

# Breakfast Menu

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 <b>Bean &amp; Cheese Burrito</b> Hot Sauce 100% Fruit Juice Fruit Milk	2 <b>Coffee Cake</b> Fruit Cup Fruit Milk	3 <b>Apple Jacks Cereal</b> Whole Grain Bites Fruit Milk	4 <b>Country Biscuit w/ Sausage Gravy</b> <i>*Vegetarian Option Available*</i> Fruit Milk
7 <b>Pan Dulce</b> Fruit Milk	8 <b>Chicken Chorizo &amp; Papas Taco</b> <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	9 <b>Whole Grain Bagel</b> Cream Cheese Fruit Cup Fruit Milk	10 <b>Cinnamon Frosted Flakes Cereal</b> Whole Grain Bites Fruit Milk	11 <b>Breakfast Cheese Tamale</b> Fruit Milk
14 <b>Apple Cinnamon Muffin Flat</b> Fruit Milk	15 <b>Turkey Sausage Croissant Sandwich</b> <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	16 <b>Oatmeal Breakfast Bar</b> Fruit Cup Fruit Milk	17 <b>Chocolate Mini Wheats Cereal</b> Whole Grain Bites Fruit Milk	18 <b>Mini Banana Pancakes</b> Fruit Milk
21 <b>Yogurt Granola</b> Fruit Milk	22 <b>new</b> <b>Chicken Sausage Biscuit</b> <i>*Vegetarian Option Available*</i> Strawberry Jelly 100% Fruit Juice Fruit Milk	23 <b>Orange Muffin</b> Fruit Cup Fruit Milk	24 <b>Fruit Loops Cereal</b> Whole Grain Bites Fruit Milk	25 <b>French Toast Sticks</b> Fruit Milk
28 <b>Memorial Day</b>	29 <b>Ham &amp; Cheese English Muffin</b> (Contains Pork) <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	30 <b>Coffee Cake</b> Fruit Cup Fruit Milk	31 <b>Frosted Flakes</b> Whole Grain Bites Fruit Milk	1

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Breakfast includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



# Lunch Menu K-8

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 <b>Spaghetti w/ Meat Sauce</b> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	2 <b>Chicken Patty Burger</b> <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	3 <b>BBQ Pork Patty on Hoagie Roll</b> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	4 <b>Green Chicken Enchiladas</b> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
7 <b>new</b> <b>Carnitas Burrito</b> <i>(Contains Pork)</i> <i>Side Salad</i> <i>100% Fruit Juice</i> <i>Milk</i>	8 <b>new</b> <b>Lasagna Cheese Roll-Ups</b> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	9 <b>Chicken Nuggets</b> <i>Cheesy Mashed Potatoes</i> <i>Whole Grain Dessert</i> <i>Fruit</i> <i>Milk</i>	10 <b>Teriyaki Beef</b> <b>Not So Fried Rice</b> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	11 <b>Beef Chili</b> <b>Popped Corn Chips</b> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
14 <b>Red Chicken Enchiladas</b> <i>Side Salad</i> <i>100% Fruit Juice</i> <i>Milk</i>	15 <b>Country "Fried"</b> <b>Pork Chop w/ Gravy</b> <i>Glazed Carrots</i> <i>Corn Muffin</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	16 <b>new</b> <b>Chili Cheese Fries</b> <i>Nacho Poptillas</i> <i>Fruit</i> <i>Milk</i>	17 <b>Pepperoni Pizza</b> <b>Mac &amp; Cheese</b> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	18 <b>BBQ Chicken</b> <b>Baked Beans</b> <i>Dinner Roll</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
21 <b>Cheese Tamale</b> <b>Mixed Vegetables</b> <i>Side Salad</i> <i>100% Fruit Juice</i> <i>Milk</i>	22 <b>Carnitas Nachos</b> <i>(Contains Pork)</i> <i>Tortilla Chips</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	23 <b>Cheeseburger</b> <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	24 <b>Chicken Alfredo</b> <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	25 <b>new</b> <b>Meaty Potato Pie</b> <i>Corn Muffin</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
28 <b>Memorial Day</b>	29 <b>Shredded Chicken Burrito</b> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	30 <b>Hot Dog</b> <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	31 <b>Orange Chicken</b> <b>Chow Mein Noodles</b> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	1

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# Snack Menu

**May 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Sunbutter Cup Graham Crackers	2 Cereal Pouch 100% Fruit Juice (6 oz)	3 Rice Krispies Treats Fruit (3/4 c)	4 Cheese Puffs 100% Fruit Juice (6 oz)
7 Multi-Grain Bar 100% Fruit Juice (6 oz)	8 Cheese Cup Wheat Crackers	9 Baked Chips 100% fruit Juice (6 oz)	10 Cheez-its Fruit (3/4)	11 Pretzels 100% Fruit Juice (6 oz)
14 Cinnamon Granola 100% Fruit Juice (6oz)	15 String Cheese Corn Nuggets	16 Cereal Pouch 100% Fruit Juice (6 oz)	17 Banana Muffin Fruit (3/4)	18 Cheese Puffs 100% Fruit Juice (6 oz)
21 Mini Blueberry Loaf 100% Fruit Juice (6 oz)	22 Apple Cinnamon Dipper Whole Grain Bites	23 Chex Mix 100% Fruit Juice (6 oz)	24 Cranberry Oatmeal Round Fruit (3/4c)	25 Strawberry Delight 100% Fruit Juice (6oz)
28 <i>Memorial Day</i>	29 Sunbutter Cup Graham Crackers	30 Honey Sunflower Seeds 100% Fruit Juice (6 oz)	31 Baked Chips Fruit (3/4 c)	1

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Snack includes 2 items: grain, fruit, protein or milk.

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