

School Health Center

Nursing services include comprehensive assessment, treatment, medication, and emergency responses for all students. The Nurses are available on a 24-hour basis, beginning Sunday evening and ending on Friday afternoon during the school year. Nurses are also available on both campuses for ESY (Extended School Year). On the Frederick Campus, the nurses are available during select weekend sporting events on campus.

Services

- Students are assessed, treated, and receive medication at the School Health Center (SHC)
- Nurses refer to parents, staff and hospitals where appropriate
- Communication with parents and staff
- Nurses administer medications to students as prescribed by the student's physician
- Nurses serve as consultants to all staff regarding medical concerns

On the Frederick Campus, weekend coverage is provided only during tournaments or major school events such as Homecoming. When students stay on campus and the Health Center is closed, sick or injured students can be seen by coaches and Residential Child and Youth Care Practitioners (RCYCP's) who are trained in first aid; 911 will be called in cases of emergency. In case of illness, parents will be contacted.

A copy of the MSD Medical Policy, which describes the school's medical services and procedures, is available to parents/guardians through the SHC.

Pertinent medical information on students should be distributed to staff and bus drivers who have contact with those students to assure that the proper care is given. Signed parental permission is required.

Protocol

Parents will be notified if it is deemed that the child cannot remain in school for the remainder of the day. Parents will be notified in the following ways:

Parents will be notified by telephone, VP, email or PED
When the student has an injury requiring a physician's immediate attention or transportation to a hospital emergency room or similar treatment center.
A concussion can be caused by a head injury. It is very important that parents are aware of the signs and symptoms of a concussion. Information will be sent home with medical packets in the beginning of the summer.

<p>When a student has an acute contagious illness, [i.e. conjunctivitis (pink eye), ringworm, or head lice], the student will need to be seen by his/her doctor and treated accordingly. The SHC will need a note from the doctor with the diagnosis, and treatment of the illness. Students identified with head lice should be sent home as quickly as possible. If the parents are not available to get the student, they may remain in the student health center until returned home by school arranged transportation. Students are to remain at home until proof of treatment is provided. At parental request, students that reside full time in the MSD dormitories may be treated by the student health center and remain at MSD. Students should be rechecked upon their return to school and again in one week to determine the effectiveness of the treatment. If head lice are still present, the student will be sent home for further treatment.</p> <p>Students may return when proof of treatment is provided.</p>
<p>When the student is admitted to the SHC.</p>
<p>To inform the parents of an illness or injury requiring referral to the student's own physician.</p>
<p>When parent pick-up is required (i.e., temperature of 100 or more), the student needs to stay out of school for 24 hours with a normal temperature without fever reducing medications. If your child is sent home for an illness other than an elevated temperature, such as diarrhea, or other problem, please keep him/her home for at least 24 hours to assure that he/she is healthy enough to return to school. This will help to prevent the spread of illnesses in the school.</p>
<p>When reporting on-going medical conditions or problems.</p>
<p>When the nurse believes that the parents should be made aware of any medical situation involving their child.</p>
<p>When there is a disciplinary problem in the SHC which involves their child.</p>
<p>Upon specific request of any parent who wishes to be notified if their child is seen in the SHC for any reason. (Please make this request in writing to the SHC at the beginning of the school year or as the need arises, so that the appropriate documentation may be entered into the child's chart, to fully meet this need.)</p>
<p>Parents will be notified to pick up their child should the student require a bath for hygienic reasons, or the nurse will ask for permission to bathe the student.</p>
<p>To request medication and/or refills</p>
<p>To inform of chronic minor problems such as chronic cold, persistent cough, and malaise.</p>
<p>When a student has been seen by the school physician, but does not present an acute problem.</p>
<p>To forward billing for prescriptions obtained from local pharmacies, which are not covered by the student's prescription plan.</p>

To inform parents of treatment given to students for certain minor injuries or illnesses.
To report results of screening tests conducted by the SHC.
As a follow-up to a telephone/VP/email, if necessary.
If a parent is unable to be reached by telephone/VP/email.
Miscellaneous circumstances for which the nurse feels the parents should be made aware.

Medications

All medications taken by a student while at school must be administered by the school nurses.

This includes both prescribed and over-the-counter medications. Students may only self-administer medications if they have provided the SHC with a state required medication authorization form signed by both a physician and parent giving the student permission to self-carry and self-administer that medication. This includes over-the-counter medications and ointments. Any unlabeled medications or medications without proper instructions for administrations will not be given, and the parent/guardian will be notified. Each medication sent from home (both prescribed and over-the-counter) must be accompanied by a state required medication authorization form signed by both the parent and physician. Without this form, the school nurse will not be able to administer that medication to the student. Parents/guardians must keep weekend and holiday supply of medicine at home. MSD does not routinely send home medicine each weekend. It is strongly recommended that students receive the first dose of any new medicine at home prior to returning to school.

Protocol for Handling Emergency Mental Health Problems

Each employee must first make certain that the environment around such a student is as safe as possible, making every attempt to assist in the intervention and to prevent or stop any self-injurious behavior. Any student exhibiting such behavior will not be left unsupervised by an adult unless so directed by the administration or physician. Parents will be contacted by medical staff personnel or an administrator.

Energy Drinks, Nutrition/Sport Supplements and Caffeine Stimulants

To ensure the safety of all students, MSD has developed the following school policy based upon our knowledge of energy supplements at this time: MSD students' **medical** unsupervised use of "energy drinks, nutritional/sport supplements, and caffeine stimulants" on campus or during off campus field/athletic trips is prohibited. Energy drinks, nutritional/health supplements, caffeine stimulants, and vitamins can only be administered by the SHC under a physician's orders.

Physical Examination Requirements

MSD requires an annual physical exam for all students. A physical exam completed within the previous 12 months must be on file in the SHC in order for the students to stay in the dorm. When a physical exam expires, an updated physical exam is required within 20 days. Students with no physical exam on file will not be permitted to stay in the dorm or participate in after school sports related activities. If a student has had recent surgery or injury, we will need current, updated activity orders from the doctor. Also, if a student has been hospitalized with an illness, we will need information from the doctor concerning this. The physical exam form is available on the MSD website www.msd.edu.

Immunizations

In accordance with COMAR 10.06.04.03 MSD adheres to Maryland state requirements for immunization. Updated immunization forms must be on file in the SHC. Students without proof of proper immunization will be EXCLUDED from school 20 calendar days after the child begins school until the following is received from the child's healthcare provider:

- Documentation that the child received the proper immunization, or
- Documentation of age-appropriate immunity, or
- Documentation of a medical contraindication

If a parent or guardian objects to the student's immunization because the immunization conflicts with the parent's or guardian's bona fide religious beliefs and practices, the parent or guardian must submit a religious exemption form provided by the Department of Health and Mental Hygiene in order for the student to be admitted to school.

Registration – Health Forms

Health forms are mailed to parents during the summer. This includes a Physical Exam Form, Emergency Medical Information Form, and Consent to Treat Form. All pre-school-1st grade students will receive a Blood Lead Testing Certificate Form. These forms along with a copy of the Insurance Card are due prior to the first day of school. New students are required to submit an Immunization Form, Physical Records, Blood Lead Testing Certificate, Consent to Treat, Emergency Medical and Insurance Forms. State regulations for immunizations change every year. Contact your physician for requirements. Failure to provide these records may cause delayed enrollment or exclusion from school. Students attending summer camps should submit all above forms at least 1 week prior to the beginning of camp.

Screening Programs

Vision screenings for students of certain ages is performed annually for grades 5 and 9 and for new students. Parents and guardians are contacted in writing regarding the results of these screenings. It is the responsibility of the parent/guardian(s) to provide follow-up care for those students who fail these screenings.

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