

# Time Management for Parents and Children

Fort Sam Houston Elementary  
Room 5

## Wednesday, February 28 11 AM



Learn techniques to plan and prioritize each day's activities in a more efficient and productive manner. Learn ways to overcome procrastination and handle crises quickly and effectively.

his class also addresses the use of rituals to make your life run smoother.



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210-514-4400

or more information and to register for classes, call 221-0349 or 221-1505

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