





# EAST WHITTIER CITY SCHOOL DISTRICT



## FEBRUARY 2018 ELEMENTARY BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OFFERED DAILY WITH:</p> <p><b>BREAKFAST</b> Cereal (variety) Juice (variety) 1% White Milk Nonfat Chocolate Milk</p> <p><b>LUNCH</b> 1% White Milk Nonfat Chocolate Milk</p>	<p><b>PRICES</b> Breakfast \$1.00 Lunch \$2.25</p> <p><b>REDUCED PRICES</b> Breakfast \$.25 Lunch \$.40</p> <p><b>ADULT MEAL PRICES</b> Breakfast \$3.00 Lunch \$5.00</p>	<p><i>If your child has any food allergies, please make sure to notify your School Health Office and The Nutrition Services Department.</i></p> <p style="text-align: center;">There is NO Breakfast Service at Murphy Ranch and Ocean View</p>	<p><b>BREAKFAST</b> Chocolate Chip Muffin Cranberries</p> <p><b>LUNCH</b> Beef Soft Taco Shredded Lettuce &amp; Cheese Vegetarian Beans Diced Pears Banana</p>	<p><b>BREAKFAST</b> Blueberry Waffles Banana</p> <p><b>LUNCH</b> "Brunch for Lunch" Pancakes &amp; Sausage Baby Carrots Cranberries Sliced Peaches</p>
<p><b>BREAKFAST</b> Strawberry Poptart Cranberries</p> <p><b>LUNCH</b> Stuffed Cheeseburger Lettuce &amp; Pickles Steamed Carrots Orange Juice Apple</p>	<p><b>BREAKFAST</b> Chocolate Chip Bar Apple</p> <p><b>LUNCH</b> French Bread Pepperoni Pizza Cranberry, Romaine &amp; Spinach Salad Kidney Beans Zucchini Coins w/Ranch Dressing Mixed Fruit Banana</p> <p><b>* SPECIAL EVENT DAY</b> Ceres (Pizza Hut) Ocean View (Pizza Hut)</p>	<p><b>BREAKFAST</b> Sausage Croissant Sandwich Banana</p> <p><b>LUNCH</b> Teriyaki Chicken w/Rice Baby Carrots w/Ranch Dressing Green Beans Diced Pears Blood Oranges</p>	<p><b>BREAKFAST</b> Double Chocolate Chip Muffin Cranberries</p> <p><b>LUNCH</b> Chili Cheese Curly Fries Dinner Roll Celery Sticks w/Ranch Dressing Sliced Peaches Banana</p> <p><b>* SPECIAL EVENT DAY</b> Mulberry (My Super Sandwich)</p>	<p><b>BREAKFAST</b> Super Dunkers Banana</p> <p><b>LUNCH</b> Build your own Nachos w/Chicken Shredded Lettuce &amp; Cheese Pico de Gallo Vegetarian Beans Jalapeño Slices Cranberries Applesauce</p>
<p> <b>Lincoln's Birthday HOLIDAY</b></p>	<p><b>BREAKFAST</b> Cocoa Chip Bar Cranberries</p> <p><b>LUNCH</b> French Bread Cheese Pizza Cranberry, Romaine &amp; Spinach Salad Ranch Dressing Garbanzo Beans Jalapeño Slices Mixed Fruit Apple</p> <p><b>* SPECIAL EVENT DAY</b> Orchard Dale (Pizza Hut)</p>	<p><b>BREAKFAST</b> Cinnamon Crumb Cake Apple</p> <p><b>LUNCH</b> "Brunch for Lunch" Pancakes &amp; Sausage Baby Carrots Sweetheart Ice Cup Valentine's Day Cookie Blood Oranges</p>	<p><b>BREAKFAST</b> Chocolate Chip Muffin Cranberries</p> <p><b>LUNCH</b> Chicken Sandwich Lettuce &amp; Pickles Crinkle Cut Fries Diced Pears Banana</p>	<p><b>BREAKFAST</b> Cinnamon Bun Banana</p> <p><b>LUNCH</b> Bean &amp; Cheese Burrito Green Beans Baby Carrots Orange Juice Cranberries</p> <p><b>Birthday Treat</b> <b>* SPECIAL EVENT DAY</b> Orchard Dale (My Super Sandwich)</p>
<p> <b>Washington's Birthday HOLIDAY</b></p>	<p><b>BREAKFAST</b> Chocolate Chip Bar Cranberries</p> <p><b>LUNCH</b> Pick up Stix House Chicken w/Rice Cranberry, Romaine &amp; Spinach Salad w/Kidney Beans &amp; Ranch Dressing Baby Carrots Apple</p> <p><b>EMOJI Italian Ice Cup</b> 😊</p>	<p><b>BREAKFAST</b> Super Dunkers Apple</p> <p><b>LUNCH</b> Build your own Nachos w/Beef Crumbles Shredded Lettuce &amp; Cheese Vegetarian Beans Jalapeño Slices Pico de Gallo Frozen Apricot Cup Blood Oranges</p>	<p><b>BREAKFAST</b> Double Chocolate Chip Muffin Cranberries</p> <p><b>LUNCH</b> Spaghetti &amp; Meat Sauce w/Dinner Roll Cauliflower Florets w/Ranch Dressing Green Beans Diced Peaches Banana</p> <p><b>* SPECIAL EVENT DAY</b> Leffingwell (My Super Sandwich)</p>	<p><b>BREAKFAST</b> Apple Pocket Banana</p> <p><b>LUNCH</b> Chicken Tamale Whole Kernel Corn Vegetarian Bean Cranberries Orange Juice</p>
<p><b>BREAKFAST</b> Bagel w/Cream Cheese Cranberries</p> <p><b>LUNCH</b> Chicken N' Waffles Baby Carrots Green Beans Mixed Fruit Apple</p>	<p><b>BREAKFAST</b> Cocoa Chip Bar Apple</p> <p><b>LUNCH</b> French Bread Cheese Pizza Cranberry, Romaine &amp; Spinach Salad w/Garbanzo Beans &amp; Ranch Dressing Whole Kernel Corn Diced Peaches Banana</p> <p><b>* SPECIAL EVENT DAY</b> Leffingwell (Pizza Hut) Mulberry (Pizza Hut)</p>	<p><b>BREAKFAST</b> Cinnamon Toast Banana</p> <p><b>LUNCH</b> Orange Chicken w/Chow Mein Baby Carrots w/Ranch Dressing Green Beans Pineapple Chunks Blood Oranges</p> <p><b>* SPECIAL EVENT DAY</b> Ceres (My Super Sandwich) Ocean View (My Super Sandwich)</p>	<p><b>Questions or Concerns, Please contact Nutrition Services at 562-907-5950</b></p> <p><b>Menu items subject to substitution by items of equal nutritional value.</b></p>	