



Coaches

Checklist for Organizing Your Team

Pre-season organization is a critical element of a solid start to any season. Therefore, we've provided you with a summary checklist of tips, but first and foremost you must set your roster and send it to the Athletic Department so that we can verify that all of their requirements have been met.

Learning to Coach Your Team

Read, observe, and search the Internet for good coaching tips. Tap into the training resources offered through your league.

Communicating With Parents

Hold a pre-season parent meeting. At that meeting:

- Tell parents about your coaching philosophy
- Set the season's ground rules for parents
- Explain why parents should not "coach from the stands "
- Talk with parents about player safety
- Tell parents to come to you at appropriate times with questions or concerns
- Suggest to parents what type of equipment they should get for their kids if necessary
- Recruit parent volunteers as necessary
- Put important information in writing.

Recruiting Parent Support

Give parents a specific supporting role for their player. Use the league volunteer recruiting process. Promote consistency in volunteer style and philosophy.

Before the First Practice

Check out your team's equipment to make sure it's complete and in good shape so it can be used safely and effectively in your practices and games. Confirm your practice and game schedules with your Athletic Director. Set up an email list for your team so you can quickly and efficiently distribute information like directions to fields or changes in the practice schedule.

Before each game

Coaches must inform scorekeepers, referees and the opposing coaches if players on the bench will not be participating due to medical, disciplinary or other reasons. This rule only applies to sports where mandatory play for each athlete is required. Failure to play all players when required to do so will result in forfeiture.