

SHAC Meeting December 8, 2011

3:34 PM- 4:20 PM

Attendance: Katrina Childers (Guest Speaker), Nerissa Erickson, John Norrell, Christy McClelen, Jay Tullos, Amanda Burch, Jason Hall, Julie Bratcher, and Sunday Elerson.

Agenda: Guest Speaker, Katrina Childers (CISD Athletic Trainer) gave a presentation concerning students and concussions. She covered Elementary through High School aged students. All head bumps/injuries need to be assessed, followed by phone calls to parents and a precautionary flyer sent home that describes symptoms to look for that could indicate a concussion and need for a Doctor's assessment. If a concussion is the diagnosis then instructions for treatment must be followed by the student for recovery and a release to resume activities.

The next SHAC meeting is being planned for February 2012.

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Members Present: Angie McLeod, Susan Robbins, Amanda Burch, Sunday Elerson, John Norrell, Nerissa Erickson, and Jamie Driver

Guests: Jay Tullos and Judy Pirtle

3:38 pm- 4:45 pm (67 minutes)

Guest Speaker, Judy Pirtle, from Food Services presented what Chartwell's and Canton ISD Child Nutrition has done to implement the current USDA standards. The Department of Ag formulates what is served as well as portion sizes. Adhering to these guidelines is required to be in right standing for funding on a daily basis. Menus have been regulated to reduce fat, sodium, and sugar. For more information on daily servings visit [ChooseMyPlate.gov](http://ChooseMyPlate.gov).

The next SHAC Meeting is scheduled December 8,2011.

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**SHAC met on Thursday, February 3, 2011 at 3:30 pm at the Canton ISD Administration office. Members present for this meeting are as follows: Manry, Norrell, Fisher, Erickson, Pennington, Mclelen and Hall. Non members present are as follows: Pat Bragg, RN (Texas Department of State Health Services) and Carol Steffy, TVCC Nursing student.**

#### **AGENDA AND MINUTES**

##### **I. Welcome/sign in**

**II. Welcome guest Speaker Pat Bragg, RN, Public Heath Nurse. She spoke to the committee about different projects that the Health Department offers free to school districts. Some of those include: School Health Index, which is a school base nutritional monitoring. Teens in the Driver Seat, Pay Attention East Texas, and GASP. The SHAC will continue to look at each program individually and decide if any are right for our district.**

**III. Set date/time/agenda for next meeting. It will be held at CISD administration building on Wednesday, April 13, 2011 at 3:30.**

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