



A parent or guardian must complete this form. **This is NOT the physical exam form.**

**HEALTH HISTORY: *Must be completed and signed by a parent or guardian.***

Name: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Birth Date \_\_\_\_\_ Grade \_\_\_\_\_

Home address \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Work # \_\_\_\_\_ Cell # \_\_\_\_\_ Pager # \_\_\_\_\_

Identify any sports in which you do not wish your child to participate in:

**Has your child ever had?**

|   | YES | NO  |  | YES   | NO  |
|---|-----|-----|--|-------|-----|
| Anemia/Blood Disorders                  | ___ | ___ | Frequent Stomach Aches/Stomach Ulcer         | ___   | ___ |
| Bladder/Kidney Problems                 | ___ | ___ | Frequent Nose Bleeds                         | ___   | ___ |
| Fainting Spells                         | ___ | ___ | Dental braces/bridges/plates/dental implants | ___   | ___ |
| Ear/Hearing Problems                    | ___ | ___ | <i>Anxiety/Depression/Emotional Problems</i> | ___   | ___ |
| Learning Disability                     | ___ | ___ | Nose fracture                                | ___   | ___ |
| Headaches/Dizziness                     | ___ | ___ | Elevated Blood Pressure                      | ___   | ___ |
| Frequent Sore Throat                    | ___ | ___ | Heart Problem/Murmur                         | ___   | ___ |
| Head Injury/Concussion                  | ___ | ___ | Rheumatic Fever                              | ___   | ___ |
| Fractures/Dislocations                  | ___ | ___ | Insect sting allergy                         | ___   | ___ |
| Skin Rashes                             | ___ | ___ | Injury to Spleen                             | ___   | ___ |
| Chicken Pox                             | ___ | ___ | Arthritis                                    | ___   | ___ |
| Asthma                                  | ___ | ___ | Joints pain/Ligament Tear                    | ___   | ___ |
| Diabetes/Hypoglycemia (low blood sugar) | ___ | ___ | Knee/Ankle problems                          | ___   | ___ |
| Eye/Vision Problems                     | ___ | ___ | Convulsions/Seizures                         | ___   | ___ |
| Contacts/Glasses                        | ___ | ___ |  |       |     |
| Allergies/Environmental/Food            | ___ | ___ | (please indicate what are the allergies)     | _____ |     |

**HAS YOUR CHILD EVER:**

- Been excused from Physical Education for more than two days? \_\_\_\_\_
- Had an illness or injury that caused him/her to miss a game or practice? \_\_\_\_\_
- Fainted, been unconscious or lost his/her memory? \_\_\_\_\_
- Had an illness, condition or injury that required him/her to go to the hospital, either as a patient, overnight or in the ER? \_\_\_\_\_
- Been ill for five (5) consecutive days? \_\_\_\_\_
- Had severe uncorrectable loss of vision in one or both eyes? \_\_\_\_\_
- Needed dialysis or had kidney surgery? \_\_\_\_\_
- Is your child under medical care currently? \_\_\_\_\_ Surgery in the last 12 months? \_\_\_\_\_
- Does your child take medication? \_\_\_\_\_ Name of med, time and dose: \_\_\_\_\_
- Does your child carry an EPI-PEN for reaction to bee stings or peanuts?
- Has there ever been a sudden death in a family member under 50 years of age? \_\_\_\_\_

**PARENT OR GUARDIAN PERMISSION AND RELEASE:** I hereby give my consent to the above named student to engage in approved athletic activities as a representative of his/her school, expect those activities indicated on the back by the licensed professional. I also give my permission for the team's coach, athletic trainer, and other qualified personnel to give first aid treatment to my son/daughter at an athletic event in case of injury.

Parent/Guardian Name **PRINTED:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_

Signature of Student Athlete: \_\_\_\_\_ Date: \_\_\_\_\_