



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

September 12 - 16, 2016	Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
<p>Hot Meals</p> <p>Sandwich Meals</p> <p>Salad Bar</p>	<p>School Closed</p> <p>Eid - al-Adha</p>	<p>Spanish-style Beef Stew Rice & Peas Green Beans W.W. Dinner Roll</p>	<p>Turkey Bolognese w/Ground Turkey, Tomato Sauce, Fusilli Pasta Sautéed Spinach W.W. Dinner Roll</p>	<p><u>Beef Nachos</u> Crispy Corn Tortilla Chips Seasoned Beef w/Cheese Sauce & Salsa Seasoned Yellow Corn</p>	<p><u>Homemade Pizza</u></p> <p>Hawaiian Pizza w/Turkey Ham & Pineapple or Cheese Pizza</p> <p>Chick Peas & Black Bean Salad or Tossed Romaine Salad or Sunbutter & Jelly Sandwich</p>
		<p><u>Deli Wraps!</u> <u>Italian Sub</u> Turkey, Ham American Cheese on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich</p>	<p><u>Hot Panini!</u> <u>Tuna Melt</u> Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll 3 Bean Salad or Sunbutter & Jelly Sandwich</p>	<p><u>Deli Wraps!</u> <u>Turkey BLT Wrap</u> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich</p>	
		<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	<p>Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas</p>	

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day