

Franklin Middle School Athletics

Cross Country – Head Coach - Quentin Lankford
7th and 8th Grade – Jenna Kram and Helen Wagner

Volleyball - Head Coach – Carey Crabtree
7th and 8th Grade – Jill Patton, Gwen Harper, Pam Fannin

Basketball - Head Coach – Gary Watkins
7th and 8th Grade – Pam Fannin, Gwen Harper, Jodie O’Rand

Track - Head Coach – Helen Wagner
7th and 8th Grade – Jodie O’Rand, Jenna Kram, Pam Fannin, Gwen Harper

Softball - Head Coach - Larissa Lutz



PRACTICE-

- 1) Practice begins at 7:15 every day. You will need to be dressed in LIONS clothes and athletic shoes, and be ready to start at that time. We will dismiss 10 minutes before the bell rings in order for you to change and be ready for 2nd period.

In-season sports will meet at the following locations:

- ***Volleyball**: HS Practice Gym (Drop off at front of HS at Auditorium Entrance)*
- ***Basketball**: HS Practice Gym and MS Gym (Drop off at front of MS)*
- ***Cross Country/Track**: MS Gym (Drop off at front of MS)*
- ***Softball**: practice after school (meet at softball field)*

- 2) Off-season athletes will meet in the Middle School gym at 7:45 each day.
- 3) Everyone must have a physical and **ALL** paperwork turned in prior to participating in a sport. Athletes will be required to make-up days missed due to not having **ALL** required paperwork. If paperwork is not completed in a timely manner athletes may be **REMOVED** from athletics.

RULES –

- 1) There will be consequences for not following the rules. We will keep a record of days you are late, absent, not dressed out, hair not pulled up, jewelry, bad attitudes, etc. We will have a day of consequences where you will get to make up for these infractions. Not completing the consequences will lead to removal from the athletic program.
- 2) The lockers have combination locks. We are not responsible for items lost or stolen.
- 3) Only a **DOCTOR’S** note is accepted as an excuse for sitting out during athletics. If your child is ill, they need to communicate that with their coach and will be asked to do as much as can be tolerated.

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- 4) **NEW CELL PHONE POLICY:** Athletes will not be allowed to use their cell phones at practice, on the bus to away games, or during home games. A Remind 101 group will be created to text parents updates or changes regarding games and return times.
- 5) Parents need to log onto rankonesport.com to sign up for notices about schedule changes.

HOME GAMES –

- 1) We will play all of our home games at the Middle School and High School practice gyms.
- 2) You will be provided a uniform by the school and are responsible for that uniform's condition and return at the end of your season.
- 3) Your appearance is important so we expect hair to be kept back neatly and be of a naturally occurring color (no blue, orange, etc.), no bra straps showing and bras need to be white, black or gray. Athletic shoes are required.
- 4) You will sit in the stands as a team until it is time for you to warm-up and play. There will be **NO** horseplay or walking around the school. We need to be focusing on the game and supporting our teammates. You will be told when to arrive by your coaches.
- 5) You will sit in the stands as a team after your game and watch the other games. No cell phones will be allowed in the stands at anytime. Cell phones will be stored in the coach's office or the students lockers until the games are completed.

AWAY GAMES –

- 1) We will all travel together on the bus to our away games. You may have a snack on the way. The school will provide each athlete one meal.
- 2) Cell Phones will be collected prior to leaving for away games. They will be returned after **ALL** games have been completed.
- 3) A child is only allowed to leave the game with their immediate (adult) family members. If they are to leave with anyone else, we need a **PHONE CALL** to the school **AND** a written note giving them permission to leave with a specific adult prior to leaving for the game.

As a student-athlete you are taking on more responsibilities. Being an athlete is not for everyone. You are now a role model to others in the school. Franklin athletes are known for good grades, attitudes (on and off the court), and for showing good sportsmanship. If you are not willing to accept these responsibilities, please do not waste your time or the coaches' time; there are others wanting the opportunity to learn, improve, and compete. We reserve the right to enforce consequences for any inappropriate, unlawful, or disrespectful behavior.

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