

AISD Health Advisory Council - 10/23/2017

Meeting Attendees:

Mr. Alex Remschel, Assistant
Superintendent
Mrs. Heather Thies, Child Nutrition Director
Ms. Susan Bond, LVN, AISD School Nurse
Mrs. Jana Warren, AES Counselor
Mr. Zach Nichols, AMS PE Teacher/Coach
Mrs. Deanna Schreier, parent
Ms. Kimberly Green, parent
Mrs. Sylvia Lopez
Ms. Jenna Moore
Mrs. Jennifer Hammonds, parent

Meeting Facilitator: Alex Remschel
Notes taken by: Jennifer Hammonds

Agenda passed out; Meeting called to order.

1. Review of Minutes from 5/8/2017
 - a. Review of decision to purchase SPARK coordinated school health program
 - b. Monthly health and wellness themes covered in newsletters
2. Need for timely information sent to parents regarding sexual education
3. Can leftover fruit from lunches be used...?
 - a. Heather updated that Bell Co approved
 - b. Region 12 approval is still in progress
4. Recommendation for new members – minimum of 5, max of 25
 - a. Target population
 - i. Want to cover all aspects of student body
5. Vote for Leadership
 - a. Chair – Deanna Schreier
 - b. Vice-Chair – Kimberly Green
 - c. Secretary – Jennifer Hammonds
6. Review of Programs
 - a. Health Instruction “SPARK” (PE Teacher) – Mr. Nichols, AMS PE Teacher/Coach
 - i. SPARK is older (5yr plan)
 - ii. Working on Track & Field with the kids
 - iii. PE Coaches are having to enhance the instructions to reach all abilities
 - iv. Nutrition is also being covered from the old health books

- v. Each month we will have a different PE teacher visit to discuss how SPARK is being used for the students
 - vi. Do we still have the “Bee Runners”? No
 - 1. Can we bring this back?
 - 2. Can Watch Dogs help?
- b. Health Services - Ms. Susan Bond, LVN, AISD School Nurse
- i. Tonya Drake is leaving
 - ii. We are hiring for an RN
 - iii. Vision & Hearing testing is going on now
 - iv. Scoliosis after holiday break
 - v. Lice – new law this year, notes no longer have to be sent home
 - vi. Mr. Remschel made a note about having classrooms disinfected
 - vii. Discussed flu shots for students
 - 1. Can we offer this?
 - 2. Does S&W still offer a program?
 - 3. ACTION ITEM: Deanna will reach out to see if this is a possibility
- c. School Counseling – Mrs. Jana Warren, AES Counselor
- i. SPARK does not have a whole lot that is helpful for counseling
 - ii. Kelso for conflict management (cute little frog)
 - 1. ACTION ITEM: Can the Kelso information go home in folders?
 - iii. People are confused as to what a school counselor is
 - 1. We now have a licensed therapist that visits AISD 2 days a week from Starry
 - a. Who refers the child? School Counselor
 - b. Intake paperwork must be completed
 - c. Serves us, Holland, Salado...
 - d. Mondays and Tuesdays
 - e. This is done through a grant and is free of charge to the families
 - f. The office calls the students for their time
- d. Food Service – Mrs. Heather Thies, Child Nutrition Director
- i. Things are just dandy
 - ii. Technical difficulties are occurring – software issues with NutriKids
 - iii. Intermediate has increased 30% in lunches/breakfast
 - iv. Discussed late breakfasts and impact to learning
 - v. Audit 1/31/2018 – do not know which campus yet
 - vi. New Pre-K Program – they eat in the classroom, it is not a free meal – they kids take a tray if they want it
- e. Safe & Healthy Environment (All)
- i. We now have good cameras on all busses
 - ii. Working to improve cameras in other places
 - iii. Parents may view videos, will only get a copy with a subpoena

- iv. Tree issues at AES, trimming limbs and fence was damaged
- v. Watch Dog update

7. Parental Involvement Opportunities – open

- a. Watch Dog will have a spring signup as well as the fall. Does require a background check.
 - i. Can Watch Dogs go all the way through HS?
- b. Bee Runners – is there sufficient interest to bring this back?
 - i. Possibly organize a Fun Run?

8. Open Forum – Questions/Concerns

- a. We all need to come back with one name for a possible member
- b. Can we start a lunch buddies program @ AMS and possibly use the Teen Leadership class as a base group
- c. Next Meetings:
 - i. Monday, 11/27 @ 2pm-3:30pm
 - ii. Monday, 2/26 @ 2pm-3:30pm
 - iii. Monday, 4/9 @ 2pm-3:30pm

9. Adjournment

10. Action Items:

- a. How can we share information to parents about leagues and athletic activities?
- b. Can we start a lunch buddies program @ AMS and possibly use the Teen Leadership class as a base group
- c. Can Watch Dogs go all the way through HS?
- d. We all need to come back with one name for a possible member
- e. Do we want to bring back Bee Runners and possibly organize a Fun Run for the spring?
- f. Jana Warren - Can the Kelso information go home in folders?
- g. Flu shots - Deanna will reach out to see if this is a possibility for AISD