



## Weekly Wildcat News

**January 3, 2017**

Happy New Year, Wildcat Families!

We hope that all of our families had a restful and relaxing holiday season and are ready to begin 2017 full of resolutions and a growth mindset. Making resolutions with your child is the perfect way for your child to exercise the growth mindset, determine areas where they would like to see growth and set a plan for achieving those goals. With my girls, we started by making a list of all the things they *couldn't* do a year ago but now can; such as getting more hits in softball, reading more challenging books, multiplication tables, etc. We then worked to figure out how it came about that they improved in these areas and actually added the steps they took to the list. The answer most often is they practiced more or focused their free time on the activity. We discussed whether the same methods could apply to other goals. We asked the girls, "What are some of the great things you want to do this year? What do you want to improve? What will make your life better and happier?" Finally, my husband and I shared our previous resolutions and whether they did or did not work out, and our plan to do our best and try again this year.

### ***Important Dates this Week:***

Tuesday, January 3rd - School Reopens

Wednesday, January 4th - Super Hero Day

LIFT OFF Double Day

Friday, January 6th - PE Make Up Day, students in grades 1-5, please remember to wear athletic shoes

---

## Calling Elementary and Middle School Parents

It's Never too Early to Begin...

### College Savings and Planning Night

Come join us for one hour on any of the following nights to learn more about the costs of college and how to plan to pay for it.

Speakers include:

Dr. Steven Keller, RBUSD Superintendent of Schools

Shannon Rodriguez, RUHS, College Resource Counselor

Mike Diephouse, ScholarShare, Tuition Financing Consultant

**Thursday, January 12th @ Parras M.S. Cafeteria**

**Tuesday, January 17th @ Parras M.S. Cafeteria**

**Thursday, January 26th @ Adams M.S. Cafeteria**

**Tuesday, January 31st @ Adams M.S. Cafeteria**

**All events begin at 6:30 p.m. sharp!**

**Child care for school-aged children will be available at each event.**



Brought to you by the Redondo Beach Unified  
School District and the Redondo Beach  
Educational Foundation



**Y** is for  
**Yearbook!**

## UPLOAD YOUR PICTURES TO THE YEARBOOK!

Do you have great pictures of your classroom's Halloween party, Skechers Pier to Pier Walk, Flag Ceremony, Red Ribbon week, or other Alta Vista events? If so, the Yearbook staff

would love to see them.

Just follow these steps to submit your photos:

- Go to <https://images.schoolannualonline.com/login.jsp>.
- If it does not automatically log you into the site, enter USERNAME: **406743617**
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo including student name, name of his/her teacher and your contact information.
- Click "Save Details".

It's that easy!

## **YEARBOOK PUBLIC DISPLAY OF AFFECTION ADS**

Don't miss this great opportunity to tell your student, "I love you and I'm proud of you," by placing a Public Display of Affection Ad in the yearbook!

Whether your son or daughter is a preschooler or 5th grader, a yearbook dedication is always a great idea. In the future, seeing your message will bring a smile as they remember your love and support during these important years.

Instructions and pricing to purchase one can be found by [clicking here](#). or attached to this eblast.



## **The WATCH D.O.G.S. are back!**

Want to be a member of the WATCH D.O.G.S.?

We're using SignUp.com (the leading online SignUp and reminder tool) to organize our upcoming SignUps.

Here's how it works in 3 easy steps:

- 1) Click this link to see our SignUp on SignUp.com: <http://signup.com/go/z9SANm>
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an account

or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

**We ask our fathers to limit their sign ups to no more than 2 per year so that all of our Fathers can have an opportunity.**



## **How to have a productive reading conversation with your child - prompts for supporting your reader**

*Productive Talk Question #11:* What did the author do to make the characters or situation interesting? Show me where in the book the author did that.



## **Alta Vista PTA**

### **Happy New Year from PTA!**

We hope that everyone had a wonderful holiday break and we are looking forward to a bright and exciting 2017!

Not a PTA member yet? It's not too late to join and receive all of the perks of membership! Anyone is eligible to join so please invite your friends and family to join as well. Visit <https://AltaVistaPTA.myschoolcentral.com> to purchase PTA memberships, make a donation and purchase Wildcat gear items and Yearbooks.

PTA members are eligible for various perks such as FREE and discounted Legoland tickets! Please see PTA Membership Perks Flyer and contact our VP of Membership at [Valerie.schoolnewsrollcall@gmail.com](mailto:Valerie.schoolnewsrollcall@gmail.com), for information on getting your discount and free tickets.

### **Rita's Fundraiser – Wednesday, January 11<sup>th</sup>**

Join us on Wednesday, January 11<sup>th</sup> from 1:30 – 3:30 at Rita's Italian Ice at 403 N. PCH in Redondo Beach. Rita's will generously donate **100% of the proceeds** during this time to Alta Vista!

### **PTA Meeting – Friday, January 20<sup>th</sup>**

Please join us for our 1<sup>st</sup> PTA Meeting of 2017 at 8:00 in the

Cafeteria on January 20<sup>th</sup>. Coffee and light breakfast will be served. Special guest speaker to be announced – stay tuned!

### **Become an Alta Vista PTA Community Partner Today!**

Do you or someone you know own a local business that you would like to promote through Alta Vista PTA? We have just launched our new Alta Vista PTA Community Partner program to offer sponsorship and fundraising opportunities to help support Alta Vista. Please see attached information for further details and please share with your friends and family who own local businesses.

### **Limited Quantities of Wildcat Gear Now Available on Webstore**

There is a limited quantity of T-shirts, sweatshirts and other Wildcat gear available for purchase on our webstore at <https://AltaVistaPTA.myschoolcentral.com>.

### **Other Ways to Connect with and Support Alta Vista PTA**

Check out our website at [www.AltavistaPTA.org](http://www.AltavistaPTA.org) and Like us on our **new** Facebook page: <https://www.facebook.com/altavistapta>

Also check out our website for information on easy fundraising opportunities such as South Bay Galleria Rewards, [\*Treasured Moments Photography\*](#), [\*Amazon Smile\*](#) and [\*Mabel's Labels\*](#).



## **Growth Mindset Corner**

### **How do I Help Promote a Growth Mindset?**

According to Carol S. Dweck, Ph.D., author of [\*Mindset\*](#), Check out the following links to learn more about the plasticity of your brain!

#### **4. Encourage risk, failing, and learning from mistakes.**

Now is the time to let our kids risk and fail. **Failure teaches our**

**kids important life lessons. For one, it's how they learn resiliency**

But we often want to prevent our kids from failing, from feeling upset or sad.

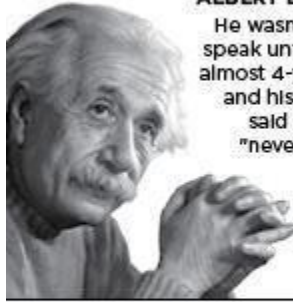
Don't.

We must let our kids fail now so that they can strengthen their growth mindset muscles. If we don't, they will be adults with no perseverance, with no belief in their abilities to work hard and succeed.

In [\*The Blessings of a Skinned Knee\*](#), Wendy Mogel says to be compassionate and concerned but not enmeshed.

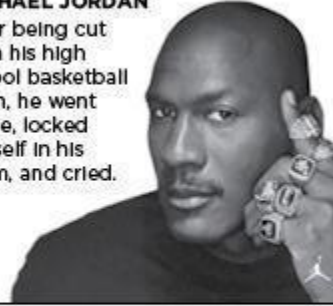
Let's keep each other accountable on this. This is hard but so important.

## FAMOUS FAILURES



### ALBERT EINSTEIN

He wasn't able to speak until he was almost 4-years-old and his teachers said he would "never amount to much"



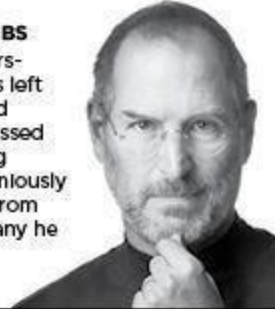
### MICHAEL JORDAN

After being cut from his high school basketball team, he went home, locked himself in his room, and cried.



### WALT DISNEY

Fired from a newspaper for "lacking imagination" and "having no original ideas."



### STEVE JOBS

At 30-years-old he was left devastated and depressed after being unceremoniously removed from the company he started.



### OPRAH WINFREY

Was demoted from her job as a news anchor because she "wasn't fit for television."



### THE BEATLES

Rejected by Decca Recording Studios, who said "We don't like their sound—they have no future in show business."

**IF YOU'VE NEVER FAILED,  
YOU'VE NEVER TRIED ANYTHING NEW**



## Prospective Parent Tours & Kindergarten Registration

Know a family with a prospective kindergartner or new student for the 2017-18 school year? Our informational tours and kindergarten registration dates are posted on our website. Please direct any interested parents to our website for details.

## Student Absences

Just a reminder that all student absences need to be reported to our main office at 310-798-8650 every day that your child is

going to be absent. Our office calls all of the families of absent students if we do not hear from you by 10am.

---

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please [click here](#) to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs?

[Click here](#) to be directed to our home page that houses all of our latest flyers.

**Important Dates for the Next Few Weeks:**

Tuesday, January 3rd - School Reopens

Wednesday, January 4th - Superhero day

LIFT OFF Double Day

Friday, January 6th - PE Make up Day

Thursday, January 12th - RBUSD College Savings Night at Parras MS

Friday, January 13th - 8:30am Flag Ceremony

Monday, January 16th - Local Holiday - No School

Tuesday, January 17th - 8am Wellness Council

RBUSD College Savings Night at Parras MS

Friday, January 20th - 8am PTA Meeting

Saturday, January 21st - RBUSD Kindergarten Informational Meeting - Time TBD

Monday, January 23rd - Prospective Parent Tour 8:30am

Tuesday, January 24th - Compliment Day

Wednesday, January 25th - Kindergarten Field Trip to Zoo

Thursday, January 26th - MINIMUM DAY - Staff Professional Development

RBUSD College Savings Night at Adams MS

January 26th - 27th - Hands on Art Training in AV Cafeteria

Monday, January 30th - 4th grade field trip to Irvine Park Railroad

Tuesday, January 31st - RBUSD College Savings Night at Adams MS



Wednesday, February 1st - 5th grade PE testing window opens

LIFT Pupil Free Day, LIFT OFF Double Day

Friday, February 3rd - 8:30am Prospective Parent Tour

Superbowl Jersey Day

Monday, February 6th - No School, Staff Professional Development Day

Tuesday, February 7th - PE Makeup Day

Friday, February 10th - 8:30am Flag Ceremony

**Ways to Support Alta Vista:**

Join the PTA!

Consider donation to the Redondo Beach Educational Foundation. Go to [www.rbef.org/donate](http://www.rbef.org/donate)

Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.

Shopping Online? Please help Alta Vista PTA by shopping through Amazon Smile. At no cost to yourself, Amazon will donate 0.5% of your purchase price to Alta Vista PTA. Remember to select Alta Vista PTA as your cause or use this link. (Tip: if you bookmark this link when it opens you can make sure you are shopping in Smile. <http://smile.amazon.com/ch/95-3154489>

Looking to purchase a new lunchbox or lunch gear? Go to [www.mightynest.com](http://www.mightynest.com) where 15% of your purchases will go directly back to Alta Vista.

Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!

Go to [mycokerewards.com/school](http://mycokerewards.com/school), enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.

Keep collecting your Galleria receipts! Just shop and log receipts from any South Bay Galleria stores and restaurants until December 31, 2013. Receipts can be logged at Guest Services anytime during the program. Remember to tell your family, friends, neighbors and co-workers to log their receipts. Anyone can support AV in the Galleria School Rewards Program!

Stopping by Jamba Juice on a warm summer day? Just show the PTA Jamba Card when making a purchase.

Have a wonderful week,

Mrs. Wildes