

St. Joseph Catholic School  
8<sup>th</sup> Grade Supply List  
2017-18

**Algebra**

One 1½" or 2" white binder with pockets  
Large pencil pouch with pencils and eraser  
6-inch ruler  
Graph paper  
Notebook paper  
Three dividers  
**Solar TI-34** calculator for Math 8  
**Solar TI-84** graphing calculator for Algebra  
Pack of thin tipped colored markers  
One large glue stick  
One 5 Star one subject spiral notebook

**Science**

One 1" black binder  
Notebook paper  
Blue/black pens  
Pencils

**Religion**

One 1" red binder  
Notebook paper  
Two dividers with a pocket  
Blue/black pens  
Pencils

**Social Studies**

One 1" blue binder  
Notebook paper  
Blue/black pens  
Five dividers  
Pencils

**English**

One 2" green binder  
Notebook paper  
Blue/black pens  
Pencils  
Five dividers  
Composition notebook  
Highlighters

**All students need these supplies:**

A zippered pocket in each binder for storing pencils/pens  
Three boxes of Kleenex  
One roll of paper towels  
Scissors  
Colored pencils (12 minimum)  
Box of markers  
XL covers for textbooks

**Items get dropped, sweatshirts get left behind in classrooms, and belts, shorts and shirts get shuffled around when changing for PE, so please be sure everything has the students name on it.**

## TIPS FOR SURVIVING THE TRANSITION FROM ELEMENTARY TO MIDDLE SCHOOL

The transition from elementary to middle school can be painful for adolescents and their parents. It is a time children are "toying with adulthood," but are still kids. The mission of middle school is to help students learn self-management and social skills necessary to successfully cope with high school.

### Self-Management Skills:

- Discipline to keep track of homework
- Work ethic to process it on time

### Social Skills: 3 C's

- Comply with the rules, conform to routines and cooperate with authority

If a student doesn't learn self-management responsibility and social skills in middle school, he or she will have a harder time making it through high school.

### Worries:

- Adjustment for parents and students (multiple teachers instead of one)
- Uncertainty
- Absolute angst: "Suppose I have no one to sit with at lunch?" "Suppose I have no classes with my friends?" (school orientation will help establish a sense of familiarity)
- Search for identity
- Raging hormones/ changing bodies
- No longer a child, but not yet an adult
- Social cruelty: teasing, exclusion, bullying, rumoring, ganging up
- Not having friends
- Being too different: too tall, too short, too weak, not pretty
- Testing the waters: choosing risk-taking behaviors

### Biggest Challenges:

- How much independence do you give middle school children as they start pulling away from their parents to create more freedom? They will begin to rely more on their peers.
- Too often parents think they should let go completely, especially of their child's academic responsibilities. That could be a big mistake!
- Some may say they'll learn from their zeros for no homework and learn from failure.
- MOST will learn failure, so that is why parents have to be there.
- Making sure homework is done and turned in
- No. 1 cause of depression of teenagers: school failure

### Tips for surviving Middle School:

- Understand middle school is not elementary school.
- Avoid overreacting to grades.
- Supervise the completion of all HOMEWORK.
- Communicate your desire to be told of any social cruelty that occurs so you have someone who loves you, who can support you and who can help you through it.
- Encourage your student to join sports teams, clubs, or other extracurricular activities. This will help in the development of their self-esteem.
- Enroll your student in social circles outside of school.
- Monitor their cell phone texting, computer and social networking.

# ST. JOSEPH CATHOLIC SCHOOL

## ATHLETIC TEAMS

Sport	Varsity	Junior Varsity	Middle School	Boys	Girls	Varsity Season	Middle School Season
Baseball	9-12	7-12	7-8	X		February – May	February – April
Basketball	9-12	7-12	7-8	X	X	October – March	October – January
Bowling	9-12			X	X	October – February	
Cheerleading	9-12		7-8		X	April, 2017 – February, 2018	June – January
Cross Country	7-12			X	X	July – October	
Football	9-12		7-8	X		July – December	August – October
Golf	7-12			X	X	February – May	
Powerlifting	9-12			X		October – April	
Soccer	7-12	7-12		X	X	October – February	
Softball	9-12	7-12			X	February – May	
Swimming	7-12			X	X	July – October	
Tennis	7-12	7-12		X	X	February – May	
Track	9-12		7-8	X	X	February – May	February – April
Volleyball	9-12	7-12	7-8		X	July – October	July – October

All sports hold regular practices either before or after school during their seasons. Most practices last 1½ hours. Scheduled times and other information will be given at a parent meeting at the beginning of each sport. All schedules are posted on the school website (stjoebruns.com – athletics – athletic calendar) and will be listed in Bruin Buzz. Students are **required** to have a physical before they can participate in any sport. All varsity sports compete for district and state championships.

ST. JOE WAS NAMED MISSISSIPPI HIGH SCHOOL ATHLETIC ASSOCIATION  
2A ALL SPORTS CHAMPION IN 2009-10, 2010-11, 2011-12, 2012-13, 2013-14 and 2014-15.

# Saint Joseph Catholic School

## Extra-Curricular Organizations

2017-18

**Fascination with the Stars** – This group of students has an interest in astronomy and is devoted to active learning, promoting interest in the night sky and educating ourselves and others in the world of astronomy. All students are welcome to events and meetings; previous knowledge of astronomy is not required. This is a learning experience for all, with an infinite amount of information to absorb. Meetings are held on campus at Hulett Observatory.  
Moderator – TBA

**Bruin Ambassadors** – Bruin Ambassadors is an organization that promotes St. Joseph in the community and to our incoming students. It is open to grades 8 – 12. Moderator – Kristi Garrard

**Bruin News Now** - This weekly video newscast is part of St. Joseph Catholic School's award-winning high school journalism program. Bruin News Now highlights the latest news and events on the St. Joe campus. This 10-minute program is written, produced and anchored by St. Joe journalism students. It is shown in homeroom on Fridays and is available for viewing at any time on the Bruin News Now YouTube channel. Any interested students can contribute or participate by contacting the moderator. Moderator — Terry Cassreino

**Bruin Sports Radio** - This Internet streaming radio station is part of St. Joseph Catholic School's award-winning high school journalism program. Students webcast every home-and-away varsity football game live every Friday night in the fall. Journalism students call every game, provide expert analysis and sell advertising for the self-supported station. St Joe is the only high school in metropolitan Jackson in which students call football games live on an Internet radio station. Any interested students can contribute or participate by contacting the moderator.  
Moderator — Terry Cassreino

**Chess Club** – Chess Club is open to all students who dare to embark upon the challenging and intellectually stimulating game of chess. Students learn basic and intermediate chess strategy and tactics for victory. No prior chess experience is necessary to join. The chess club practices twice a week after school and competes in several regional and statewide scholastic tournaments during the course of the school year. Moderator – Matthew Hosler

**Foreign Languages** Moderator – Matthew Hosler

**French Club** - French club is open to all past and present French students. Participants elect officers and plan cultural activities such as Mardi Gras and traditional French Christmas celebrations. French club t-shirts are designed each year by students and may be purchased by faculty and students.

**Latin Club** - Latin Club is open to all students to plan fun classical activities, like the culture fair, conferences, and Roman numeral awareness month.

**Spanish Club** – The Spanish Club is offered to all high school students who are enrolled in a Spanish class or have taken a Spanish class. The club is an opportunity to gain cultural perspective on the Spanish-speaking world. Spanish club usually meets once or twice a month immediately after school.

**Junior Youth Leg** - The Mississippi Junior Youth Assembly is a model legislature for students in grades 8-9. Each participant serves the role of legislator and writes a piece of legislation that he/she debate through the legislative process in hopes of having it signed into "law," providing the opportunity to learn firsthand the importance of becoming civic minded citizens. Students meet at sessions before and after school to prepare for the assembly in the spring. Assembly and room fees do apply. Moderator – to be announced

**Literary Magazine** - *The Josephian* is published every year by the creative writing class. It contains materials submitted by St. Joseph students. It includes poems, stories, essays, artwork, and photographs from all grade levels.  
Moderator – Matthew Hosler

**Newspaper** - *The Bear Facts* is published by a student staff. Any interested students may participate by consulting with the sponsor. Moderator – Terry Cassreino