







# Valdosta City Schools Middle Lunch Menu -September 2015

	Monday	Tuesday	Wednesday	Thursday	Friday	WORD OF THE MONTH
		<b><u>Lunch 1</u></b> Spaghetti/ Breadstick Sloppy Joe Lettuce & Tomato Peas	<b><u>Lunch 2</u></b> Pizza Chicken Chunks Mac & Cheese Green Beans Carrots/ Roll	<b><u>Lunch 3</u></b> Country Fried Steak Roast M. Potatoes/ Gravy Turnips Cornbread	<b><u>Lunch 4</u></b> Chicken Sandwich BBQ Sandwich French Fries Baked Beans	<b>Playing</b> <i>1: a dramatic composition or a piece; drama. 2: a dramatic performance, as on stage. 3: exercise or activity for amusement or recreation.</i> 
	<b><u>Lunch 7</u></b>  <b>LABOR DAY</b> No School	<b><u>Lunch 8</u></b> Taco Hamburger Lettuce & Tomato French Fries	<b><u>Lunch 9</u></b> Chicken Teriyaki Nuggets Country Fried Steak Scalloped Potatoes Broccoli Roll	<b><u>Lunch 10</u></b> Oven Baked Chicken Salisbury Steak M. Potatoes/ Gravy Lima Beans Roll	<b><u>Lunch 11</u></b> Pizza Corndog French Fries Lettuce & Tomato	
Offered daily: milk and fruit choices, salad plates and bag lunches.	<b><u>Lunch 14</u></b> Chicken Alfredo Breadstick Hot Dog & Bun French Fries Lettuce & Tomato Broccoli	<b><u>Lunch 15</u></b> Spaghetti/ Breadstick Sloppy Joe Lettuce & Tomato Peas	<b><u>Lunch 16</u></b> Pizza Chicken Chunks Mac & Cheese Green Beans Carrots/ Roll	<b><u>Lunch 17</u></b> Country Fried Steak Roast M. Potatoes/ Gravy Turnips Cornbread	<b><u>Lunch 18</u></b> Chicken Sandwich BBQ Sandwich French Fries Baked Beans	<b>September Facts</b> September is the 9th month but it is also the 4th month with 30 days in it. 
Homecoming Parade will be Friday, September 18. This Years Theme is: <b>"Get in the Game"</b> 	<b><u>Lunch 21</u></b> Nacho & Cheese Sauce Fish Sandwich Lettuce & Tomato Green Beans	<b><u>Lunch 22</u></b> Taco Hamburger Lettuce & Tomato French Fries	<b><u>Lunch 23</u></b> Chicken Teriyaki Nuggets Country Fried Steak Scalloped Potatoes Broccoli Roll	<b><u>Lunch 24</u></b> Oven Baked Chicken Salisbury Steak M. Potatoes/ Gravy Lima Beans Roll	<b><u>Lunch 25</u></b> Pizza Corndog French Fries Lettuce & Tomato	
	<b><u>Lunch 28</u></b> Chicken Alfredo Breadstick Hot Dog & Bun French Fries Lettuce & Tomato Broccoli	<b><u>Lunch 29</u></b> Spaghetti/ Breadstick Sloppy Joe Lettuce & Tomato Peas	<b><u>Lunch 30</u></b> Pizza Chicken Chunks Mac & Cheese Green Beans Carrots/ Roll			