If this assignment is complete with all requested information, you will receive 10 points. If it is not complete, you will not receive credit for this assignment.

HPE Alternative Assignment Sheet – Mind Map

Mind Maps consist of a central word or concept. Around the central word you draw 5 main ideas that relate to that word. You then take each of those words and again draw at least 3 main ideas that relate to each of those words. Take the H&PE class that you are in right now and create a mind map using the following criteria:

a. Use just key words, or (wherever possible) images
b. Start from the center of the page and work outward from there
c. Make the center a clear and strong visual image that depicts the general theme of the map
d. Create sub-centers for sub-themes
e. Put key words on lines. (This reinforces structure of notes).
f. Print, rather than write in script. It makes your ideas more readable and more memorable.
   Lower case is more visually distinctive (and better remembered) than upper case
g. Use color to depict themes, associations, and to make ideas stand out
h. Put ideas down as they occur and wherever they fit, don’t judge or hold back
i. Be creative – Creativity aids in memorization
j. MUST USE P.E. SUBJECT MATTER!!!

USE TEMPLATE ON BACK TO COMPLETE ASSIGNMENT!!!!