

Have a Great Day!

Bronx Academy of Promise
Lunch Menu

March 2018

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Baked Chicken Orzo Pasta, Sautéed Greens Chick Peas BLT – Turkey Bacon, Lettuce & Tomatoes in a Whole Wheat Wrap Fresh or Cupped Fruit Non-fat& 1 % Milk	2 Pepperoni or Cheese Pizza Carrot Sticks Tossed Salad Peanut Butter and Jelly Sandwich Fresh or Cupped Fruit Non-fat& 1 % Milk
5 Turkey Bolognese w/Fusilli Pasta Broccoli Florets Turkey and Cheese w/ Lettuce & Tomato on W. W. Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	6 BBQ Chicken Mashed Potatoes Pink Beans Cuban Sandwich Turkey/Ham, Turkey, & Swiss on a Pita Fresh or Cupped Fruit Non-fat& 1 % Milk	7 Pepper Steak Sandwich w/ Cheese on a W. W. Roll Curly Fries Green Beans Tuna Melt on W.W. Sliced Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	8 Beef Shepard’s Pie, w/Carrots & Peas House Green Salad Crispy Chicken Wrap w/Cheese, Lettuce & Tomato Fresh or Cupped Fruit Non-fat& 1 % Milk	9 Pepperoni or Cheese Pizza Carrot Sticks Tossed Salad Peanut Butter and Jelly Sandwich Fresh or Cupped Fruit Non-fat& 1 % Milk
12 Chicken Cacciatore Brown Rice Pilaf Vegetable Medley Turkey BLT w/Lettuce & Tomato on W.W. Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	13 Chicken Burrito w/ Rice & Beans, Beans & Corn Medley Turkey/Ham, Cheese w/ Lettuce & Tomato on Whole Wheat Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	14 Chicken Alfredo w/ Farfalle Pasta Broccoli Florets Pastrami Reuben Sandwich, Cabbage & Swiss on W. W. Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	15 Beef Stew Seasoned Brown Rice Seasoned Corn Grilled Turkey/Ham Cheddar Sandwich Fresh or Cupped Fruit Non-fat& 1 % Milk	16 Pepperoni or Cheese Pizza Carrot Sticks Tossed Salad Peanut Butter and jelly Sandwich Fresh or Cupped Fruit Non-fat& 1 % Milk
19 Spaghetti and Meatballs w/Marinara Sauce Green Beans Meatball Sandwich on W. W. Club Roll Fresh or Cupped Fruit Non-fat& 1 % Milk	20 Jerk Chicken Rice & Beans Collard Greens Spicy Chicken Sandwich Cheese/Lettuce/Tomato Fresh or Cupped Fruit Non-fat& 1 % Milk	21 All Beef Hot Dogs Whole Wheat Bun Baked Beans Carrot Sticks Turkey BLT on W. W. Bread Fresh or Cupped Fruit Non-fat& 1 % Milk	22 Lemon Chicken Mediterranean Couscous Yellow Corn Chicken Gyro on a W.W. Pita Lettuce/Tomato Yogurt Sauce Fresh or Cupped Fruit Non-fat& 1 % Milk	23 French Bread Pizza Carrot Sticks Peanut Butter and Jelly Sandwich Fresh or Cupped Fruit Non-fat& 1 % Milk
26 Chicken Tenders Puzzle Potatoes Seasoned Corn W. W. Bread Italian Sub, Turkey, Salami, Provolone, Lettuce & Tomato Fresh or Cupped Fruit Non-fat& 1 % Milk	27 Beef Tacos Crispy Corn Tortillas Two Bean Salad Sloppy Joe Sandwich on Whole Grain Bun Fresh or Cupped Fruit Non-fat& 1 % Milk	28 Oven Roasted Chicken Mashed Sweet Potato Green Beans W.W. Bread Turkey/Ham and Swiss Panini on W. W. Pita Fresh or Cupped Fruit Non-fat& 1 % Milk	29 Turkey & Cheese Sandwich Baked Chips Carrot Sticks Fresh Fruit Fresh or Cupped Fruit Non-fat& 1 % Milk 11:30 AM Dismissal	30 Spring Recess Begins School Closed

Available at Every Lunch

Grain: Bagels, English Muffins, Whole Wheat Bread,

Milk: Low-Fat White and Non-Fat Chocolate

Fruit: Fresh fruit & Cup Fruit

Water available at every meal

This institution is an equal opportunity provider