced
Carrots
Juice
Fruit Cocktail

Fresh Fruit
Rip Tide Slushie
Rice Krispie

Tomato Cherry
Corn
Apricots
Pineapple Tidbits

Steamed Carrots
Cornbread
Fresh Fruit
Diced Pears

Peaches
Juice
Cup Cake

Offered Daily: Salad Plates and Sandwich Plates

Low fat and fat free white, strawberry, lactose free and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Avg Nutrients Target

Calories... 532
Cholesterol.. 54 mg
Sodium. 750 mg
Sugar 25 g
Carbohydrates 70.9 g

Avg Nutrients Target

Calories...664
Cholesterol...70mg
Sodium. 1155 mg
Sugar 30 g
Carbohydrates 92.5 g

Avg Nutrients Target

Calories... 794
Cholesterol...88 mg
Sodium.1598mg
Sugar 31.1 g
Carbohydrates 99.1 g

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Calories...664
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