



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

January 3 – 6, 2017	Monday 1/2	Tuesday 1/3	Wednesday 1/4	Thursday 1/5	Friday 1/6
Hot Meals		Spanish-style Beef Stew Seasoned Rice Green Beans W.W. Dinner Roll	Turkey Bolognese w/Ground Turkey Fusilli Pastas Sautéed Spinach W.W. Dinner Roll	Chicken Cutlet w/Cheddar Cheese Sandwich Lettuce & Tomato on a Whole Wheat Bun Potato Salad Glazed Carrots	<u>Homemade Pizza</u> Hawaiian Pizza w/Turkey/Ham & Pineapple or Cheese Pizza
Sandwich Meals		<p style="text-align: center;"><u>Deli Wraps!</u> <u>Chicken Salad Wrap</u> Cubed Chicken, Celery & Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich</p>	<p style="text-align: center;"><u>Hot Panini!</u> <u>Tuna Melt</u> Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll 3 Bean Salad or Sunbutter & Jelly Sandwich</p>	<p style="text-align: center;"><u>Deli Wraps!</u> <u>Turkey BLT Wrap</u> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich</p>	Chick Peas & Black Bean Salad or Tossed Romaine Salad or Sunbutter & Jelly Sandwich
Salad Bar		<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day

This institution is an equal opportunity provider.