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CIF/Central Coast Section Swimming & Diving Bylaws



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Section 1. SCHEDULED MEETINGS

- A. *Organization:* **To be determined**
- B. *Entry Deadline:* **SUNDAY, MAY 6, 2018, 5:00 pm**
- C. *Evaluation:* **TUESDAY, MAY 29, 2018, 4:00 pm, @ CCS Office**

Section 2. TOURNAMENT DATES / SITES

The 2018 CCS Boys and Girls Swimming & Diving Championships will be held:as follows:

<i>Boys & Girls Swimming Pre-lims</i>	FRIDAY, MAY 11, 2018 @ Santa Clara Swim Center
<i>Boys Diving Pre-lims and Finals:</i>	
<i>Boys & Girls Swimming Finals:</i>	SATURDAY, MAY 12, 2018 @ Santa Clara Swim Center
<i>Girls Diving Pre-lims and Finals:</i>	

SITES: The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.

Section 3. QUALIFICATION OF INDIVIDUALS FOR COMPETITION

IMPORTANT! Qualifying standards in both Swimming and Diving may only be met in official CIF competition during the current high school season.

A. SWIMMING

All eligible swimmers who meet the following qualifying standards are eligible to enter the Meet:

BOYS:			
200 Medley Relay	1:45.99	100 Freestyle	0:49.99
200 Freestyle	1:48.59	500 Freestyle	4:57.99
200 Individual Medley	2:02.99	200 Freestyle Relay	1:34.39
50 Freestyle	0:22.69	100 Backstroke	0:57.69
100 Butterfly	0:54.99	100 Breaststroke	1:02.99
		400 Freestyle Relay	3:29.99
GIRLS:			
200 Medley Relay	1:58.99	100 Freestyle	0:56.09
200 Freestyle	2:00.99	500 Freestyle	5:28.99
200 Individual Medley	2:17.49	200 Freestyle Relay	1:46.99
50 Freestyle	0:25.59	100 Backstroke	1:02.99
100 Butterfly	1:01.59	100 Breaststroke	1:10.99
		400 Freestyle Relay	3:56.99

The three (3)-year average of the 40th-place time for individual events and the 32nd time for relays will be used as a guideline for adjusting the qualifying standard in each event the following year.

B. DIVING

1. All divers scoring 280 in an 11-dive CIF/CCS-sanctioned or League Championship competition may enter the Section Championships.
2. It is recommended that meets qualifying athletes for the CCS Championship as described above have at least one diving official in the judge team.
3. The six (6) optional dives performed at the CCS Championships must have a degree-of-difficulty totaling at least 10.5.
4. A minimum of seven (7) qualified judges per panel will be used at the CCS Diving Championships. These qualified judges will be identified by the tournament director at least one week prior to the meet.

Section 4. ENTRIES

- A. Submission of any entry into the CCS Swimming and Diving Championships must be completed in adherence to all the conditions set forth herein in order for a swimmer or a diver to be afforded the privilege of participating in this event.
- B. No student-athlete swimmer or diver is considered to have qualified for participation in this event until all entry requirements are met by their respective school and no student-athlete enjoys any right to participate unless their school is a school in good standing with their league, the CCS and the CIF; their school has verified their performance in high school competition has met all the qualification standards required for entry into this meet; and their school has submitted their school entries correctly, completely and in the manner required and before the CCS Swimming & Diving Entry Deadline. The privilege of participation in this Championship extends only to such student-athletes whose school has met these requirements as outlined specifically below in these CCS Swimming & Diving Bylaws, also as described in the CCS Swimming & Diving Participant Information Bulletin and also as posted on the CCS web site.
- C. All League Representatives shall submit their League Meet results to the CCS Meet Director no later than 48 hours following the completion of their league Championship or before the CCS Entry Deadline, whichever is earlier.
- D. Each school team shall be permitted a maximum of four (4) entries in an individual event and one (1) team in a relay event.
- E. Each school shall be permitted to enter each qualified individual from their team in a maximum of four (4) events, no more than two (2) of which may be individual events.
- F. All entries must be complete, with first and last names, school year, event and qualifying time or diving mark from a interscholastic competition in the current season (times or diving scores earned in any non-interscholastic swimming competition may not be used for qualification or seeding in the CCS Championship Meet) no later than the entry deadline. If the entry information is incomplete and/or not received by the deadline, the student-athlete shall not be considered as entered in the meet..
- G. Schools shall submit diving entries on their Swimming Team entry form in the same manner and with the same deadlines as described above. Only divers entered by their school on the School's Swimming Team Entry form in their appropriate event by the CCS entry deadline, shall be considered as entered into the competition and allowed to participate.
- H. Schools with diving entries shall also electronically submit their list of dives by the deadline designated for that submission as outlined in the CCS Participant Information Bulletin and posted on the CCS Web Site. Late submissions will not be accepted.
- I. No correction of events entered or additional entries will be allowed past the entry deadline. Times submitted incorrectly may be corrected after the entry deadline only if the corrected time is slower than the original time submitted for that student-athlete.
- J. Swimming **& Diving** Team entry forms must be delivered to the appropriate person as designed in the CCS Participant Information Bulletin and posted on the CCS Web Site, no later than **SUNDAY, MAY 8, 2015 @ 6:00 PM (Do not submit entries to the CCS Office)**
- K. All entry forms shall be submitted electronically as soon as possible any time BEFORE the established time and date (deadline) for submission in compliance with the entry submission instructions included herein and as published on the CCS Web Site and in the CCS Participant Information Bulletin.
- L. Entries may be submitted at any time up to, but not later than the published CCS Entry Deadline. Late entries means any entries received at any time after the entry deadline. Late or phoned in entries will not be accepted under any circumstances except as outline in Section 4.M. below. Those student athletes whose school failed to submit entries on time shall not be entered into the competition unless their school agrees and complies with the conditions in Section 4.M. below.

- M.** Schools that miss the deadline established in J. above may submit late entries for up to 24 hours after the initial deadline (Monday, 6:00 pm) if the Athletic Director or Principal notify CCS via email that their school agrees to the following conditions:
1. The school will pay a \$250 late processing fee. This fee will be due and paid before any swimmer or diver for that school is allowed to compete
 2. The school will be put on probation for the following two years in the sport of swimming and diving at all levels (JV, Varsity, Frosh/Soph, Freshman)
 3. Entries will be submitted on the proper form electronically the individual identified and in the manner identified in these bylaws and the CCS PIB for swimming & diving.
 4. Each team of the swimming program (i.e. JV, Freshman, Frosh/Soph, Varsity) will have their maximum number of contests reduced by one (1) meet for the following season.
 5. If offered, the coach(es) of the program will be required to view or attend any entry training offered by the CCS prior to the next CCS Championship.
 6. As in other cases where schools are placed on probation, should there be an additional infraction by this school of this or any other CIF, CCS, or league bylaws, rules and regulations, during that time of probation, additional, more severe sanctions may be applied, based on the circumstances of such a violation, as outlined in the CCS Infractions Policy. Such penalties may include, but are not limited to, disqualification of the entire team from playoff participation, extended times of probation with additional requirements for compliance, additional reduction of contests, suspension of the school's sports program in swimming and diving for a period of time, etc.
- N.** Late entries means any entries received at any time after the entry deadline. Late or phoned in entries will not be accepted under any circumstances and those student athletes whose school failed to submit entries on time shall not be entered into the competition.
- O.** Coaches must be prepared to prove all entered times and diving scores with official high school meet results. (times or diving scores earned in any non-interscholastic swimming competition may not be used for qualification or seeding in the CCS Championship Meet) The submission of fraudulent information will result in the entire team being disqualified from that year's CCS Swimming & Diving Meet. Additional sanctions may be applied to the program by the CCS Commissioner after review of the circumstances and in line with the CCS Infractions Policy.
- P.** Scratches for Swimming Trials must be submitted to the Clerk-of-the Course on Friday, May 13, 2015 for both boys and girls.

Section 5. ORDER OF SWIMMING EVENTS

200-Yard Medley Relay	100-Yard Butterfly	100-Yard Backstroke
200-Yard Freestyle	100-Yard Freestyle	100-Yard Breaststroke
200-Yard Individual Medley	500-Yard Freestyle	400-Yard Freestyle Relay
50-Yard Freestyle	200-Yard Freestyle Relay	

Section 6. SCORING

- A.** Scoring for 16 places shall be as follows:
 Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 08, 06, 04, 02
 Individual: 20, 17, 16, 15, 14, 13, 12, 11, 09, 07, 06, 05, 04, 03, 02, 01
- B.** In case of a tie by two (2) or more competitors for any place scoring in an event, the points for all places involved shall be divided equally among the tying competitors.

Section 7. WARM-UP PROCEDURE

The following procedures will be strictly enforced at the CCS Swimming & Diving Championships (athletes are expected to be aware of these procedures and follow them during any warm-up period for the Championships):

- A.** Marshals will be supervising the warm-ups to ensure that proper procedures are followed.
- B.** Important points for specific warm-up period:
1. No racing starts or diving in lanes other than those designated for diving;
 2. All swimmers shall start in all lanes at starting end of pool;
 3. Coaches should stand at starting end of pool when verbally starting swimmers on sprint or pace work;
 4. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers;

5. Backstrokers should be reminded of the dangers of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.
- C. Marshals shall warn a swimmer(s) and inform the coach when warm-up procedures are not being followed. If a swimmer persists in violating warm-up procedures that are endangering his/her or some other swimmer's safety, and that swimmer and his/her coach have been warned, that swimmer may be removed from the remainder of the warm-up period by the Meet Referee, in conjunction with the Meet Director.
- D. Coaches are expected to cooperate with these efforts to protect their swimmers' safety and to provide the maximum use of warm-up time for all participants.
- E. The above procedures are those recommended by USS, the National Governing Body for Swimming in the United States.

Section 8. RULES

- A. The current National Federation ([NFHS](#)) Swimming & Diving Rules will be used.
- B. **SHAVE DOWN:**
Shaving, in any form, is **NOT** allowed at the Meet venue. This will be considered "Unsportsmanlike Conduct" under Rule 3, Sec. 5, Art. 1 of the **NF** Swimming & Diving Rules.
- C. **DECK-CHANGING**
Deck-changing is **NOT** allowed at the Meet venue. This will be considered "Unsportsmanlike Conduct" under Rule 3, Sec. 5, Art. 1 of the **NF** Swimming & Diving Rules.
- D. **UNIFORM DECORUM**
The NFHS Uniforms Rule, Rule 3, Section 3, Article 1 will be strictly enforced for the duration of the CCS Swimming & Diving Championships whenever participants are on the Championship premises. Any infraction of this will be considered an unsportsmanlike Act and a violation of the CCS Sportsmanship Policy, 4. and 5.i.

Section 9. MEET OFFICIALS – Section Trials & Finals

- A. The top finishing teams from the previous year will have the responsibility to provide three (3) timers each at the Section Trials & Finals.
 1. The Meet Directors will assign the top finishing boys and girls teams from the previous year the responsibility of providing three (3) timers each to time a designated lane at the trials.
 2. The Meet Directors will assign the top finishing boys and girls teams from the previous year the responsibility of providing three (3) timers each to time a designated lane at the finals.

Section 10. AWARDS

Awards, as follows, will be presented on the pool deck as outlined below:

- A. 8 Team Trophies: 1 awarded to the Champion, 2nd-, 3rd- and 4th-Place teams (Girls/Boys);
- B. 252 Medals: 1 awarded to the top six (6) finishers in each event, including relays (Girls/Boys);
- C. 2 Plaques: Awarded to the Coach of each Champion Team (Girls/Boys).

Section 11. SPORTSMANSHIP

- A. The member schools of the CIF/Central Coast Section are committed to providing a sportsmanlike environment for students, coaches and spectators.

Our Sportsmanship Definition is:
A person who can take a loss or defeat without complaint, or victory without gloating, and who treats his/her opponents with fairness, courtesy and respect.

- B. The following behavior is **unacceptable** at all CIF/CCS High School contests:

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| <ul style="list-style-type: none"> • berating your opponent's school or mascot • berating opposing players • complaining about officials' calls (verbally or in gestures) | <ul style="list-style-type: none"> • artificial noise makers • obscene cheers / gestures • negative signs |
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- C. To this end, each school is required to submit one (1) signed Sportsmanship Contract on or prior to September 15 of the school year. This contract confirms that the principal has verbally and through written

communication addressed the importance of sportsmanship to his/her student body, faculty and community.

- D. Each Principal** is required by the CCS Board of Managers to meet with any individual or team from his/her school participating in the CCS Tournament to review CCS Sportsmanship Information. (**REQUIRED PRE-GAME SPORTSMANSHIP MEETING INFORMATION SHEET**)
- E. Coaches** will attend a coaches meeting the first morning of the Meet, where they will be reminded of the importance of good sportsmanship and to make certain their Administrator has reviewed this information with their athletes in the past week. Coaches are expected to remain at the event throughout the event. All student-athletes competing in any CCS contest (scrimmages, alumni contests, pre-season, League, and CCS Play-offs) must be accompanied by a coach that meets then following criteria, as addressed in [CIF Bylaws 308 and 506](#):
- 1. MUST BE THE "REGULAR COACH"** The coach of either a public or private school team or athlete must be the coach of record for that school for the current season, complying with all requirements of [CIF Bylaw 506](#).
 - a. PUBLIC SCHOOL** - All public school teams must be coached by persons who meet the requirements of the California Education Code and California Administrative Code Title V.
 - b. NON-PUBLIC SCHOOLS** - In the case of a non-public school, persons engaged by that school on a yearly contract basis as regular members of the school coaching or teaching staff and certified by the administrator for that school as competent for the position held.
 - 2. EMERGENCY SITUATIONS-** In the case of an emergency ONLY, the principal of the school may designate an alternate coach, as long as it is done in writing prior to the contest and submitted to the League Commissioner for all pre-season and League contests, and the CCS Commissioner for CCS Play-off contests. Any alternate coach MUST be an individual who meets all the conditions required in [Section 10.E:1-a.](#) above in the case of a public school; and [Section 10.E:1-b.](#) above in the case of a non-public school.
 - 3. NO COACH PRESENT - STUDENT INELIGIBLE.**

Section 12. ELIGIBLE ATHLETES

- A.** No athlete will be allowed to compete who is not accompanied by a coach or faculty member of the school which he/she is representing.
- B.** All athletes must be in good standing with their League, school and CCS in order to compete. No ineligible athletes will be allowed to compete.
- C.** Any athlete or coach who is disqualified from a Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season.

Section 13. ADMISSION

All participants in the Meet will be admitted through the designated "Participants Gate."

Section 14. FACULTY SUPERVISION

Adequate student/spectator supervision MUST be provided by each school participating in the Tournament. School administrators/faculty who attend the contest should introduce themselves to the CCS Site Director, and tell him/her where they will be located throughout the Meet in case their assistance is needed. It is the responsibility of the school supervisory personnel to prevent and correct any inappropriate behavior of their students and spectators.

Section 15. COACHES PACKETS

Coaches should pick up a team packet with heat sheets and other critical Meet information at the "Pass-Gate" on the first morning of competition.

Section 16. PROGRAMS

CCS will provide programs for sale, while supplies last.

Section 17. TOURNAMENT INFORMATION

The CCS [Participant Information Bulletin](#) will be sent to all schools and the media approximately three (3) weeks prior to the start of the Tournament. <http://www.cifccs.org/sports/swimdive/index>



OTHER IMPORTANT DOCUMENTS RELATED TO PLAYOFFS:

CCS PLAYOFF POLICY - [Click here to see entire policy](#)

SEASON LONG LEAGUE PLAY

The sole purpose of CCS Playoffs is to provide a post-season championship event for its member school teams and athletes who have been engaged in season-long league play in a given sport.

- A. Section playoffs are to be conducted as the culminating activity for teams and/or individuals who have been engaged in season-long league play in a given sport.
- B. Schools or leagues which do not conduct a given sport on a recognized league basis for the majority of a given sport season will not be allowed to enter playoff competition. Exceptions to this general policy may be made by the Board of Managers as a result of a unique, short-term and specific circumstance beyond a school's control that directly causes the school to be unable to participate in that sport in season-long league play,
- C. In individual sports, (swimming, track & field, cross country, tennis, golf, gymnastics, badminton, wrestling), a student athlete must compete in at least $\frac{1}{2}$ of the regularly-scheduled league meets in order to participate in the CCS playoffs in that sport. The specific qualification standards outlined in the CCS bylaws for each of these sports must be met in addition to this general minimum participation standard. Exceptions to this rule may be considered by the league ONLY
 - o if there is a serious medical condition or hardship that is beyond the student's control and which clearly and solely causes their lack of participation in a minimum of $\frac{1}{2}$ of their regularly-scheduled league contests OR
 - o if the student has corrected a scholastic ineligibility in the most recent grading period which occurs after the first half of the league season is complete and which directly and solely causes their lack of participation in a minimum of $\frac{1}{2}$ of their regularly-scheduled league contests.
 - o if through internal team competition and ladder movement an athlete has not had the opportunity to participate in $\frac{1}{2}$ the regular-scheduled league contests.

CCS SPORTSMANSHIP POLICY - [Click here to see entire policy](#)