DOLPHIN NEWS

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Grit
Strengths of Will

"Grit is perseverance and passion for long-term goals."

Grit is a critical strength of most people who are successful. It is especially complex because it is related to other skills and mindsets such as optimism, purpose, growth mindset, bravery, and even self-control.

There are a lot of misconceptions about grit. Grit is much more than just encouraging kids to "try harder" or not to give-up-it's about helping them find their passion.

via:
https://characterlab.org/tools/grit

Quick Tip

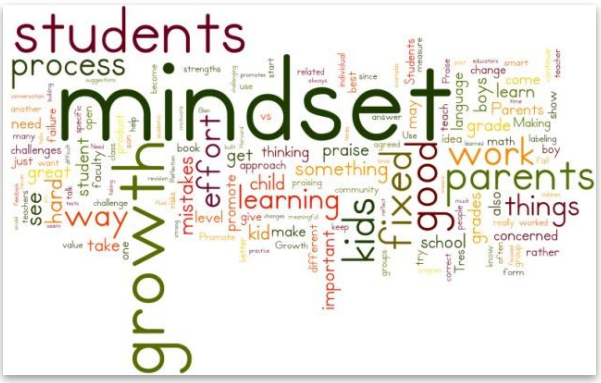
Observing Growth Mindset

Having a growth mindset could involve:
➢Taking on new challenges with optimism
➢Being able to talk about what you learned

via:
https://characterlab.org/tools/growth-mindset.

The Best Way to Teach Mindset? Model It!

When was the last time that you pushed yourself out of your comfort zone? When did you last engage the mindset skills needed to take ownership of your own learning? Isn't that really what we're asking students to do when engaging in deeper learning? Do you remember how hard it can be to learn something new, and have the persistence to continue that learning over a long period of time?



If you believe that students can grow, and you're about to model that you too are continuously growing, you can better relate to your learners when they struggle, and be their champion when they succeed.

Excerpts from an article by Erica Snyder via:

https://www.teachingchannel.org/blog/2015/02/26/model-mindset

WHAT'S HAPPENING THIS MONTH?

SEPT 5-8

- 9/5 No School – Labor Day
- 9/7 – Annual Holiday Fundraiser kicks off!
- 9/8 – GATE Meeting + Back-to-School Night

SEPT 8-15

- 9/8 International Literacy Day
- 9/9 – Men of the Village meeting @7:30 a.m.
- 9/15 –Hispanic Heritage Month begins

SEPT 16-22

- 9/16 – Coffee w/ Principal
- 9/22 – Picture Day

"You have only failed if you have given up, until then it is called learning." – Unknown