



Celebrate Every Kid Healthy Week!

Please join us for:

Southwood Elementary

April 23 - April 27

Activities Include:

Monday, 4/23 Hats off to a Healthy Week
(Wear Hats)

Tuesday, 4/24 Healthy Heart Day
(Wear Red)

Wednesday, 4/25 Workout Wednesday
(Wear Workout Attire)

Thursday, 4/26 Team Thursday
("Sport" your favorite sport)

Friday, 4/27 Fit Fan Friday
(Wear your Favorite Sports Team Attire)

Questions? Contact: (336)357-2777



National
sponsors

