

YOUTH MENTAL HEALTH FIRST AID

TRAINING INFORMATION

PURPOSE OF YMHFA TRAINING:

The purpose of Youth Mental Health First Aid (YMHFA) training is to teach school staff, parents and community members about the mental health challenges that adolescents (age 12-18) experience and how to respond appropriately.

TRAINED INSTRUCTORS:

We have 6 trained instructors.

TOTAL PARTICIPANTS TRAINED:

There are 71 school staff, 37 parents and 6 community members that have been trained in Youth Mental Health First Aid

DATES OF FUTURE YMHFA TRAINING CLASSES:

Please check back for upcoming classes as we continue to add them to our website. If you would like to take and/or attend an upcoming class, feel free to contact our office at 410-621-6257. This will help us to plan/prepare for future classes