

**Parent Consent and Physician Authorization  
For Management of Diabetes at School and School Sponsored Events**

Highland Park Independent School District

Pupil: \_\_\_\_\_ DOB: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

**Physician's Written Authorization: Please initial and check all boxes that apply**

1. **Blood Glucose Testing:**  Before meals  As needed  
 By pupil  Needs assistance
  
2. **Routine Care of Hypoglycemia When Below 70:**  
 Self treatment of mild lows  Assistance for all lows  
 Notify when: \_\_\_\_\_
  
3. **Emergency Care of Severe Hypoglycemia:**  
 Glucose gel:  Conscious  Unconscious  
 Glucagon injection:  0.5 mgm  1 mgm  
 Notify when: \_\_\_\_\_
  
4. **Care of Hyperglycemia:**  
 240 or above  300 or above  Other: \_\_\_\_\_  
 Check ketones if 300 or above as follows:  
 By pupil independently  Needs assistance
  
5. **Insulin at school:**  
 Not at this time  
 Lunchtime dose: use sliding scale  
 Correction lunchtime dose: use sliding scale  
 Carb Counting: \_\_\_\_\_ # units per \_\_\_\_\_ gms Carbohydrate  
 Morning snack  Lunch  Afternoon snack

**If Insulin At School: Brand Name and Type:**

- |  |   |
|--|---|
| <b>Dose Preparation By:</b>              | <b>Equipment Used</b>                     |
| <input type="checkbox"/> Pupil           | <input type="checkbox"/> Syringe and vial |
| <input type="checkbox"/> Parent          | <input type="checkbox"/> Insulin pen      |
| <input type="checkbox"/> Parent designee | <input type="checkbox"/> Insulin pump     |
| <input type="checkbox"/> Licensed nurse  | <input type="checkbox"/> Inhaler          |

**# of SQ Insulin Units Determined By:**

- Pupil  Licensed nurse

**Written sliding scale as follows:**

Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ Units  
 Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ Units  
 Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ Units  
 Blood Glucose from \_\_\_\_\_ to \_\_\_\_\_ = \_\_\_\_\_ Units

**SQ Insulin Administered By:**

- Pupil  Parent  
 Parent designee  Licensed nurse  
 Pupil with staff verification of Insulin Pen or Pump #.

(All parent designees are trained by the parent and are not employees of the school or district)

**Other Needs (Specify):** \_\_\_\_\_

**Parent Consent for Management of Diabetes at School**

We(I), the undersigned, the parent(s)/guardian(s) of the above named pupil, request that the following specialized physical health care service for Management of Diabetes in school be administered to our (my) child:

- I will:
1. Provide the necessary supplies and equipment
  2. Notify the school nurse if there is a change in pupil health status or attending physician
  3. Notify the school nurse immediately and provide new consent for any changes in doctor's orders,
- I authorize the school nurse to communicate with the physician when necessary.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Physician Authorization For Diabetes Management In School**

My signature below provides authorization for the above written orders. This authorization is for a maximum of one year. If changes are indicated, I will provide new written authorization (may be faxed)

I have instructed \_\_\_\_\_ in the proper way to use his/her medications. It is my professional opinion that \_\_\_\_\_ should be allowed to carry and use that medication by him/herself. \_\_\_\_\_ Physician Initial

Physician Name \_\_\_\_\_ Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Reviewed by School Nurse (Signature) \_\_\_\_\_ (Date) \_\_\_\_\_