



# Elementary Lunch

## February, 2018

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**01**  
Entrée:  
A. Roast Turkey  
B. Turkey & Cheese Sandwich  
C. Popcorn Chicken Salad  
Sides:  
Kickin Pinto Beans  
Fresh Baby Carrots  
Fresh Banana  
Fresh Pears

**02**  
Entrée:  
A. Cheese Pizza  
B. Chicken Nuggets  
C. Bean Nacho Salad  
Sides:  
Steamed Broccoli  
Fresh Cucumber Slices  
Fresh Apple  
Fresh Cantaloupe

**05**  
Entrée:  
A. Hot Dog on Bun  
B. Turkey & Cheese SDW  
C. Kickin Pinto Taco Salad  
Sides:  
Fries  
Fresh Broccoli  
Fresh Apple  
Fresh Pear

**06**  
Entrée:  
A. Fish Sticks w/ Mac & Cheese  
B. Chicken Patty  
C. Turkey Chef Salad  
Sides:  
Seasoned Green Beans  
Cucumber Slices  
Fresh Banana  
Fresh Orange

**07**  
Entrée:  
A. Oven Roasted Chicken Drumsticks  
B. Hamburger  
C. Popcorn Chicken Salad  
Sides:  
Steamed Zucchini  
Fresh Jicama  
Fresh Apple  
Fresh Cantaloupe

**08**  
Entrée:  
A. Cheese Pizza Sticks  
B. Tuna Salad Sandwich  
C. Chicken & Cheese Salad  
Sides:  
Chipotle BBQ Black Beans  
Celery Sticks  
Fresh Banana  
Fresh Pears

**09**  
Entrée:  
A. Pepperoni Pizza  
B. Chicken Nuggets  
C. Tuna Salad Platter  
Sides:  
Steamed Broccoli  
Baby Carrots  
Fresh Apple  
Fresh Cantaloupe

**12**  
Entrée:  
A. Oven Roasted Chicken Drumsticks  
B. Chicken Patty Sandwich  
C. Vegetarian Baja Salad  
Sides:  
Mashed Potatoes  
Fresh Broccoli  
Fresh Apple  
Fresh Pear

**13**  
Entrée:  
A. Beef Nachos  
B. Hot Dog on Bun  
C. Chicken Caesar Salad  
Sides:  
Green Beans  
Fresh Cucumber  
Fresh Banana  
Fresh Orange

**14**  
Entrée:  
A. Broccoli & Cheese Baked Potato  
B. Egg Salad Sandwich  
C. Turkey Chef Salad  
Sides:  
Orange Glazed Carrots  
Fresh Zucchini  
Fresh Apple  
Fresh Cantaloupe

**15**  
Entrée:  
A. Beef Tacos  
B. Hamburger  
C. Egg Chef Salad  
Sides:  
Vegetarian Baked Beans  
Celery Sticks  
Fresh Banana  
Fresh Pear

**16**  
Entrée:  
A. Pepperoni Pizza  
B. Chicken Nuggets  
C. Beef Taco Salad  
Sides:  
Steamed Spinach  
Baby Carrots  
Fresh Apple  
Fresh Cantaloupe

**19**  
No School

**20**  
No School

**21**  
Entrée:  
A. Cheesy Baked Penne  
B. Hamburger  
C. All-American Cobb Salad  
Sides:  
Roasted Acorn Squash  
Celery Sticks  
Fresh Apple  
Fresh Cantaloupe

**22**  
Entrée:  
A. Meatball Pizza Sub  
B. Chicken Patty Sandwich  
C. Ranch Chicken Salad  
Sides:  
Campfire Chipotle Beans  
Fresh Baby Carrots  
Fresh Banana  
Fresh Pear

**23**  
Entrée:  
A. Cheese Pizza  
B. Grill Cheese Sandwich  
C. Vegetarian Greek Salad  
Sides:  
Steamed Broccoli  
Cucumber Slices  
Fresh Apple  
Fresh Cantaloupe

**26**  
Entrée:  
A. Max Snax Pizza Sticks  
B. Chicken Nuggets  
C. Chicken Chef Salad  
Sides:  
Steamed Corn  
Fresh Broccoli  
Fresh Apple  
Fresh Pear

**27**  
Entrée:  
A. Corn Dog  
B. Hamburger  
C. Chicken Nacho Salad  
Sides:  
Steamed Green Peas  
Cucumber Slices  
Fresh Banana  
Fresh Orange

**28**  
Entrée:  
A. Mac & Cheese  
B. Tuna Salad Sandwich  
C. Romaine Salad  
Sides:  
Steamed Zucchini  
Jimaca Sticks  
Fresh Apple  
Fresh Cantaloupe

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A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.  
**Grain Choice:**  
All Breads, Pastas, Rice and Breading are Whole Grain.  
**Condiment Selection:**  
Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce  
**Milk Choice:** Skim or 1%

			<p><b>01</b></p> <p><b>Entrada:</b> A. Pavo asado B. Sándwich de queso y pavo C. Ensalada de pollo con palomitas de maíz <b>Lados:</b> Kickin Pinto Beans Zanahorias frescas Banana fresca Pera fresca</p>	<p><b>02</b></p> <p><b>Entrada:</b> A. Pizza de queso B. Nuggets de pollo C. Bean Nacho Salad <b>Lados:</b> Brócoli cocido al vapor Pepino fresco Manzana fresca Cantalupo fresco</p>
<p><b>05</b></p> <p><b>Entrada:</b> A. Hot Dog en bollo B. Sándwich de queso y pavo C. Ensalada de Kickin Pinto Taco <b>Lados:</b> Papas fritas Brócoli fresco Manzana fresca Pera fresca</p>	<p><b>06</b></p> <p><b>Entrada:</b> A. Palitos de pescado con Mac y queso B. Patty de pollo C. Ensalada de pavo Chef <b>Lados:</b> Judías verdes sazonados Rebanadas de pepino Banana fresca Naranja fresca</p>	<p><b>07</b></p> <p><b>Entrada:</b> A. Palillos de pollo asados al horno B. Hamburguesa C. Ensalada de pollo con palomitas de maíz <b>Lados:</b> Calabacín al vapor Jicama fresco Manzana fresca Cantalupo fresco</p>	<p><b>08</b></p> <p><b>Entrada:</b> A. Palitos de pizza de queso B. Ensalada de atún Sandwich C. Ensalada de pollo y queso <b>Lados:</b> Frijoles negros de barbacoa Chipotle Tallos de apio Banana fresca Pera fresca</p>	<p><b>09</b></p> <p><b>Entrada:</b> A. Pizza de pepperoni B. Nuggets de pollo C. Plato de ensalada de atún <b>Lados:</b> Brócoli cocido al vapor Zanahorias bebe Manzana fresca Cantalupo fresco</p>
<p><b>12</b></p> <p><b>Entrada:</b> A. Baquetas de horno tostadas B. Chicken Patty Sandwich C. Baja ensalada <b>Lados:</b> Puré de patatas Brócoli fresco Manzana fresca Naranja fresca</p>	<p><b>13</b></p> <p><b>Entrada:</b> A. Carne de res nacho B. Hot Dog C. Ensalada César <b>Lados:</b> Judías verdes al vapor Rebanadas de pepino Banana fresca Naranja fresca</p>	<p><b>14</b></p> <p><b>Entrada:</b> A. Patata al horno B. Ensalada de pavo Chef C. Sandwich de ensalada de huevo <b>Lados:</b> Zanahorias glaseadas de naranja Calabaza fresca Manzana fresca Cantalupo fresco</p>	<p><b>15</b></p> <p><b>Entrada:</b> A. Tacos de carne B. Hamburguesa C. Ensalada de huevo Egg Chef <b>Lados:</b> Frijoles horneados Tallos de apio Banana fresca Peras frescas</p>	<p><b>16</b></p> <p><b>Entrada:</b> A. Pizza de pepperoni B. Nuggets de pollo C. Ensalada Taco <b>Lados:</b> Espinacas al vapor Zanahorias bebe Manzana fresca Ciruelas frescas</p>
<p><b>19</b></p> <p>No hay clases</p>	<p><b>20</b></p> <p>No hay clases</p>	<p><b>21</b></p> <p><b>Entrada:</b> A. Penne Pasta B. Hamburguesa C. T-Ham Turkey Cobb Salad <b>Lados:</b> Calabaza asada Tallos de apio Manzana fresca Cantalupo fresco</p>	<p><b>22</b></p> <p><b>Entrada:</b> A. Sandwich de albondiga B. Chicken Patty Sandwich C. ensalada de pollo en cubos en cubos <b>Lados:</b> Frijoles chipotle Zanahorias bebe Banana fresca Pera fresca</p>	<p><b>23</b></p> <p><b>Entrada:</b> A. Pizza de queso B. Queso asado C. Ensalada Griega Feta <b>Lados:</b> Brócoli fresco Tiras de pimiento rojo Manzana fresca Ensalada de fruta fresca</p>
<p><b>26</b></p> <p><b>Entrada:</b> A. Max Snax Pizza Sticks B. Nuggets de pollo C. Ensalada de chef <b>Lados:</b> Maíz cocido al vapor Brócoli fresco Manzana fresca Naranja fresca</p>	<p><b>27</b></p> <p><b>Entrada:</b> A. Corn Dog B. Hamburguesa C. Ensalada de pollo y nacho <b>Lados:</b> Guisantes y zanahorias Rebanadas de pepino Banana fresca Naranja fresca</p>	<p><b>28</b></p> <p><b>Entrada:</b> A. Mac y queso B. Ensalada de atún SDW C. Ensalada de romaine <b>Lados:</b> Calabacin al vapor Palos de jicama Manzana fresco Cantalupo fresca</p>		

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