

OGHS BOXING & MMA
TUESDAY -THURSDAY- FRIDAY
3:00-5:00 PM
PATRIOT PLAZA

FREE AFTER SCHOOL PROGRAM FOR ALL OGHS
STUDENTS!
ALL EXPERIENCES WELCOME!
LEARN THE FUNDAMENTALS OF VARIOUS MARTIAL
ARTS WHICH INCLUDE:
BOXING, MUAY THAI, & KICKBOXING
ALL EQUIPMENT IS PROVIDED FOR STUDENTS.
SHOW UP DRESSED IN WORKOUT CLOTHES.



