



Elementary Lunch

March, 2018

01
Entrée:
A. Meatball Pizza Sub
B. Spicy Breaded Chicken Sandwich
C. Turkey Chef Salad
Sides:
Black Charro Beans
Fresh Celery Sticks
Fresh Banana
Fresh Pears

02
Entrée:
A. Cheese Pizza
B. Hot Dog on Bun
C. T.Ham Chef Salad
Sides:
Steamed Broccoli
Fresh Baby Carrots
Fresh Apple
Fresh Cantaloupe

05
No School

06
Entrée:
A. Country Chicken Nugget Bowl
B. Cheeseburger
C. All American Cobb Salad
Sides:
Oven Roasted Carrots
Jimaca Sticks
Fresh Banana
Fresh Apple

07
Entrée:
A. Mac & Cheese
B. Cheese Pizza
C. Fresh Apple Cheese Plate
Sides:
Steamed Zucchini
Celery Sticks
Fresh Apple
Fresh Cantaloupe

08
Entrée:
A. Roasted Turkey
B. T.Ham & Cheese Sandwich
C. Popcorn Chicken Salad
Sides:
Kickin Pintos Beans
Fresh Baby Carrots
Fresh Banana
Fresh Pear

09
Entrée:
A. Cheese Pizza
B. Chicken Tenders
C. Bean Nacho Salad
Sides:
Steamed Broccoli
Fresh Cucumber
Fresh Apple
Fresh Cantaloupe

12
Entrée:
A. Hot Dog on Bun
B. Turkey & Cheese Sandwich
C. Kickin Pinto Taco Salad
Sides:
Sweet Golden Corn
Fresh Broccoli
Fresh Apple
Fresh Pear

13
Entrée:
A. Fish Sticks w/ Mac & Cheese
B. Chicken Patty
C. Turkey Chef Salad
Sides:
Seasoned Green Beans
Cucumber Slices
Fresh Banana
Fresh Orange

14
Entrée:
A. Oven Roasted Chicken Drumsticks
B. Cheese Pizza
C. Popcorn Chicken Salad
Sides:
Steamed Zucchini
Fresh Jimaca
Fresh Apple
Fresh Cantaloupe

15
Entrée:
A. Cheese Pizza Sticks
B. T.Ham Cheese Melt
C. Chicken & Cheese Salad
Sides:
Chipotle BBQ Black Beans
Celery Sticks
Fresh Banana
Fresh Pears

16
Entrée:
A. Cheese Pizza
B. Chicken Nuggets
C. Tuna Salad Platter
Sides:
Steamed Broccoli
Baby Carrots
Fresh Apple
Fresh Cantaloupe

19
Entrée:
A. Cheesy Fish Sandwich
B. Chicken Patty Sandwich
C. Vegetarian Baja Salad
Sides:
Mashed Potatoes
Fresh Broccoli
Fresh Apple
Fresh Pear

20
No School

21
Entrée:
A. Broccoli & Cheese Baked Potato
B. Cheese Pizza
C. Turkey Chef Salad
Sides:
Orange Glazed Carrots
Fresh Zucchini
Fresh Apple
Fresh Cantaloupe

22
Entrée:
A. Beef Nachos
B. T.Ham Mac & Cheese
C. Popcorn Chicken Salad
Sides:
Vegetarian Baked Beans
Celery Sticks
Fresh Banana
Fresh Pear

23
Entrée:
A. Cheese Pizza
B. Chicken Nuggets
C. Beef Taco Salad
Sides:
Steamed Spinach
Baby Carrots
Fresh Orange
Fresh Cantaloupe

26
Entrée:
A. Cheese Pizza Sticks
B. Chicken Tenders
C. Turkey Chef Salad
Sides:
French Fries
Fresh Baby Carrots
Fresh Apple
Fresh Pear

27
Entrée:
A. Beef Tacos
B. T.Ham Cheese Melt
C. Caesar Salad
Sides:
Green Beans
Fresh Cucumbers
Fresh Banana
Fresh Orange

28
Entrée:
A. Mac & Cheese
B. Cheese Pizza
C. All-American Cobb Salad
Sides:
Sweet Golden Corn
Celery Sticks
Fresh Apple
Fresh Cantaloupe

29
Entrée:
A. Cheesy Fish Sandwich
B. Chicken Patty Sandwich
C. Ranch Chicken Salad
Sides:
Campfire Chipotle Beans
Fresh Baby Carrots
Fresh Banana
Fresh Pear

30
No School

A parent/guardian of any student with a food allergy
Should feel free to contact the Food Service Director at:
(708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.

Grain Choice:

All Breads, Pastas, Rice and Breading are Whole Grain.

Condiment Selection:

Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce

Milk Choice: Skim or 1%

Blank menu box for student selection.

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01
Entrada:
 A. Meatball Pizza Sub
 B. Sándwich de pollo empanizado picante
 C. Ensalada de pavo Chef
Lados:
 Frijoles negros Charro
 Palitos de apio frescos
 Banana fresca
 Peras frescas

02
Entrada:
 A. Pizza de queso
 B. Hot Dog en bollo
 C. T.Ham ensalada de chef
Lados:
 Brócoli cocido al vapor
 Zanahorias bebe
 Manzana fresca
 Cantalupo fresco

05
 No hay clases

06
Entrada:
 A. Tazón de pollo Nugget de país
 B. Hamburguesa con queso
 C. Ensalada Cobb All-American
Lados:
 Zanahorias asadas al horno
 Palitos Jicama
 Banana fresca
 Manzana fresca

07
Entrada:
 A. macarrones con queso
 B. Pizza de queso
 C. Plato de queso fresco de manzana
Lados:
 Calabacín al vapor
 Tallos de apio
 Manzana fresca
 Cantalupo fresco

08
Entrada:
 A. Pavo asado
 B. Sándwich de queso y pavo
 C. Ensalada de pollo con palomitas de maíz
Lados:
 Kickin Pinto Beans
 Zanahorias frescas
 Banana fresco
 Pera fresca

09
Entrada:
 A. Pizza de queso
 B. Nuggets de pollo
 C. Bean Nacho Salad
Lados:
 Brócoli cocido al vapor
 Pepino fresco
 Manzana fresca
 Cantalupo fresco

12
Entrada:
 A. Hot Dog en bollo
 B. Sándwich de queso y pavo
 C. Ensalada de Kickin Pinto Taco
Lados:
 Maíz dorado dulce
 Brócoli fresco
 Manzana fresca
 Pera fresca

13
Entrada:
 A. Palitos de pescado con Mac y queso
 B. Patty de pollo
 C. Ensalada de pavo Chef
Lados:
 Judías verdes sazonados
 Rebanadas de pepino
 Banana fresca
 Naranja fresca

14
Entrada:
 A. Palillos de pollo asados al horno
 B. Pizza de queso
 C. Ensalada de pollo con palomitas de maíz
Lados:
 Calabacín al vapor
 Jicama fresco
 Manzana fresca
 Cantalupo fresco

15
Entrada:
 A. Palitos de pizza de queso
 B. El jamón de pavo se derrite
 C. Ensalada de pollo y queso
Lados:
 Frijoles negros de barbacoa
 Chipotle
 Tallos de apio
 Banana fresca
 Pera fresca

16
Entrada:
 A. Pizza de queso
 B. Nuggets de pollo
 C. Plato de ensalada de atún
Lados:
 Brócoli cocido al vapor
 Zanahorias bebe
 Manzana fresca
 Cantalupo fresco

19
Entrada:
 A. Sándwich de pescado con queso
 B. Chicken Patty Sandwich
 C. Baja ensalada
Lados:
 Puré de patatas
 Brócoli fresco
 Manzana fresca
 Naranja fresca

20
 No hay clases

21
Entrada:
 A. Patata al horno
 B. Pizza de queso
 C. Ensalada de chef de pavo
Lados:
 Zanahorias glaseadas de naranja
 Calabaza fresca
 Manzana fresca
 Cantalupo fresco

22
Entrada:
 A. Nachos de carne
 B. Jamón de pavo y mac y queso
 C. Ensalada de pollo con palomitas de maíz
Lados:
 Frijoles horneados
 Tallos de apio
 Banana fresca
 Peras frescas

23
Entrada:
 A. Pizza de queso
 B. Nuggets de pollo
 C. Ensalada Taco
Lados:
 Espinacas al vapor
 Zanahorias bebe
 Manzana fresca
 Ciruelas frescas

26
Entrada:
 A. Palitos de pizza de queso
 B. Sándwich de Turquía
 C. Ensalada de pavo Chef
Lados:
 Puré de patatas
 Zanahorias frescas
 Manzana fresca
 Naranja fresca

27
Entrada:
 A. Tacos de carne
 B. El jamón de pavo se derrite
 C. Ensalada César
Lados:
 Judías verdes
 Pepino fresco
 Banana fresca
 Naranja fresca

28
Entrada:
 A. Macarrones con queso
 B. Pizza de queso
 C. T-Ham Turkey Cobb Salad
Lados:
 Maíz dorado dulce
 Tallos de apio
 Manzana fresca
 Cantalupo fresco

29
Entrada:
 A. Sándwich de pescado con queso
 B. Chicken Patty Sandwich
 C. ensalada de pollo en cubos en cubos
Lados:
 Frijoles chipotle
 Zanahorias bebe
 Banana fresca
 Pera fresca

30
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