

Preparing for Life After High School: 4 Skills & 4 Steps to a Successful Career



Topic: Steps 1 & 2 to Career Success (*Lesson 3 of 4*)

Common Core Standards:

- CCSS.ELA-Literacy.RH-RST.7 Integrate and evaluate multiple sources of information presented in diverse formats and media in order to address a question or solve a problem.
- CCSS.ELA-Literacy.W.8-12.7 Conduct short research projects to answer a question, drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.
- CCSS.ELA-Literacy.W.8-12.2 Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

Overview

There are four main steps to career success, and this lesson will cover steps one and two. The first step is to take a personality or a career assessment. This allows for an understanding of both what you like to do and what you are good at doing. The second step is to explore lots of different careers to find some that are both personally interesting and align with your strengths.

Learning Outcomes

At the end of this lesson, students will be able to:

- Complete an interest profiler
- Use their results to find jobs that match their interests
- Research three of their job choices (*High School Only*)
- Write a short report on their results of both the interest profiler and the job research (*High School Only*)

Materials

1. Computer with internet access for teacher with projection capabilities
2. Projector and screen
3. Copy of the video "Four Skills, Four Steps Lesson 3"
4. Computers with internet access for every student

Academic Vocabulary

- *Profiler*: an evaluation of ones own interests, skills, or abilities
- *Job*: a paid position of regular employment
- *Career Cluster*: route of careers that share common features

Activity

The students will complete the "Interest Profiler" assessment offered on www.cacareerzone.org. The students will then use their results to explore some jobs that match their interests.

The students will then create a short report based on the information they acquired in the profiler and their research. (*High School Only*)



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Lesson Procedures

1. The teacher will introduce the lesson by showing the video “Four Skills, Four Steps Lesson 3.”
2. The teacher will lead a very brief discussion about the video. The teacher will ask the students why they think it is important to have self-knowledge of their skills and interests, and how that knowledge can help them find a career that will be a good match for them. The teacher will also ask if the students understand the difference between strengths and likes.
3. The students will access the website <http://www.cacareerzone.org/assessments> and click on the assessment titled “interest profiler.”
4. The students will begin a new interest profile and will read the directions on the following page. They will click *next* to continue on to the rest of the directions and will click *begin* when they are ready to start.
5. The students will complete the interest profiler by answering if they would like or dislike each of the 180 tasks presented.
6. When the students complete the profiler, they will record their scores for future reference.
7. The students will click on the *view occupations* button and look at the list of jobs that match their interests.
8. The students will record three of the jobs they are most interested in pursuing.
9. The students will conduct research to find out what industry and career path their three jobs are in. (*High School Only*)
10. The students will write a short report based on the information they have acquired during the interest profiler and their job research. (*High School Only*)

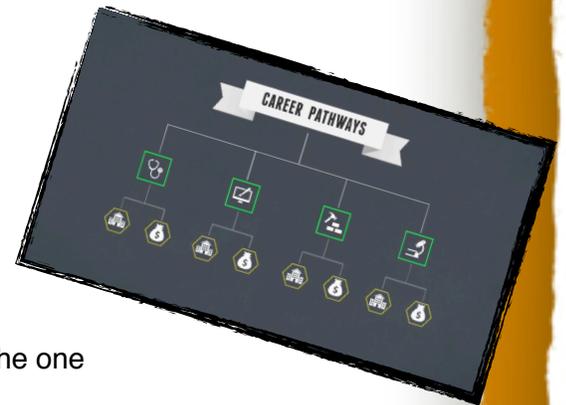
Estimated Time: Two Class Periods (100 Minutes)

Formative Assessments

- The recorded results of the interest profiler and three jobs
- The written report (*High School Only*)
- Participation in class discussions

Adaptations

- The teacher can substitute another appropriate profiler for the one suggested in this lesson plan.
- Students can find another student who has matching interests to partner with when discussing potential jobs.



Additional Resources

- <https://www.cacareerzone.org/assessments>
- <http://www.cacareercafe.com/start/>
- <http://www.cacareercafe.com/explore/>
- <https://itunes.apple.com/gb/app/here-to-career/id1034510839?mt=8>
- <http://www.californiacareers.info/#Lessons>
- <https://www.cacareerzone.org/clusters>