

Elementary School Compliant Snack List		
Brand	Name/Description	Serving Size
Cereal/Breakfast Bars		
Fiber One	Streusel Bar- Strawberry or Blueberry Only	1 bar (1.42 oz)
Kellogg's	Nutri-Grain Soft Baked Cereal Bars- All Flavors	1 bar (37 g)
Quaker	Soft Baked Bars- Banana Nut Bread or Cinnamon Pecan Only	1 bar (42 g)
Chips/Pretzels/Popcorn/Corn Nuts		
Jolly Time	Healthy Pop Butter 94% Fat Free- 100 Calorie Pack	1 Package
Motts	Fruit Snacks: All Flavors	1.6 oz
Smart Balance	Smart N' Healthy Popcorn	4 cups Popped
Pirate's Booty	Popcorn- Aged White Cheddar	.75 oz
Quaker	Popper Rice Snacks- Apple Cinnamon or Chocolate Only	1 oz
Quaker	Rice Cakes- All Flavors	1 cake
Cakes/Cookies/Crackers		
Annie's	Bunny Grahams- Honey, Chocolate, and Chocolate Chip	1.25 oz
Hostess	Mini Muffins- Banana Only	1.61 oz
Nabisco	Honey Maid Grahams	8 Crackers (2 Sheets)
Nabisco	Honey Maid Fresh Stacks	1 pack (30 g)
Nabisco	Teddy Grahams Pouches- Chocolate, Cinnamon, and Honey	1 pouch (28 g)
Nabisco	Teddy Grahams Pouches- Chocolate, Cinnamon, Chocolate Chip and Honey	24 pieces
Nabisco	Triscuit- All Flavors	6 crackers
Nabisco	Triscuit Thin Crisps- All Flavors	15 crackers
Nabisco	Wheat Thins- Original, Reduced Fat, Multigrain, Toasted Chips	14 pieces (1 oz)
Granola Bars		
CLIF	Kid Zbar- Iced Oatmeal Only	1 bar (36 g)
Kashi	Chewy Granola Bars- Peanut Butter or Honey Almond Flax Only	1 bar (35 g)
Nature Valley	Chewy Trail Mix Bar	1 bar (35 g)
Nature Valley	Crunch Granola Bar- Oats N Honey, Peanut Butter or Cinnamon Only	1 bar (42 g)
Quaker	25% Less Sugar Chew Granola Bars- All Flavors	1 bar (24 g)
Ice Cream/Frozen Novelties		
Blue Bunny	Sweet Freedom No Sugar Added Fudge Lites	88 g
Blue Bell	Fruit Bars- All Flavors	1 bar (67 g)
Fudgsicle	No Sugar Added	1 bar (65 g)
Fudgsicle	100 Calorie Bar	1 bar (65 g)
Healthy Choice	Premium Fudge Bars	1 bar (64g)
Luigi's	100% Juice Sorbet- Orange, Grape, Lime, or Blue Raspberry Only	4 fl oz
Ridgefield's	Sidekicks 100% Fruit Juice Cup- Sour Cherry Lemon, Kiwi Strawberry, Blue Raspberry Lemon or Strawberry Mango Only	4 fl oz
Skinny Cow	Bars- Fudge Only	1 bar (69 g)
Whole Fruit	100% Fruit Bar- Berry, Cherry or Sour Apple Only	1 bar (2 fl oz)

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Drinks		
Fruit Wave	Fruit H2O Flavored Water- Green Apple or Kiwi Watermelon <i>Only</i>	12 fl oz
Kraft	Capri Sun 100% Juice Blend- Fruit Punch, Apple Splash, Berry Breeze	6.75 fl oz
Switch	Sparkling 100% Juice- Fruit Punch, Hardcore Apple or Kiwi Strawberry	8.3 fl oz
Treetop	100% Apple Juice	≤ 8 fl oz
Treetop	100% Juice Assorted	≤ 8 fl oz
Treetop	Fresh Pressed Juice	≤ 8 fl oz
Welch's	100% Juice- Grape, White Grape, White Grape Cherry, White Grape Peach, White Grape Blueberry Kiwi, or Strawberry Kiwi	≤ 8 fl oz
Welch's	100% Fruit Shot- Grape, Raspberry Lime, Strawberry Mango, or White Grape Passion Fruit	1 can (5.5 fl oz)
Yogurt		
Chobani	Fruit on the Bottom Greek Yogurt- All Flavors	170 g
Dannon	Oikos Non-Fat Greek Yogurt- All Flavors	5.3 oz (150 g)
Dannon	Light & Fit- All Flavors	5.3 oz (150 g)
Yoplait	Go Big Yogurt	1 tube- 4 oz
Yoplait	Go-Gurt- All Flavors	1 tube- 2 oz
Yoplait	Greek 100 Frotein- All Flavors	150 g
Yoplait	Light Yogurt- All Flavors	6 oz
Yoplait	Original Yogurt- All Flavors	6 oz
Yoplait	Trix Yogurt- Wildberry & Cotton Candy	113 g