

02

**Spring**

03

04

05

06

**Break**

09

**Cheerios Bowl  
String Cheese  
Fresh Apple  
Grape Juice  
Milk:  
Skim or 1%**

10

**Apple Cinnamon NG Bar  
String Cheese  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

11

**Cinnamon Raisin Bagel  
Cream Cheese  
Fresh Pear  
Orange Juice  
Milk:  
Skim or 1%**

12

**Mini Cinnamon Creamy  
Cheese Bagel  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

13

**Half Cheese Sandwich  
Fresh Orange  
Apple Juice  
Milk:  
Skim or 1%**

16

**Strawberry NG Bar  
String Cheese  
Fresh Apple  
Grape Juice  
Milk:  
Skim or 1%**

17

**Apple Cinnamon Muffin  
String Cheese  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

18

**Half Sun-Butter & Jelly  
Sandwich  
Fresh Pear  
Orange Juice  
Milk:  
Skim or 1%**

19

**Cheerios Bowl  
String Cheese  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

20

**Strawberry Banana  
Yogurt  
Apple Cinnamon Muffin  
Fresh Apple  
Apple Juice  
Milk:  
Skim or 1%**

23

**Apple Cinnamon Muffin  
String Cheese  
Fresh Apple  
Grape Juice  
Milk:  
Skim or 1%**

24

**Apple Cinnamon NG Bar  
String Cheese  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

25

**Cheerios Bowl  
String Cheese  
Fresh Pear  
Orange Juice  
Milk:  
Skim or 1%**

26

**Mini Cinnamon Creamy  
Cheese Bagel  
Fresh Banana  
Fruit Juice  
Milk:  
Skim or 1%**

27

**Blueberry NG Bar  
String Cheese  
Fresh Apple  
Apple Juice  
Milk:  
Skim or 1%**

30

**Cheerios Bowl  
String Cheese  
Fresh Apple  
Grape Juice  
Milk:  
Skim or 1%**

**A Parent/guardian of any student with a food allergy  
Should feel free to contact the Food Service Director at:**

**708-484-5773**

**Student must select a minimum of 3 Food Items to make a Meal.**



# Desayuno

Abril, 2018

02	03	04	05	06
09	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

02

03

04

05

06

09  
*Cheerios*  
*Queso de hebra*  
*Manzana fresca*  
*Jugo de uva*  
*Leche:*  
*Skim o 1%*

10  
*Barra Apple canela NG*  
*Queso de hebra*  
*Banana fresca*  
*Zumo de frutas*  
*Leche:*  
*Skim o 1%*

11  
*Bagel de pasas de canela*  
*Queso crema*  
*Pera fresca*  
*Zumo de naranja*  
*Leche:*  
*Skim o 1%*

12  
*Mini bagel de queso cremoso de canela*  
*Banana fresca*  
*Zumo de frutas*  
*Leche:*  
*Skim o 1%*

13  
*Medio sandwich de queso*  
*Naranja fresca*  
*Jugo de manzana*  
*Leche:*  
*Skim o 1%*

16  
*NG Bar Fresa*  
*Queso de hebra*  
*Manzana fresca*  
*Jugo de uva*  
*Leche:*  
*Skim o 1%*

17  
*Muffin de canela y manzana*  
*Yogur*  
*Banana fresca*  
*Ponche de frutas*  
*Leche:*  
*Skim o 1%*

18  
*Sándwich de medio sol y mantequilla*  
*Pera fresca*  
*Zumo de naranja*  
*Leche:*  
*Skim o 1%*

19  
*Cheerios*  
*Queso de hebra*  
*Banana fresca*  
*Ponche de frutas*  
*Leche:*  
*Skim o 1%*

20  
*Yogur de platano de fresa*  
*Muffin de canela y manzana*  
*Manzana fresca*  
*Jugo de manzana*  
*Leche:*  
*Skim o 1%*

23  
*Muffin de canela y manzana*  
*Queso de habra*  
*Manzana fresca*  
*Jugo de uva*  
*Leche:*  
*Skim o 1%*

24  
*Muffin de Canela y Manzana*  
*Queso de hebra*  
*Banana fresca*  
*Zumo de frutas*  
*Leche:*  
*Skim o 1%*

25  
*Cheerios Bowl*  
*Queso de hebra*  
*Pera fresca*  
*Zumo de naranja*  
*Leche:*  
*Skim o 1%*

26  
*Mini bagel de queso*  
*Banana fresca*  
*Ponche de frutas*  
*Leche:*  
*Skim o 1%*

27  
*Muffin de arandanos*  
*Queso de hebra*  
*Manzana fresca*  
*Jugo de manzana*  
*Leche:*  
*Skim o 1%*

30  
*Cheerios Bowl*  
*Queso de hebra*  
*Manzana fresca*  
*Jugo de uva*  
*Leche:*  
*Skim o 1%*

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