## HOMELESS RESOURCES / FOOD BANKS:

**Abundant Life Fellowship**
706 Atlantic Street, Roseville  
(916) 783-1989

- Hours: Wed. 10 am – 12:00 pm

Food and clothes closet services available. Food can be obtained once per month, and more on an emergency basis. Need photo ID.

**Antelope Springs Church Food Closet**
4555 PFE Rd, Roseville  
(916) 773-7727

- Hours: Mon – Fri and the last Sat of each month. 10am – 2pm, with the exception of December. Closed on all Federal holidays.

**Auburn Interfaith Food Closet**
21972 Earhart Ave #301, Auburn  
(530) 885-1921

- Hours: Mon-Fri 10:00 a.m. – 2:00 pm and the last Saturday of the month (except in December). Closed on all Federal Holidays.

**Bridgeway Christian Church Food Bank**
3735 Placer Corporate Dr, Rocklin (916) 768-1030

- Hours: Thurs. 10:00 am – 12:00 pm

**Elijah’s Jar Food Closet and Emergency Clothes**
24617 Foresthill Road, Foresthill  
(530) 367-3085

- Hours: Wed 10:30 am – 12:30 pm / Fri 1:30 – 3:30 pm / 3rd Thurs of month 8:00 – 10:00 am

**The Eternity Challenge**
4200 Rocklin Rd #1, Rocklin CA 95677  
(916) 624-4428

Christian-based, non-profit organization offers programs and services including: housing, re-entry, employment assistance, addiction recovery, life skills, homeless assistance, veterans assistance, children’s services and more.

**Francis House Center**
1422 C Street, Sacramento, CA  
(916) 443-2646

Emergency shelter for families with children, homeless housing, job development center, Social Security Disability Advocate, anger management, assistance for veterans.

**Gathering Inn**
201 Berkeley Avenue, Roseville, CA 95678  
(916) 791-9355

Programs include a shelter, showers, community health clinic, 12-step support group, clothing closet and case management referrals. Up to 50 beds available nightly on a revolving basis. Year-round availability. Must have a current T.B. test.

**Harvest Community Church Food Bank**
1376 Blue Oaks Blvd, Roseville  
(916) 771-4781

Tuesdays 4:30 – 5:30 pm

**Lazarus Project, Inc.**
P.O. Box 1241, Roseville, CA 95678  
(916) 772-6833

- Housing and comprehensive support services

**Lighthouse Rescue Mission**
Tulare, CA  
(559) 687-8317

Faith-based shelter for women and children.
Loomis Basin Food Bank
First United Methodist Church of Loomis
6414 Brace Rd, Loomis  (916) 652-0469
www.loomisfumc.org
Mon-Fri  9:00 a.m. – 1:00 p.m.

Lutheran Social Services of Northern California
4390 47th Ave, Sacramento, CA  (916) 453-2900
www.lssnorcal.org
Housing programs for homeless families, individuals and youth.

Mather Community Campus
3587 Bleckley Street, Mather (AFB) CA  (916) 228-3100
10626 Shirra Ave, Mather, (AFB) CA 95655
Provides up to a two year transitional living program for homeless individuals and families with additional training and employment referrals. There are eligibility requirements, waiting list, and a referral process that you must complete through a Social Worker. Intake by referral, usually by an emergency homeless shelter. Operated by Volunteers of America.

Mosaic Christian Church Food Bank
4430 Granite Dr, Rocklin  (916)632-8600
Hours: Wed 8:30 am – 12:00 pm / Fri 2:00 pm – 5:00 pm

Next Move Sacramento
2925 34th St., Sacramento, CA 95817  (916) 454-2120
Email: info@nextmovesacramento.org  www.nextmovesacramento.org
Provides services to Sacramento County homeless families (with children). Temporary emergency shelter, meals, transportation, health services, clothing. Maximum stay 60 days.

Placer Food Bank
8284 Industrial Ave, Roseville  (916) 783-0481  FAX (916) 783-4013
www.placerfoodbank.org

Placer County Food Bank (Second Harvest)
Seventh Day Adventist Church, 12225 Rock Creek, Auburn  (916) 783-0482
Hours: third Monday of each month 8:00 am – 10:00 am
OR
24601 Harrison, Foresthill  (916) 783-0482
Hours: third Thursday of each month 8:30 am – 10:00 am
OR
McBean Park, 4th & D Streets, Lincoln  (916) 783-0482
Hours: First Wednesday of each month 8:30 am – 10:30 am
OR
Rocklin Community Center 5400 5th Street, Rocklin  (916) 783-0482
Hours: Thurs. 8:30 am – 10:30 am

Placer County Food Bank
Seniors:
Warehouse 1125 Circuit Ave, Roseville  (916) 783-0482
Hours: First Monday of each month 8:00 am – 10:00 am

Non-Seniors
First Methodist Church, 109 Washington, Roseville  (916) 783-0482
Hours: First Thursday of each month 8:30 am – 10:30 am

Powerhouse Transition Center (Powerhouse Ministries)
311 Market Street, Folsom  (916) 983-0658  FAX (916) 984-9912
www.powerhouse-sac.org

Homeless transition center for women and children. Faith-based.

Project MANA Food Bank
(530) 582-4079  or  (775) 298-0008
Truckee - Tues 3:00 pm / Kings Beach - Wed 3:00 pm

Roseville Home Start
Email: info@RosevilleHomeStart.org
www.rosevillehomestart.org

Program includes transitional housing for homeless families for up to one year. Father and/or mother with children. Includes drug and alcohol support groups, financial education, family violence, parenting classes, case management and health clinic. Priority given to Placer County residents and there is usually a waiting list. Also offers emergency housing for homeless.
**The Salt Mine**  
590 Lincoln Blvd., Lincoln  (916) 645-3778  
www.thesaltmine.org  

Programs include transitional housing, food bank (Lincoln and Sheridan residents only), bus tickets, transportation to and from job interviews, emergency auto repairs and prescriptions for the elderly. Hot meals, clothing and showers also available.

**The Salvation Army**  
286 Sutter Street, Auburn  (530) 889-3900 (Mon, Wed, Fri, seniors only Thu 10:00 am – 2:00 pm)  
233 S. Auburn, Ste. 110, Colfax  (530) 346-2722 (food service only, Wed 10am-4pm)  
320 S. Canyon Way #A, Colfax  (530) 346-2722 (Tues, Wed 10:00 am – 3:00 pm)  
100 Lincoln Street, Roseville  (916) 784-3233 (Mon-Thur 10:00 am – 3:00 pm / Fri 1:00 – 3:00 pm)  

Programs include shelter, food, clothing, prescriptions, emergency bus tickets, meal vouchers, showers, residential treatment and transitional housing programs. *Bring ID and Social Security card

**Seventh Day Adventist Church**  
12225 Rock Creek Road, Auburn  (530) 823-0345  
www.aubsda.net  

Homeless people can receive a bag of groceries every week, while other people can only receive food once a month. Spanish speaking services are available. Hot meals on Sat. 8:00 – 9:00 am. Also showers and clothing. Tuesdays 9:00 a.m. – 1:00 p.m.

**Sierra First Baptist Church Food Bank**  
33990 Alta Bonynook Rd, Alta  (530) 389-2168  
**Hours:** Mon, Wed, Thur, Fri  8:30 a.m. – 12:00 p.m.

**Sierra Reach Ministries**  
18015 Applegate Road, Applegate  (530) 878-2705  
**Hours:** Thurs. 9:00 am – 12:00 pm  

Food, clothing, and referrals available

**St. Vincent DePaul**  
503 Guiseppe Court, Roseville  (916) 781-3303  
**Hours:** Mon. – Fri. 9:00 am – 4:00 pm  
**Food Bank:** Mon -Fri 9:00 a.m. - 11:00 am  
Hot meals: Served at the dining room (105 Bonita, Roseville) Tues – Thurs 12:00 pm -1:30 pm / Sat & Sun 2:30 pm – 4:00 pm  
Clothing and other services also available. Shelter program for families. 14 units, single families with children, food locker, clothing vouchers, medical clinic. Priority waiting list, call on Mondays. No cost to enter the program.

**Stand Up Placer (Formerly Peace for Families)**  
11985 Heritage Oaks Place, Suite 200, Auburn, CA 95603  (530) 885-0443  
775 Sunrise Ave Suite 160, Roseville, CA 95661  (916) 773-7273  
24-Hour Crisis Line for emergency housing and assistance (800) 575-5352  

A private, non-profit community-based organization that provides services to victims of domestic violence and sexual assault in Placer County. Services include: emergency housing, 12-24 month supportive housing, crisis intervention, social and legal services, support groups and counseling.

**Union Gospel Mission**  
400 Bannon Street, Sacramento  (916) 447-3268  
www.ugmsac.com  

Homeless resources including women’s clothes closet, food bank. Other services include a drug and alcohol treatment program, vocational training and employment assistance.

**Volunteers of America – Northern California & Northern Nevada**  
1900 Point West Way #270, Sacramento, CA 95815  (916) 442-3691  
www.voa.org  

A variety of services available including: substance abuse treatment, youth services, transitional housing for former foster youth, senior services, veterans services and housing assistance.

**Welcome Center**  
11522 B Avenue, Auburn  (530) 889-7200  
**Hours of Operation:**  Monday - Thursday 10 am - 4 pm  
Fun Fridays - 10 am - 2 pm  
“Getting Started” Housing Assistance Program every Tuesday 10:00 am – 12:30 p.m.

The Welcome Center is a fun place where anyone can drop-in to enjoy a safe, warm, friendly atmosphere. A consumer run program that is structured by the needs/wants of the community. The programs available are created by the participants for people to enjoy and learn. Programs include community resource referrals for homeless persons, free activity and support groups. Free food is offered on occasion.
What Would Jesus Do Ministry
(916) 786-9953

Auburn: Tuesdays at 7th Day Adventist Church 8:30 – 9:45 am / Thursdays at 1st St and Bell Rd, DeWitt Center 8:00 – 9:30 am
Colfax: Tuesdays at Methodist Church, 59 Church St, 8:00 – 9:30 am
Foresthill: Fridays in midtown 7:30 – 8:30 am
Roseville: Monday – Friday 8:00 – 9:00 am at Abundant Life Fellowship, 706 Atlantic St. / Sundays at Saugstad Park 8:30 – 9:00 am

WWJD is a mobile van service that provides meals at various locations in Placer County to homeless persons. Once individuals make contact with WWJD personnel, they can request blankets, tarps, sleeping bags, toiletries, laundry soap and other sundries. They have volunteer doctors and nurses to attend to immediate medical needs and provide assistance obtaining authorized medical services. Social work volunteers help with referrals to other homeless services, SSI assistance, transportation to medical appointments and court appearances, Employment Development Department, veterans agencies, disability services and burial arrangements.

Women’s Empowerment
www.womens-empowerment.org
1590 North A Street, Sacramento, CA 95811 (916) 669-2307

A non-profit organization that works with homeless women to help them build the skills they need to go back to work and maintain stable housing. 8 week free program. Daycare and transportation assistance provided. Women receive health education, nutrition, smoking cessation, and relapse prevention. Access to healthcare including eye exams, dental visits, access to care from a private physician, child development assessments, yoga, fitness, and more.
<table>
<thead>
<tr>
<th><strong>SUBSTANCE ABUSE TREATMENT</strong></th>
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<tr>
<th><strong>Aegis Medical Systems, Inc.</strong></th>
<th>Email: <a href="mailto:roseville@aegismed.com">roseville@aegismed.com</a></th>
<th><a href="http://www.aegismed.com">www.aegismed.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>1133 Coloma Way, Suite C, Roseville, CA</td>
<td>(916) 774-6647</td>
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<tr>
<td>Methadone maintenance and detox dependency clinic. Individual and group counseling, anger management, relapse prevention, peer support and perinatal services.</td>
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<tr>
<th><strong>Acres of Hope</strong></th>
<th><a href="http://www.acresofhopeonline.org">www.acresofhopeonline.org</a></th>
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</thead>
<tbody>
<tr>
<td>P.O. Box 238, Auburn, CA 95604</td>
<td>(530) 878-8030</td>
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<tr>
<td>A spiritually based renewal center that serves homeless women and children by providing them with a home and an environment of structured programming.</td>
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<thead>
<tr>
<th><strong>Alpha Oaks</strong></th>
<th>Email: <a href="mailto:alphaoaks@sbcglobal.net">alphaoaks@sbcglobal.net</a></th>
<th><a href="http://www.recoverywomen.com">www.recoverywomen.com</a></th>
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<tbody>
<tr>
<td>8400 Fair Oaks Blvd. Carmichael, CA</td>
<td>(916) 944-3920</td>
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<tr>
<td>2 residential treatment facilities and 1 sober living home for women.</td>
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<tr>
<th><strong>Bi Valley Medical Clinic</strong></th>
<th><a href="http://www.bivalley.com">www.bivalley.com</a></th>
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<tbody>
<tr>
<td>6127 Fair Oaks Blvd. Sacramento</td>
<td>(916) 974-8090</td>
</tr>
<tr>
<td>310 Harris Ave. Sacramento</td>
<td>(916) 649-6793</td>
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<tr>
<td>Methadone program, outpatient detox.</td>
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<tr>
<th><strong>Buddy's House</strong></th>
<th>Email: <a href="mailto:buddyshouse@comcast.net">buddyshouse@comcast.net</a></th>
<th><a href="http://www.buddyhouse.org">www.buddyhouse.org</a></th>
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<tbody>
<tr>
<td>1770 Magnolia Drive, Yuba City</td>
<td>(530)674-1049 Cell (530) 933-4156 FAX (530) 674-5572</td>
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<tr>
<td>Clean and sober adult transitional living.</td>
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<tr>
<th><strong>Center Point</strong></th>
<th><a href="http://www.cpinc.org">www.cpinc.org</a></th>
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<tbody>
<tr>
<td>11228 Fair Oaks Blvd., Fair Oaks</td>
<td>(916) 962-2800 FAX (916) 962-2824</td>
</tr>
<tr>
<td>Outpatient substance abuse treatment and residential for men. Social rehabilitation and training services for high risk families, men, women, and women with children, veterans, and ex-offenders. Address issues of homelessness, unemployment, substance abuse disorders, mental illness and medical problems. Outpatient suboxone and methadone detox and maintenance program.</td>
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<tr>
<th><strong>Chapa De Indian Health Program</strong></th>
<th><a href="http://www.chapa-de.org">www.chapa-de.org</a></th>
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<tbody>
<tr>
<td>11670 Atwood Road, Auburn</td>
<td>(530) 887-2840 FAX (530) 887-2819</td>
</tr>
<tr>
<td>Outpatient substance abuse program including behavioral health, co-occurring, support services, counseling, prevention programs, information and referrals, perinatal services, sliding fee schedule. Free for Native Americans.</td>
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<tr>
<th><strong>Chico Rescue Mission</strong></th>
<th><a href="http://www.chicorescuemission.org">www.chicorescuemission.org</a></th>
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<tr>
<td>2612 Esplanade, Chico, CA 95973</td>
<td>(530) 343-1935</td>
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<tr>
<td>12-month faith based residential treatment program for men.</td>
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<tr>
<th><strong>Clean &amp; Sober Detox</strong></th>
<th><a href="http://www.cleanandsoberdetox.org">www.cleanandsoberdetox.org</a></th>
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<tbody>
<tr>
<td>Sacramento</td>
<td>(916) 965-3386</td>
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<tr>
<td>Residential detox for adults; clients may stay up to 14 days.</td>
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<tr>
<th><strong>Clean &amp; Sober Recovery Services</strong></th>
<th><a href="http://www.candsrecovery.com">www.candsrecovery.com</a></th>
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<tbody>
<tr>
<td>5820 Chestnut Ave, Orangevale, CA</td>
<td>(916) 990-0190</td>
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<tr>
<td>Complete detox program, residential treatment and transitional housing for men and women (adults).</td>
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<tr>
<th><strong>Clean &amp; Sober Transitional Living</strong></th>
<th><a href="http://www.cleanandsobersacramento.com">www.cleanandsobersacramento.com</a></th>
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<tbody>
<tr>
<td>8934 Madison Ave, Fair Oaks, CA</td>
<td>(916) 961-2691 (916) 990-0190</td>
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<tr>
<td>Transitional housing, detox, intervention and recovery services.</td>
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<tr>
<th><strong>C.O.R.E. Medical Clinic</strong></th>
<th><a href="http://www.coremedicalclinic.com">www.coremedicalclinic.com</a></th>
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<tr>
<td>2100 Capital Ave, Sacramento</td>
<td>(916) 442-4985 FAX (916) 442-1029</td>
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<tr>
<td>Outpatient suboxone and methadone detox and maintenance program. Opiate addiction treatment and counseling.</td>
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</table>
**CORR- Community Recovery Resources**

180 Sierra College Dr, Grass Valley (residential, transitional, outpatient) (530) 273-9541 FAX (530) 273-7740
12525 Shale Ridge Rd, Auburn (residential) (530) 885-1961 FAX (530) 885-0713
12183 Locksley Ln, Auburn (DUI, outpatient, Mothers in Recovery) (916) 434-8927
1530 Third St #212, Lincoln (916) 782-3737
730 Sunrise Ave #200, Roseville (530) 889-8701
8491 North Lake Blvd., Kings Beach (Tahoe) (916) 782-3737

Residential and outpatient substance abuse treatment, transitional housing, detox, mental health and recovery services, family services, intervention services, adolescent programs, DUI and PC1000 programs. Medi-Cal and private insurance accepted, sliding fee scale.

**D & A Detox**

2721 Barbera Way, Rancho Cordova, CA (916) 364-7660 (888) 595-9709

Non-profit organization licensed by the CA Dept of Alcohol and Drug Programs. 5-10 day residential detox, 28, 60 and 90 day men’s residential treatment, outpatient, clean and sober living homes and counseling available. Self-help meetings on site and community service activities.

**Delancey Street**

600 Embarcadero Street, San Francisco, CA (415) 512-5104 FAX (415) 512-5141

Long-term, free residential treatment program with vocational training. Must be in good health, no sex offenders, “dual-diagnosis” or psychiatric medications.

**Drug Abuse Hotline**

(800) 662-HELP (4357)

**The Eternity Challenge**

4200 Rocklin Rd #1, Rocklin CA 95677 (916) 624-4428

Christian-based, non-profit organization offers programs and services including: housing, re-entry, employment assistance, addiction recovery, life skills, homeless assistance, veterans assistance, children’s services and more.

**Gateway Foundation**

4049 Miller Way, Sacramento, CA (916) 451-9312 FAX (916) 451-4018

Women only. Residential treatment, counseling, family program, transitional living, support groups, information and referrals.

**Good News Rescue Mission**

2842 S. Market Street, Redding, CA (530) 242-5920 FAX (530) 541-8745

Men’s New Life Recovery Program: 12-18 month Christian-based residential treatment. Program includes bible study, relapse prevention, anger management, vocational training. Contact (530) 244-6800.

Women’s and Children’s Ministries / House of Hope: 12-24 month Christian-based residential treatment. Program includes bible study, relapse prevention, transitional, post-graduate programs and assistance. Contact (530) 241-3608.

In-Step Dual Diagnosis Program (Mental Illness + Substance Abuse): Co-case management with Shasta Co. Mental Health. Substance abuse treatment. Contact (530) 241-5754.

**Harbor Light Center Recovery Home (Salvation Army)**

1275 Harrison St, San Francisco, CA (415) 503-3006

Comprehensive chemical dependency treatment for men, women and families. Detox and 6-12 month residential treatment program. Free.

**Hope House / Serenity House**

303 Bennett Street, Grass Valley (530) 271-1140 FAX (530) 273-7036

Intensive 90 day mens’ and womens’ residential treatment programs operated by CORR. Participants in the program may have up to 2 of their young children with them. Multiple funding sources available based on qualifications.

**Hope, Help and Healing**

11960 Heritage Oak Place #20, Auburn (530) 885-4249

State licensed and certified drug and alcohol residential treatment facility and sober living environment for men and women. Also has men’s and women’s transitional living homes. Services include four homes in Auburn with 30 beds for men and women that are homeless, recovering from substance abuse or recently released from jail or prison. Outpatient services also available (anger management, domestic violence, etc.)
House of Metamorphosis  
2970 Market Street, San Diego, CA 92102  (619) 236-9492  
www.houseofmetamorphosis.org  
Free residential treatment program. Non-profit organization.

Jericho Project  
470 Valley Drive, Brisbane, Ca. 94005  (415) 656-1700  FAX (415) 467-9011  
www.jericho-project.org  
State-licensed 12 month residential treatment program for men.

Kaiser Permanente – Alcohol and Drug Programs  
2829 Watt Ave. #150, Sacramento, CA  (916) 482-1132  FAX (916) 979-3501  
8247 E. Bruceville Rd, Sacramento  (916) 525-6790  
2155 Iron Point Rd, Folsom  (916) 817-5646  
For Kaiser members only. Residential treatment, outpatient counseling, detox, support groups, information and referrals. Services for adults and adolescents.

K.I.S.S. House (Keep it Simple Sister)  
9370 Eckerman Rd. Roseville  (916) 532-1757  FAX (916) 791-0699  
Contact: Barbara Weaver  
www.kisshouse.org  
Women and children only. 4 houses located in Placer County. Services include parenting classes, 12 step programs. Cost is $450 per month per adult, $100 per child. No food is provided.

Madison House  
8938 Madison Ave, Fair Oaks, CA  (916) 961-2691  
www.clean-and-sober-living.com  
Long-term clean and sober living environment, detox and residential treatment. 12 step program and many other resources. 13 homes in the Sacramento area.

Mercy Multiplied  
Corporate Office: P.O. Box 111060, Nashville, TN 37222  (615) 831-6987  Admissions FAX (615) 831-9953  
www.mercymultiplied.com/about-our-residential-program  
One location in Lincoln, CA; other locations in Tennessee, Louisiana and Missouri. A free Christian-based, 6 month residential treatment program for young women to age 28. Voluntary basis only, residents can have no pending legal matters and must be in good health.

Mexican-American Alcoholism Program (MAAP)  
4241 Florin Rd #65, Sacramento, CA  (916) 394-2323  
3612 Madison Ave #29, North Highlands, CA  (916) 338-6835  
2515 48th Ave. Sacramento (Mi Casa Recovery Home)  
www.maap.org  
DUI programs, Hispanic AIDS/HIV education, prevention project, out-patient youth program, bilingual staff.  
*Mi Casa is a social model 30, 60 or 90 day residential substance abuse treatment facility for both men and women. 12 week aftercare offered and encouraged.

National Council on Alcohol and Drug Dependence (NCADD) (Options for Recovery)  
2143 Hurley #101, Sacramento  (916) 922-5121  
www.ncadd sacram.org  
Outpatient treatment for adults and adolescents, residential treatment for pregnant or parenting mothers, support groups, drug diversion programs, information and referrals, Sliding fee scale.

Nevada County Behavioral Health  
500 Crown Point Circle #120, Grass Valley  (530) 265-1437  FAX (530) 271-0257  
www.mynevadacounty.com  
Outpatient substance abuse counseling, Drug Court, perinatal services, dual-diagnoses group, screening and assessment.

New Dawn  
Sacramento (866) 969-4300  
http://www.newdawntreatmentcenters.com/  
Treatment for substance abuse and eating disorders for teens and adults. Outpatient, residential and detox.

New Directions Counseling Association  
7996 Old Winding Way #300, Fair Oaks, CA  (916) 966-4523  FAX (916) 966-4599  
3294 Royal Dr., Suite 204-C, Cameron Park  (916) 966-4523  
www.newdirectionsca.com  
Outpatient treatment includes drug court, perinatal and co-occurring. Programs for adolescents, teens, young adults and adults and families with substance abuse issues.
**New Leaf Counseling**

Main office: 1254 High Street, Auburn (530) 889-9195  
Residential treatment: 11835 Lorenson Rd. Auburn (530) 823-9827

Women with or without children. 1 year maximum program, limit of 2 children (flexible). Services include transitional housing, residential and out-patient substance abuse treatment programs. 2 residential houses in the Auburn area. Medi-Cal accepted

**Oak House**

6060 Sunrise Vista Rd. Citrus Heights, CA  (916) 721-9699  toll-free (866) 301-9699

Outpatient and aftercare services. Licensed and certified residential drug and alcohol treatment program for men. Detox and intensive outpatient for men, women and adolescents. Transitional living and intervention specialists.

**Pacific Educational Services -PES-eb,Inc.**

Corporate Office: 11837 Kemper Road Ste. 2, Auburn (800) 346-5891  (530) 888-1010  
Satellite Office: 901 H St., Suite #103, Sacramento (916) 447-1010

Outpatient counseling services available in Roseville and Auburn. Moral Reconation Therapy (MRT) Program, relapse prevention, substance abuse treatment, DUI programs. Services are provided in individual and group counseling.

**Pathways**

430 Teagarden Ave. Yuba City, CA  
2 9th Street, Marysville

Main Office: (530) 674-4530  
Treatment: (530) 742-6670  
DUI: (530) 674-4530  
Prevention: (530) 674-4530  
FAX: (530) 674-4544

DUI program, youth program, support groups, information and referrals, residential treatment for men and women, day treatment, evening and outpatient programs.

**Placer County Substance Use Services**

11522 B Ave, Auburn, CA (in the Welcome Center) (530) 889-7240

Adult outpatient treatment for the indigent and uninsured, information and referrals. Provides services to all eligible Placer County residents including those in Drug Court or Prop 36.

**Placer Mothers in Recovery**

(First 5 Placer Children and Families Commission)  
12183 Locksley Ln, Auburn, CA  (530) 889-8701  FAX  (530) 889-8794

Services include family recovery plans, individual sessions, group counseling sessions, child care, parenting and life skills, anger management, money management, literacy classes. Assist in addressing issues in depression and anxiety, parenting, abuse, drug/alcohol relapse, etc. Fees are based on a sliding scale.

**Powerhouse Transition Center**

311 Market St, Folsom, CA (916) 983-0658

Program is up to 2 years, free of charge, women only, children allowed. Residential treatment program includes substance abuse treatment, parenting classes, life skills, financial skills and education.

**Progress House**

Corporate Office: 2844 Coloma Street (PO Box 1666), Placerville, CA 95667  (530) 626-9240

Twelve residential treatment facilities located throughout the region. Facilities for men and women with or without children. Outpatient treatment and transitional living houses in El Dorado County. Medi-Cal accepted.

**Recovery Happens**

7996 Old Winding Way #210, Fair Oaks, CA  (916) 276-0626  FAX (916) 241-9836

Locations in Fair Oaks, Davis and Roseville. Weekly individual, group or family counseling. Outpatient treatment with mental health component for adults and adolescents.

**Recovery Now**

433A 5th Street, Roseville (916) 868-2207

Clean and sober living for men/women who are committed to working a program. Several houses in Roseville.
Redwood Gospel Mission
101 6th Street, Santa Rosa, CA 95401 (707) 542-4817

10-18 month faith-based residential treatment program. Program includes a 12-step program, relapse prevention, anger management, living skills, counseling and bible study. Men and women.

Sacramento Recovery House
1914 22nd Street, Sacramento (916) 455-6258 FAX (916) 455-5667

Residential treatment program and transitional housing for men. Sliding fee scale for Sacramento County residents.

Sacramento County Alcohol and Drug Services
3321 Power Inn Rd. Ste. 120, Sacramento, CA (916) 874-9754

Resource agency for substance abuse services in Sacramento County.

The Salvation Army
Adult Rehabilitation Center
1615 D Street, Sacramento, CA (916) 441-5267 FAX (916) 441-1758

Free faith-based 6-month residential drug treatment program, 85 beds. Other locations throughout the area.

Screening Clinic (Placer County HHS ASOC)
(530) 889-7240

Free screening clinic for all Placer County residents to screen for substance abuse issues and make recommendations regarding resources, services and treatment options. First come, first served basis.

Serenity House
1196 Arcade Blvd. Sacramento (916) 927-7728

Clean and sober living environment for women including substance abuse treatment.

Sierra Mental Wellness
333 Sunrise Ave #701, Roseville (916) 783-5207
560 Wall Street #D, Auburn (530) 885-0441
2690 Lake Forest Road #B, Tahoe City, CA (530) 581-4054

A variety of classes and programs offered including: mental health counseling, individual/family therapy, support groups, 52 week domestic violence, parenting classes, DUI program, outpatient drug treatment. Sliding fee scale.

Sierra Native Alliance
610 Auburn Ravine Road, Suite G, Auburn (530) 888-8767 FAX (530) 888-8757

A variety of services, including: outpatient treatment, parenting classes, family services, cultural education and youth programs, with a Native American perspective.

Strategies for Change
www.strategies4change.org

4441 Auburn Blvd Suite E, Sacramento (916) 473-5764 FAX (916) 473-5766
4343 Williamsborough Dr., Sacramento (916) 395-3552 FAX (916) 395-3683

Substance abuse counseling, domestic violence, anger management, co-occurring, parenting classes, runaway substance-abusing teens, mental health screening, services for HIV positive individuals and their families. Medi-Cal and private insurance accepted, sliding fee scale.

Teen Challenge
www.teenchallengeusa.com

Administrative Office: 10017 Folsom Blvd. #100, Sacramento (916) 362-2800 FAX (916) 362-3700
Twin Rivers Center – Crisis Center for Women: 560 Cooper Ave, Yuba City CA (530) 751-9511
Sacramento Crisis Center for Men: 1613 18th Street, Sacramento (916) 443-3049
Alpha-Henson Women’s Center: 300 Stardust Lane, Lincoln CA (916) 645-3807
Email: svtc@teenchallenge.ws or ahwc@teenchallenge.ws

**Union Gospel Mission**
400 Bannon Street, Sacramento (916) 447-3268

Homeless resources including women’s clothes closet, food bank. Other services include a drug and alcohol treatment program, vocational training and employment assistance.

**Vitality Lake Tahoe**
1137 Emerald Bay Rd, South Lake Tahoe, CA (775) 738-8004
Outpatient: (530) 541-5190 Residential: (530) 541-5440

Residential treatment, outpatient, detox, transitional housing, support groups, co-occurring, DUI and PC 1000 programs. Medi-Cal and private insurance accepted. Sliding fee scale.

**Volunteers of America – Northern California & Northern Nevada**
1900 Point West Way #270, Sacramento, CA 95815 (916) 228-3153 or (916) 448-1236

A variety of services available including: substance abuse treatment, youth services, transitional housing for former foster youth, senior services, veterans services and housing assistance.

**Well Space Health (Formerly The Effort)**
Roseville, Folsom, Sacramento (916) 737-5555

### Self-Help

**AA – Alcoholics Anonymous**

Central Office: 9960 Business Park Dr. #110, Sacramento, CA (916) 454-1771  
24 hour hotline – (916)454-1100  
Roseville – (916) 624-6807  
Auburn – (530) 888-3607  
Tahoe – (530) 546-1126 or (530) 541-1243  
Grass Valley / Nevada City – (530) 272-6287

Support groups for anyone concerned about their alcohol use, 12-step program.

**Al-Anon / Alateen**

Sacramento: (916) 454-1100  
Roseville: (916) 624-6807  
Tahoe area: (530) 546-1126 or (530) 541-1243  
Info Center: (916) 334-2970

Support groups for people concerned about another’s drug or alcohol use. 24/7 phone coverage.

**Celebrate Recovery at Bayside Church**

8191 Sierra College Blvd, Roseville, CA  
Building B, Room B-121

Faith-based, open to all. Every Friday night year ‘round. Dinner 6:00 – 7:00 p.m. for $5.00. Large group session 7:00 – 8:00 p.m. Small groups 8:00 – 9:00 p.m. Conversation, coffee and deserts 9:00 – 10:00 p.m. for $1.00.  
Men’s and women’s groups in a variety of topics.

**CODA**

Toll free (888) 444-2359  
Spanish: (888) 444-2379

Co-dependency, anonymous.

**NA – Narcotics Anonymous**

(800) 600-4673 or (800) 477-6291 or (916) 732-2299 or (530) 546-1116  
Help line (530) 645-1635

Support groups throughout the area for anyone concerned about their drug use. Information and referrals.

**Rational Recovery**

P.O. Box 800, Lotus, CA 95651  
(530) 621-4374 or (530) 621-2667

 Planned abstinence from substance abuse, using addictive voice recognition technique. Non 12 Step program, online program.

**Road 2 Recovery**

www.facebook.com/pages/Road-to-Recovery/271719042919157  
Parkside Church - 3885 Richardson Dr. Auburn (across from Regional Park, by Chana H.S.)

Christian-based twelve step program. Dinner included, child care available. Every Friday at 6:30 p.m.

**White Bison / Warrior Down**

3885 Richardson Drive, Auburn  
(530) 363-8526

Native American recovery groups at Sierra Native Alliance. Tuesdays and Thursdays 6:00 – 7:30 p.m.

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***Many churches offer recovery support groups. Check with the church of your choice.***
**PUBLIC ASSISTANCE:**

**Auburn at DeWitt Center**
11542 B Avenue, Auburn CA  (530) 889-7610
Hours: Mon. – Fri. 8 am – 11 am, 1 pm – 3 pm

**Rocklin**
1000 Sunset Blvd. #220, Rocklin, CA  (916) 784-6000
Hours: Mon. – Fri. 8 am – 11 am, 1 pm – 3 pm

**North Lake Tahoe at Carnelian Bay**
5225 North Lake Blvd. Carnelian Bay, CA 96140  (530) 546-1900
Hours: Mon. – Fri. 8 am – 11 am, 1 pm – 3 pm

Programs include food stamps, Medi-Cal health insurance, Medical Care Services Program (MCSP), CalWORKS/TANF, Housing Choice Voucher Program and General Relief / Assistance. To apply, applicant must bring the following:

- **Photo ID**
- **Social Security / Alien Status / Temporary Residency Card**
- **Verification of Placer County residency (rent/lease agreement in applicants name, note from landlord or roommate, or utility bill in applicants name)**
- **Verification of income (pay stub, benefits, tax return or log of cash receipts or other miscellaneous income)**
- **Verification of Assets**
- Applicant may also be asked for proof of free services attained (housing, utilities, food, etc), vehicle registration, life or health insurance policies, medical application documents, or other documents determined necessary by the eligibility worker.

**Placer County Health and Human Services**
3091 County Center Dr. #290, Auburn  (530) 886-1870 FAX (530)745-3135
5225 North Lake Blvd., Carnelian Bay, CA  (Tahoe)(530) 546-1900 FAX (530) 546-1912

**Medical clinics:**
11583 C Ave, Auburn  (530) 889-7215
8665 Salmon Ave, Kings Beach (530) 546-1970

**Social Security Office**
11855 Edgewood Road, Auburn (866) 931-6087  National toll-free  (800) 772-1213
Hours: Monday – Friday 9:30 a.m. – 4:30 p.m. Closed on federal holidays.
Non-profit organization that provides an Experiential Seminar and Outdoor Adventure program for teens based in and around Auburn, California. Provides teens with opportunities to challenge themselves and learn life skills, and to build team and leadership skills.

Non-profit organization for teens and young adults that offers positive events, concerts, and open mics, arts and music workshops, youth ambassador programs, leadership trainings, community service opportunities.

Non-profit organization for ages 13-18. Homework assistance, sports, arts, dance, nutrition, games, safety/prevention programs, computers, career programs and more.

Non-profit organization for young men and women ages 18-25. Cannot be on probation or parole. Participants work outdoors to protect and restore California’ natural environment, and respond to disasters. Classes in career planning, specialized training courses and more.

Encourages youth-adult partnerships and facilitate positive drug-free events for teens. Local chapters throughout the state.

Crisis counseling, information and referrals, connection to services, confidential. For youth and families. Multiple languages.

Non-profit organization that provides foster children with Court Appointed Special Advocates (CASAs), at-risk youth with dedicated A2Y (Adult-to-Youth) mentors, and at-risk parents with family mentors.

Free and confidential services for teens and their families in crisis. 6-bed co-ed short-term group home facility for ages 12-17, provides counseling and reunification services, conflict resolution, referrals and more. The minor cannot currently be on formal probation, in foster care, or suicidal.

Hundreds of free or greatly discounted products and services available through iFoster’s corporate, government, and non-profit partners to help with school, youth employment, recreational activities, parenting child care, health, household expenses, food, clothing, and other personal needs. To qualify, must be one of the following: transition-age foster, kinship or probation youth (16-24); foster family; kinship family or relative caregiver; legal guardian; adoptive family; or an agency serving of these.

Collaborative program with the Placer County Office of Education, Department of Rehabilitation and PRIDE Industries that provides pre-vocational training and job placement to youth ages 16-19, who are or have been in out-of-home placement, reside in or attend school in Placer County, and have a disability.
**Kids First**
124 Main Street, Roseville (916) 774-6802
11960 Heritage Oaks Place, #3 Auburn (530) 887-3536


**KidZkount**
Main Office – 1166 High St, Auburn, CA (530) 885-KIDS (5437) Toll free (800) 655-0432
Application line – (530) 886-4122


**K.I.N.D. – Kids in Need Of Diversion Program / Golden Sierra Life Skills**
3240 Professional Dr. #A, Auburn CA 95603 (530) 887-9245 FAX (530) 887-1379

Non-Profit organization that provides an education-based intervention and diversion program for youth 11-17 years old. Topics include: anger management, bullying, gangs, communication, conflict resolution, drugs/alcohol, smoking, cheating, fighting, theft, truancy, stress, and more. Other programs include: Co-Parenting and Men, Infants, and Children (MIC)

**Latino Leadership Council**
2945 Bell Road, Auburn #274 (530) 333-9230

Non-profit organization. Provides a wide variety of services, including: substance abuse prevention, gang prevention, teen pregnancy prevention, Parent Project, youth activities and health services, to Spanish-speaking populations.

**Placer Sheriff’s Activities League**
Rock Creek Elementary School
3050 Bell Road, Auburn
Mondays: 2:00 – 4:30 p.m. Wednesdays: 3:00 – 5:30 p.m. Fridays: 3:00 – 5:30 p.m.

Non-profit organization for at-risk youth, ages 11-17. Activities include a variety of sports and tutoring. Free of charge.

**Sierra Native Alliance**
610 Auburn Ravine Road, Suite G, Auburn (530) 888-8767 FAX (530) 888-8757

A variety of services, including: outpatient treatment, parenting classes, family services, cultural education and youth programs, with a Native American perspective.

**Stand Up Placer (Formerly Peace for Families)**
11985 Heritage Oaks Place, Suite 200, Auburn, CA 95603 (530) 885-0443
775 Sunrise Ave Suite 160, Roseville, CA 95661 (916) 773-7273
24-Hour Crisis Line for emergency housing and assistance (800) 575-5352

A private, non-profit community-based organization that provides services to victims of domestic violence and sexual assault in Placer County. Services include: emergency housing, 12-24 month supportive housing, crisis intervention, social and legal services, support groups and counseling.

**Teens Matter**
991 Lincoln Way, Auburn (530) 889-2300

Life skills and challenges program for teens and young adults ages 12-20. Scholarships available.

**Unity Care**
11716 Enterprise Drive, Auburn (530) 886-5473

Community-based, non-profit, multi-service youth and family development agency. Educational and social programs for at-risk youth and their families. Offers the TIP program (Transition to Independence Process) for ages 14-24 who are experiencing emotional, behavioral, or other challenges.

**W.A.T.A.H. – We Are Teens Always Helping**
655 Menlo Drive, Rocklin, CA 95765 (530) 886-2868 FAX: (530) 889-6735

Email: watah@placer.ca.gov

The WATAH group is made up of adolescent boys and girls, ages 12-16, who meet on Tuesdays and Thursdays from 4:00 – 5:30 p.m. Intervention for at-risk or out-of-control teens and their families with group meetings and family team meetings, addressing issues such as: personal feelings, peer pressure, decision making, and goal setting. There are also fun activities included. Free of charge.
Western Sierra Youth Build
12338 McCourtney Road, Grass Valley CA 95949 (530) 272-2643 ext. 203

A public charter school that provides academic and vocational training for youth, ages 18-25, who are in need of a high school diploma. Students also participate in life skills, career development classes, leadership development and community service activities.

Whole Person Learning
11816 Kemper Road, Auburn CA 95603 (530) 823-6903 or (530) 823-2499 FAX (530) 823-6190

A variety of programs that help foster youth transitioning to adulthood. Offers career counseling, college preparation, housing assistance (HOPE and THP-Plus) and other classes.

YES (Youth Empowerment Support)
11716 Enterprise Dr, Auburn CA 95603 (530) 886-2867

Provides opportunities and trainings for community and system transformation as well as direct support, groups, and leadership opportunities for young people at risk of, in, or emancipating out of system services.
### MENTAL HEALTH & COUNSELING SERVICES

**Adult Mental Health Services Intake Line**
1-888-886-5401

A no-cost method to request mental health services.

<table>
<thead>
<tr>
<th><strong>Affordable Counseling and Educational Services</strong></th>
<th><a href="http://www.affordablecounseling.net">www.affordablecounseling.net</a></th>
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<tr>
<td>3101 Sunset Blvd. #6-C, Rocklin (916) 630-9188</td>
<td>FAX (916) 251-7523</td>
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Parenting, co-parenting, anger management, 52 week domestic violence, supervised visits, women’s healing groups, individual/couples/family counseling. Services for men and women, English and Spanish and are located throughout Placer and Sacramento Counties. Fees are on a sliding scale.

<table>
<thead>
<tr>
<th><strong>Alternatives to Violence Project</strong></th>
<th><a href="http://www.avpcalifornia.org">www.avpcalifornia.org</a></th>
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<tr>
<td>P.O. Box 3294, Santa Barbara, CA 93130-3294</td>
<td>(800) 905-6765</td>
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A multicultural 501(c)3 organization offering experiential workshops that empower individuals to lead peaceful lives through affirmation, respect for all, community building, cooperation, and trust. AVP builds on a spiritual base of respect and caring for self and others, working both in prisons and with groups in the community. Workshops are open to anyone who wishes to attend. The only requirement is that the participant attends voluntarily. Fees are reasonable, with a sliding scale ranging from $25 to $125; your choice. Scholarships are available. No one is turned away for lack of funds.

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<tr>
<th><strong>BHC Heritage Oaks</strong></th>
<th><a href="http://www.heritageoakshospital.com">www.heritageoakshospital.com</a></th>
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<tr>
<td>4250 Auburn Blvd. Sacramento</td>
<td>(916) 489-3336 FAX (916) 972-0444</td>
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Full-service mental health facility for adults and adolescents. Inpatient as well as intensive out-patient program for co-occurring clients.

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<tr>
<th><strong>C.A.L.M</strong></th>
<th>Email Jerry Watkins: <a href="mailto:Olbreazy@gmail.com">Olbreazy@gmail.com</a></th>
<th><a href="http://www.keslerbrockhoff.com">www.keslerbrockhoff.com</a></th>
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<tr>
<td>152 Maple St #C, Auburn, CA (530) 888-7958</td>
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Anger management, state-certified and court approved 52 week domestic violence program. Bilingual (English/Spanish) Sliding scale fees.

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<tr>
<th><strong>Insights Counseling Services (formerly New Mourning)</strong></th>
<th><a href="http://www.insightscounselingservices.org">www.insightscounselingservices.org</a></th>
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<tbody>
<tr>
<td>263 Nevada Station, Auburn</td>
<td>(530) 887-1300</td>
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<tr>
<td>8207 Sierra College Blvd. #510, Roseville</td>
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<tr>
<td>565 Brunswick, #10, Grass Valley</td>
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Counseling and grief recovery for adults, children and families.

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<tr>
<th><strong>Lighthouse Counseling &amp; Family Resource Center</strong></th>
<th><a href="http://www.lighthousefrc.com">www.lighthousefrc.com</a></th>
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<tr>
<td>427 A Street #400, Lincoln, CA (916) 645-3300</td>
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Non-profit organization. No-cost counseling, support, family resources, mental health services and classes. English and Spanish speaking. Classes include: ESL, literacy, parenting, relationship workshops, WIC. Support groups for: depression/anxiety, Hispanic support group, Women’s Empowerment.

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<tr>
<th><strong>Manalive/MAV Center</strong></th>
<th>Email – <a href="mailto:david@mavcenter.org">david@mavcenter.org</a></th>
<th><a href="http://www.mavcenter.org">www.mavcenter.org</a></th>
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<tr>
<td>Main office: 884 Lincoln Way #31, Auburn</td>
<td>(530) 392-0714</td>
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Non-profit men’s program committed to helping age 16 and older stop violence to themselves, their partners and their community. Court approved 52 week domestic violence (batterers treatment program). Classes in Auburn and Roseville.

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<tr>
<th><strong>Mental Health America of Northern California</strong></th>
<th><a href="http://www.mhanca.org">www.mhanca.org</a></th>
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<tr>
<td>1908 O Street, Sacramento(916) 366-4600 FAX (916) 855-5448</td>
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MHANCA works with individuals and families with mental health challenges to promote wellness and recovery, prevention and improve access to services and supports. Programs include: family advocacy, LGBTQ Reducing Disparities Project, LGBTQ Youth Collaborative, Peer Partner Program, SAFE (Sacramento Advocacy for Family Empowerment), senior peer counseling, support groups, self-help training, and more.

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<tr>
<th><strong>Nami – National Alliance for the Mentally Ill</strong></th>
<th><a href="http://www.namipc.org">www.namipc.org</a></th>
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<tr>
<td>P.O. Box 7706, Auburn, CA 95604 (916) 554-0554</td>
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**Assisted living program - the Summit House in Auburn (AMIH@amihousing.org).** Monthly “care and share” meetings for family members of loved ones with mental health issues who need information and emotional support. “Family to family” program, free 12 weekly sessions to help family members understand and support their mentally ill relative.

**National Domestic Violence Hotline**
(800) 799-7233

**New Pathways Counseling**
5890 Newman Court, Sacramento CA  (916) 452-7481

Non-profit organization. Low cost counseling for individuals, couples, families and children. Fees based on ability to pay. Mental health services available. Spanish speaking.

**Northern Valley Catholic Social Services**
Regional office: 2400 Washington Ave. Redding, CA  (530) 241-0552

[www.nvcss.org](http://www.nvcss.org)
Provides low-cost or free mental health, housing, vocational and support services to individuals and families in California's Northern Sacramento Valley.

**Pacific Counseling and Trauma Services**
706 Natoma St, Folsom CA 95630 (916) 608-4569

[www.pacifictraumacenter.com](http://www.pacifictraumacenter.com)
Individual, couples, and family therapy for any type of emotional trauma. Also offers EMDR, Brainspotting, and Somatic Archaeology forms of therapy. There is also a 501(c)3 non-profit sector to offer services to individuals regardless of their ability to pay.

**Pacific Educational Services**
[www.pesprograms.com](http://www.pesprograms.com)

**Placer Counseling Center**
E-mail: Placercounseling@sbcglobal.net
1230 High Street #120, Auburn, CA  (530) 887-1637

[http://placer-counseling.marriage-family.com](http://placer-counseling.marriage-family.com)
A non-profit agency, reasonable fees and sliding fee scale, flexible appointments. Educational programs include parenting, sexual abuse education, anger management groups, life skills as well as supervised visitation for families, psychotherapeutic / educational groups and individual and family counseling.

**Placer County Adult Systems Of Care**
11512 B Avenue, Dewitt Center, North Auburn  (530) 889-7293
101 Cirby Hills Dr. Roseville, CA

[www.placer.ca.gov/Departments/hhs/adult.aspx](http://www.placer.ca.gov/Departments/hhs/adult.aspx)
Mental health services, substance abuse treatment, crisis services, adult protective services, in-home support services and more. Another service available is for adult men and women with mental illness who have been homeless for 6 months or more and demonstrate a willingness to engage in mental health services to become self-sufficient. Programs include Placer Housing and Recovery Treatment Success, subsidized housing program (up to 12 months) that serves those at risk of homelessness, employment assistance, housing vouchers, mental health rehabilitation, medications, day treatment, health services and vocational and counseling assistance.

**Placer Dispute Resolution Service**
P.O. Box 1771, Loomis, CA 95650  (916) 645-9260

[www.pdrs.org](http://www.pdrs.org)
Mediation is a way for people to work out their problems and arrive at mutually agreeable resolutions with the help of trained, impartial mediators who facilitate productive, future focused communication between the parties. It is a voluntary, confidential settlement process.

**Redefining You Therapy**
3105 1st Street, Sacramento, CA 95817  (916) 956-6232

[www.redefiningyoutherapy.com](http://www.redefiningyoutherapy.com)
An independent psychotherapy practice. Mental health services. Treat individuals with a wide range of psychiatric disorders and behavioral conditions including: depression, anxiety, chemical dependence, personal growth and life coaching. Primary focus is treating individuals who have experienced unresolved trauma such as sexual abuse, victims of crime, and veterans who have experienced combat trauma and military families.

**Sacramento County Behavioral Health Services**
Primary Care Center: 4600 Broadway, Sacramento 95820  (916) 875-1055
7001-A East Parkway, Suite 400, Sacramento  (916) 875-7070

[www.dhhs.saccounty.net](http://www.dhhs.saccounty.net)
### Sierra Mental Wellness Group (formerly SFS)

333 Sunrise Ave #701, Roseville  
560 Wall Street #D, Auburn  
2690 Lake Forest Rd #B, Tahoe City  

(916) 783-5207  
(530) 885-0441  
(530) 581-4054

Professional and affordable individual, couple and family counseling, crisis services, child and adolescent programs, substance abuse treatment and prevention, mental health services, certified 52 week Batterers Treatment Program and anger management. Medi-Cal accepted, sliding fee scale.

### The Trevor Project

24 hour crisis line (866) 488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth.

### Turning Point (Coloma Center)

120 Ascot Center Suite D, Roseville, CA 95661  

(916) 786-3760

Intensive adult mental health services for clients 18 and over. Transitional services for clients 18-25.

### United Advocates for Children and Families (UACF)

Main Office – 2035 Hurley Way, Sacramento  

(916) 643-1530

Family and friend coordinators/family advocates for families of loved ones with mental, emotional and behavioral issues; programs and services for parents with children with mental health challenges.

### VIP (Violence Intervention and Prevention) – ManAlive

P.O. Box 216225, Sacramento, CA 95621  
1-877-Don’t Yell (366-8935)  

(916) 484-6738

Classes located at: 3101 Sunset Blvd. #6C, Rocklin

Court-approved 52 week batterers treatment program. Classes in Auburn and Roseville. WomanAlive program also available.

### WEAVE (Women Escaping a Violent Environment)

1900 K Street, Sacramento  
7600 Hospital Drive, Sacramento  

(916) 920-2952 or Toll-free (866) 920-2952

Crisis intervention services for survivors of domestic violence and sexual assault in Sacramento County. Also provides outreach and services for international and domestic victims of human trafficking. Services for teens and adults. Confidential emergency temporary housing.

### Well Space Health (Formerly The Effort)

Roseville, Folsom, Sacramento  

(916) 737-5555

**VETERAN’S SERVICES**

**A Bridge to Life Center at Mission Solano**
310 Beck Ave., Fairfield  (707) 425-3663

Faith-based, non-profit organization. Emergency shelter, housing, food and mental health counseling for veterans and families.

**CalVet**
2007 19th St, Sacramento  (916) 874-6811
1000 Sunset Blvd. #115, Rocklin, CA  (916) 780-3296
988 McCourtney Rd, Grass Valley  (530) 273-3396

Information on resources and referrals for veterans including: housing, employment, education, healthcare, benefits and services.

**Dr. Page Brown**
254 Colfax Ave # B, Grass Valley  (530) 274-9509

No cost counseling, psychological services, psychological evaluations and advocacy for combat veterans of any era.

**Forgotten Soldier**
991 Lincoln Way, Auburn, CA  (530) 889-2300

Free program offering services such as mentoring, holistic healing, life skills tools, education, various types of therapy and counseling for all who have served in any branch of the U.S. military, regardless of discharge type.

**Gold Country Chaplaincy**
PO Box 654, Loomis, CA 95650  (916) 259-1001

Christian-based, non-profit organization that provides services such as: grief support, crisis counseling, and spiritual support for first responders, military veterans, and their families.

**Sacramento Veterans Resource Center**
7270 East Southgate Drive, Sacramento CA 95823  (916) 393-8387  FAX (916) 393-8389

A multi-function campus with a small business outreach center, employment assistance, training and counseling, housing for homeless veterans (including women and their children), and a residential drug/alcohol treatment center.

**Social Security – Disability for Wounded Warriors**
(800) 772-1213  TTY for hearing impaired (800) 325-0778

Military service members can receive expedited processing of Social Security disability claims. The benefits available are different than those from the Department of Veterans Affairs and require a different application. For service members who became disabled on or after October 1, 2001, and it doesn’t matter where the disability occurred.

**The Soldier’s Project**
(916) 792-3728 or toll-free (877) 576-5343

Private, non-profit independent group of licensed mental health professionals. Free, confidential mental health treatment for veterans and loved ones who served in Iraq and/or Afghanistan since 2003, regardless of discharge or branch of service.

**Veteran’s Affairs (VA)**
Information and referrals for VA:2995 First Street, Auburn  (530) 889-7968
Outpatient services: 3123 Professional Drive #25, Auburn  (530) 889-0872
Sierra Foothills Outpatient Clinic – 11985 Heritage Oak Place, Auburn (530) 889-0872
1000 Sunset Blvd. #115, Rocklin  (916) 780-3290
10535 Hospital Way, Mather AFB, Sacramento  (916) 366-5366

**Vietnam Veterans of America, Sacramento Valley Chapter 500**
7909 Walerga Rd. #112, Antelope  (916) 481-6020

Housing and temporary financial assistance available for low-income veterans and their families. Other services available include substance abuse treatment, youth and senior services.
Alta California Regional Center
Main office: 2241 Harvard Street #100, Sacramento (916) 978-6400

Assists with coordinating services and support for individuals with developmental disabilities, including: mental retardation, cerebral palsy, epilepsy, autism. To qualify for services, the onset of the disability had to occur prior to the age of 18 and be expected to continue indefinitely.

California Victim Compensation Program
(800) 777-9229
www.victimcompensation.ca.gov email info@vcgcb.ca.gov

A program that can help victims pay bills and expenses that result from certain violent crimes. The VCP can help victims of crimes and their families such as domestic violence, child abuse, assault, drunk driving, robbery, homicide and sexual assault. Related expenses can be medical/dental bills, counseling, income loss, funeral expenses, home or vehicle modifications, relocation, crime scene clean-up, etc.

Placer County Victim/Witness Program is operated through the Placer County District Attorney’s Office – (916) 543-8000 10810 Justice Center Drive, Roseville, CA

Connections Workforce Development (Golden Sierra)
www.goldensierra.com/jobs/
1919 Grass Valley Hwy #100, Auburn (530) 823-4631
115 Ascot Drive #180, Roseville (916) 746-7722

Free services include job search assistance, “How-To” sessions and workshops. Computers and various information available. Must have a current ID card or Driver’s License and a social security card.

Department of Rehabilitation (Vocational rehabilitation services)
www.dor.ca.gov/
11641 Blocker Dr. #125, Auburn, CA (530) 823-4040
151 N. Sunrise #601, Roseville, CA (916) 774-4400

Service for individuals who have a mental or physical disability and who have a desire to be gainfully employed. Services include career training and assistance to obtain employment. Free of charge.

The Eternity Challenge
www.TheEternityChallenge.com
4200 Rocklin Rd #1, Rocklin CA 95677 (916) 624-4428

Christian-based, non-profit organization offers programs and services including: housing, re-entry, employment assistance, addiction recovery, life skills, homeless assistance, veterans assistance, children’s services and more.

Goodwill Industries
www.goodwill.org
(800) Goodwill

Customized job training, employment placement, and other services for individuals who have disabilities, lack education or job experience, or face employment challenges. Also do other community programs.

Health Express
www.seniorsfirst.org/health-express/
c/o Seniors First 11566 D Ave., Auburn (530) 887-7433 or toll-free (800) 655-7433

A transportation service for western Placer County residents that provides rides to and from medically related appointment for those struggling to find affordable transportation. Donation based. No age or ability restrictions, oxygen and wheelchairs OK. Monday-Friday 8:00 a.m. – 5:00 p.m. Two day notice requested.

Helping Hearts
(916) 368-7200
www.helping-hearts.org/

Non-profit organization. Free assisted and independent living placement, in-home care services, board and care homes, financial and insurance services, power of attorney/trusts, conservatorships, and more for elderly and disabled individuals.

Legal Services of Northern California
https://lsnc.info/
190 Reamer Street, Auburn (530) 823-7560
515 12th Street, Sacramento (916) 551-2150

Provides free legal assistance to individuals and groups who meet income-eligibility requirements. Services range from referrals to representation, depending upon the client’s needs. LSNC can provide legal assistance with housing, health rights, income maintenance, and civil rights. LSNC cannot assist with criminal defense, accident, child support, divorce, bankruptcy, personal injury, traffic, estates, or will preparation. Can provide limited assistance for Pro Per litigants in civil cases including family law, landlord/tenant, small claims, guardianship and debt collections.
MHSA TAY Level 1
Contact: Victoria Salas  (916) 786-3750 ext. 2117 Email: victoriasalas@tpcp.org

A voluntary program collaboration between Whole Person Learning, Turning Point and Placer County ASOC. Peer support for transitional age youth (ages 18-25) with mental health challenges. Transition support areas include: education, employment, housing, transportation, health and safety, financial management, connections to community resources, etc.

Mothers Against Drunk Driving (MADD)
4629 Whitney Ave., Sacramento, CA (916) 481-6233

Victim support groups, advocacy program to reduce drunk driving. Victim Impact Panel (required for DUI offenders). For the Victim Impact Panel, call (800) 426-6233 or www.maddcalifornia.org/vip

Placer Adult Literacy Program
Main Officer - Placer County Library, 350 Nevada Street, Auburn, CA (530) 886-4530

Free service for Placer County residents who want help with their reading and writing skills. Free of charge, available throughout the county.

Placer County Department of Child Support Services
1000 Sunset Blvd. #200, Rocklin, CA
5225 N. Lake Blvd. Carnelian Bay, CA (Tahoe)
Toll free (866) 901-3212

Can assist with establishing a court order for child support, modify a current support order, release of a driver’s license hold due to non-payment of child support, requesting a Compromise of Arrears (past due support).

Placer County Family Court and Legal Help Center
Bill Santucci Justice Center, 10820 Justice Center Drive, Roseville
Hours: Monday – Friday 9:00 a.m. – 3:00 p.m.

Placer School for Adults
390 Finley Street, Auburn, CA (530) 885-8585

http://placeronline.org/

PRIDE Industries Youth Services Program
Placer County (916) 788-2149

Qualifying Placer County residents ages 17-21 years old can receive assistance with enrolling in school/classes, tutoring, build employment skills, individualized support, paid work intern experience. Transportation assistance.

Red Cross
(530) 885-9392
Hours: Mon-Thurs, 9am – 3pm

Roseville Adult School
200 Branstetter Street, Roseville, CA 95678 (916) 782-3952 FAX (916) 782-4361

Women’s Empowerment
1590 N. A Street, Sacramento, CA (916) 669-2307

A non-profit organization that works with homeless women to help them build the skills they need to go back to work and maintain stable housing. 8 week free program. Daycare and transportation assistance provided. Women receive health education, nutrition, smoking cessation, and relapse prevention. Access to healthcare including eye exams, dental visits, access to care from a private physician, child development assessments, yoga, fitness, and more.

ADDITIONAL RESOURCE WEBSITES:

www.placernetworkofcare.org www.campaignforcommunitywellness.org www.afsp.org

www.suicide.org www.warmlinefrc.org/placer-county.html

Updated: August 2016
If you notice an error, or would like to suggest a resource, please contact DPO Michelle Hamilton at (530) 889-7932 or email: mhamilto@placer.ca.gov