



Helping Others Soar

## Victor Community Support Services – Perris

*"Our Mission is to be a catalyst for sustained improvement in the lives of those we touch."*

### Children's Mental Health Services

Our Children's Mental Health Services (CMHS) program is an outpatient mental health program contracted with Riverside University Health Systems - Behavioral Health and serves children and families in the city of Perris and surrounding communities. The program is available to children who are Medi-cal Eligible, under 18 years of age, and meet medical necessity.

#### CHILDREN'S MENTAL HEALTH SERVICES INCLUDE:

- Assessment and Evaluation
- Individual and Family Therapy
- Behavioral Modification
- Parent Training and Family Support
- Crisis Intervention and Stabilization
- Psychiatric Services including Medication Support and Monitoring
- Case Management and Linkage

Our services are highly individualized and flexible in order to meet the specific needs of families, stabilize immediate crises, and to provide care for the child in the least restrictive setting possible. The majority of services are offered in homes, schools and in the community. We take a team approach that includes Psychiatrists, Clinicians, Mental Health Rehabilitation Specialists, and Peer Support Staff.

### Transitional Age Youth Program

Our Transitional Age Youth (TAY) program is a full-service partnership mental health outpatient program contracted with Riverside University Health System – Behavioral Health. The program is available to young adults 16-25 years of age with a serious and persistent mental illness, who have struggled with multiple foster placements, psychiatric hospitalizations, incarcerations or homelessness. Services are offered to residents of the Mid-County Region of Riverside County including the cities of: Perris, Hemet, Murrieta, Temecula, Lake Elsinore, San Jacinto and surrounding communities.

## **TRANSITIONAL AGE YOUTH PROGRAM SERVICES INCLUDE:**

- Assessment and Evaluation
- Individual, Family and Group Therapy
- Crisis Intervention and Stabilization
- Co-Occurring Treatment
- Independent Living Skills Training
- Parent and Peer Support
- Psychiatry
- Skill Building Groups
- Vocational Assistance
- Educational Assistance
- Housing Resource Linkage

All services are individualized and provided in a strength-based, culturally competent, purposeful and teaching-centered environment. The majority of services are offered in homes, schools and in the community. Unfortunately, the TAY program cannot extend services to individuals who have a history or pattern of serious assaultive behaviors, are on State/Federal parole, or are registered sex offenders.

## **Peer to Peer**

Our Transitional Age Youth (TAY) Peer to Peer program is a prevention and outreach program contracted with Riverside University Health System – Behavioral Health. The primary goal of the Peer to Peer program is to reduce risk factors and improve protective factors in young adults ages 16-25. Activities are offered to the Mid-County Region of Riverside County including the cities of: Perris, Hemet, Lake Elsinore, San Jacinto and surrounding communities.

## **PEER TO PEER ACTIVITIES INCLUDE:**

- Coping and Support Training Groups (CAST)
- LGBTQ Support Groups
- Speaker's Bureau Presentation
- Directing Change Presentations
- Linkage to Community Resources
- Linkage to Mental Health Programs
- Peer Mentorship

Services are provided by Peer Support Specialists who have their own lived experience with mental health services, foster care, or transitioning into college. Activities are offered throughout the community, including but not limited to community centers, high school and college campuses.