

Have a Great Day!

Bronx Academy of Promise
Lunch Menu

November 2017

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheese Ravioli w/Marinara Sauce Tossed Green Salad Garlic Bread Cuban Sandwich - Turkey/Ham, Turkey Breast, Swiss Cheese on a Pita	2 Baked Chicken, Orzo Pasta, Sauteed Greens, Chick Peas BLT – Turkey Bacon, Lettuce & Tomatoes in a Whole Wheat Wrap	3 Pepperoni or cheese pizza, carrot sticks & salad Peanut butter and jelly sandwich
6 Turkey & Cheese Sandwich Fresh Apple Carrot Sticks 11:30 AM Dismissal	7 Election Day School Closed	8 Pepper Steak Sandwich w/American Cheese on a W. W. Roll Curly Fries Green Beans Tuna Melt on W.W. Sliced Bread	9 Beef Shepard's Pie, Carrots, Peas & House Green Salad Crispy Chicken Wrap, American Cheese, Lettuce & Tomato	10 Pepperoni or cheese pizza, carrot sticks & salad Peanut butter and jelly sandwich
13 Chicken cutlet sandwich with cheddar cheese, waffle fries Tuna salad sandwich, lettuce and tomato	14 Chicken burrito, Tortilla, rice, beans, guacamole, sour cream Ham, turkey and cheese, lettuce and tomato on Whole Wheat Bread	15 Chicken alfredo with farfalle pasta, steamed broccoli, dinner roll Pastrami Reuben sandwich, cabbage & Swiss cheese on w/w	16 Early Thanksgiving Roasted Turkey Mashed Potatoes w/ Gravy Bread Stuffing Green Beans Cranberry Sauce	17 Pepperoni or cheese pizza, carrot sticks & salad Peanut butter and jelly sandwich
20 Spaghetti and meatballs, marinara sauce, green beans Meatball sandwich, mozzarella on w/w club roll	21 Jerk chicken, rice, beans, collard greens Spicy chicken sandwich, American cheese, lettuce & tomato	22 Corn Dog Baked Beans Fruit 11:30 AM Dismissal	23 Thanksgiving Recess School Closed	24 Thanksgiving Recess School Closed
27 Chicken tenders, puzzle potato, seasonal beans and corn, W. W. Bread Italian sub, turkey, beef salami, provolone, lettuce & tomato	28 Crunchy beef tacos, on corn tortillas cheese blend, sour cream, mixed vegetables Sloppy joe sandwiches on whole grain bun	29 Oven roasted chicken, mashed sweet potato, green beans, W.W. Bread Turkey/ham and Swiss cheese panini on w/w pita	30 Turkey Bolognese, fusilli pasta, steamed broccoli, dinner roll Turkey and cheese on W. W. Bread w/ lettuce and tomato	

Available at Every Lunch

Grain: Bagels, English Muffins, Whole Wheat Bread,

Milk: Low-Fat White and Non-Fat Chocolate

Fruit: Fresh fruit & Cup Fruit

Water available at every meal

This institution is an equal opportunity provider