

Monday, September 10, 2012
SHAC Meeting Notes

School Health Advisory Council (SHAC) for the 2012/2013 School Year:

Name	Role	In Attendance	Elected Officers
Diane Gwinn	Parent	Yes	Chair
Stephanie Woelfel	Parent	Yes	Co-Chair
Cheryl Hall	Parent	Yes	
Tricia Van Til	Parent	No	
Erica & Matt Bodiford	Parent	Yes	
Tommy Hooker	Superintendent	Yes	
Norma Rodriguez	Thrall Elementary Paraprofessional	Yes	Secretary
Cyndi Walls	Elementary Teacher	Yes	
Lise Chumbley	HS Teacher	Yes	
Lynn Crabb, RN	District Nurse	Yes	*SHAC Liaison
Tina Pitt	Nutrition Director	Yes	
Emily Hall	Student	Yes	
Anna Rodriguez	Student	Yes	
Angela Rodriguez	Student	Yes	
Blake Crabb	Student	Yes	
Rhonda Killough, LVN	Williamson County & Cities Health District: Taylor Public Health Center Site Co-Coordinator	No	
Linda Finn, MA, LPC-Intern	Williamson County & Cities Health District: Children: Case Manager	No	
Other: Guest			
Catherine Hall	Student	Yes	
Travis Dube	Assistant /Interim HS Principal	Yes	

*Not an elected position.

Meeting notes:

SHAC Chair Diane Gwinn called the meeting to order.

Diane Gwinn recapped the April 30th meeting notes. Mrs. Woelfel made a motion to accept the minutes as reviewed and Mrs. Gwinn seconded it. There were no public comments and all were in favor.

Election of Officers:

Nominations were made for the following officers.

- Chair – Diane Gwinn
- Co-Chair – Stephanie Woelfel
- Secretary – Norma Rodriguez

All were in favor.

Future Meeting Date Discussion:

- Additional Fall meeting dates:
 - Monday October 22nd at 6:30.
 - Monday November 12th at 6:30.
- Spring meeting dates will be discussed at a later date.
- Request SHAC meeting dates be posted on the Thrall ISD main calendar. Nurse Crabb will contact the right resource to get this done.
- The dates are also posted on the Thrall ISD website under:
 - Parents->Health Office (various links provided here)->Calendar

5th Annual Wellness Fair:

- Date set: Friday March 1st (early release).
- Save the date cards will be provided again.
- Nurse Crabb to work with Trish VanTil to contact the vendors that participated at the last fair and invite them to the March fair.
- Nurse Crabb will send the email template she sends to potential vendors to the SHAC committee for members to contact new vendors.

Wellness Policy:

The Wellness Policy will be reviewed to ensure new requirements are addressed within the policy.

Assignments from the last page of the SHAC meeting handout are:

- Ms. Pitts
 - 1102-b: goals for nutrition education
 - 1102-c: nutrition guides for all foods available on each school campus during the school day that promote student health and reduce childhood obesity
- Mrs. Walls
 - 1102-b: goals for physical activity and other school-based activities that promote student wellness
- Mr. Dube
 - 1103-a: Making efforts to include PE teachers, school health professionals, and school administrators in the development, implementation, and periodic review and update of the policy
- Mr. Hooker
 - 1103-c: informing and updating the public (including parents, students, and community) about the content and implementation policy
- Mrs. Gwinn
 - Add to policy that bringing water bottles to school is acceptable. Review policy in general and provide feedback.
- Mr. Bodiford
 - Review policy in general and provide feedback.

~Motion to adjourn was made by Cheryl Hall, 2nd by Diane Gwinn, with all in favor.

Reference:

SHAC Mission

To assist the school in ensuring that all children, grades Pre- K through 12, will receive appropriate health education instruction, which accurately reflects the current health issues and local community values. We will provide sensible, well-considered strategies for integrating/improving school health services, counseling and guidance services, safe and healthy school environment, and employee wellness.

SHAC Vision

The primary function of a school is to provide students with the learning experiences necessary for maximum intellectual development. Children must be healthy to be educated and must be educated to be healthy. This process is limited by the child's emotional, social, and physical health. For this reason, the purpose of a comprehensive education program is to consider the total human being in the educational process and to encourage students to help themselves develop attitudes and skills that improve their capacity to learn, attain good health, and achieve productive lives.

School Health Advisory Councils

School Health Advisory Councils play a major role in assisting school districts to develop effective school health programs. The council members serve as resources to the district, providing expertise from the private sector and input from representatives of the local community. Each school district will establish a health advisory council to assist in developing objective policies in accordance with community needs. This council serves in an advisory capacity and does not have any legal responsibilities within the school system. The required minimum number of times the council meets each year is four, and the SHAC met four times in the 2010-2011 School Year. For more information or if you are interested in becoming a member, please contact Lynn Crabb, RN, School Nurse at 512/898-5579.