



Student Name \_\_\_\_\_ DOB: \_\_\_\_\_ Grade \_\_\_\_\_ Date \_\_\_\_\_

**Diabetic Identification:** Student wears a diabetic identification bracelet or necklace: \_\_\_\_ Yes \_\_\_\_ No

**Daily Management Plan:** Blood Glucose Target Range \_\_\_\_\_

**Field Trip:** staff will inform parent of all field trips and will take the following:

Cell phone / Copy of Health Care Plan/ Glucose Monitor/ Quick-acting sugar source

**Exercise/Sport Activity:**

Student may participate in regular physical education classes: \_\_\_\_ Yes \_\_\_\_ No

Student should not exercise if blood glucose level is below \_\_\_\_ mg/dl or above \_\_\_\_ mg/dl.

STUDENT SELF-MANAGEMENT	Yes	No	Needs Assistance
Has student done their own blood glucose checks			
Has student been giving own insulin? __sub-q__pump			
Able to perform blood glucose checks?			
Meter used _____			
Able to calculate Carbohydrates?			
Prepare reservoir and tubing for pump?			
Troubleshoots alarms and pump problems?			

**Supplies to be kept at School:**

- \*Insulin or oral medications    \*Urine Ketone Strips                    \* Blood glucose meter and testing supplies
- \*Glucagon emergency kit        \*Fast-acting source of glucose    \*Insulin pump and supplies
- \*Carbohydrate containing snack \*Reservoir, infusion sets        \* Insulin pen, needles, cartridges
- \*Other \_\_\_\_\_

**Food Plan (check all that apply.)**

\_\_\_\_\_ Will bring daily morning snack of \_\_\_\_\_ carbohydrates to be eaten at \_\_\_\_\_ a.m.

\_\_\_\_\_ Will bring daily afternoon snack of \_\_\_\_\_ carbohydrates to be eaten at \_\_\_\_\_ p.m.

\_\_\_\_\_ On special occasions, student can eat same snack provided to classmates.

\_\_\_\_\_ On special occasions, student will select alternate snack from supply provided by parent.

**Blood Sugar Testing** (check all that apply.)

\_\_\_\_\_ Will not test at school.

\_\_\_\_\_ Will be done by student everyday at \_\_\_\_\_

\_\_\_\_\_ Will be done by student when symptoms are present.

**Insulin Needs** (check all that apply)

\_\_\_\_\_ Will not need insulin at school.

\_\_\_\_\_ Will need insulin at school. Type of insulin and Dosage Schedule: \_\_\_\_\_

\_\_\_\_\_ Will be using an insulin pump and is self-sufficient in its use.

**Treatment of Low Blood Sugar (Hypoglycemia)**

How often does a hypoglycemic reaction occur: \_\_\_\_\_

If blood glucose is under \_\_\_\_\_, treatment is \_\_\_\_\_

Symptoms student has experienced when having a low blood glucose include: \_\_\_\_\_

\_\_\_ Disorientation \_\_\_ Irritability \_\_\_ Anxiety \_\_\_ Headache \_\_\_ Hunger \_\_\_ Abdominal Pain

\_\_\_ Rapid Pulse \_\_\_ Sweating \_\_\_ Tremor \_\_\_ Hyperactivity \_\_\_ Slurred speech \_\_\_ seizure

**Treatment of High Blood Glucose (Hyperglycemia)**

How often does a hyperglycemic reaction occur: \_\_\_\_\_

If blood glucose is under \_\_\_\_\_, treatment is \_\_\_\_\_

Symptoms student has experienced when having high blood glucose include: \_\_\_\_\_

\_\_\_ nausea/Vomiting \_\_\_ Fever \_\_\_ Weakness \_\_\_ Listlessness \_\_\_ Dry Skin \_\_\_ Delirium

\_\_\_ Slow Deep Noisy Breathing \_\_\_ Sweet Odor to Breath

Notify Parents For: \_\_\_\_\_

**TO BE COMPLETED BY THE PARENT/GUARDIAN:** I give permission to the school nurse, trained diabetes personnel, and other designated staff to perform and carry out the diabetes care tasks as ordered by the physician. I also consent to the release of information to staff members and other adults who have custodial care of my child and who may need to know this information to maintain my child's health and safety. I permit my child to manage his/her diabetic care and self-administer medication as approved by the school nurse and ordered by the physician.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_