



# MANCHESTER REGIONAL HIGH SCHOOL Good News Newsletter

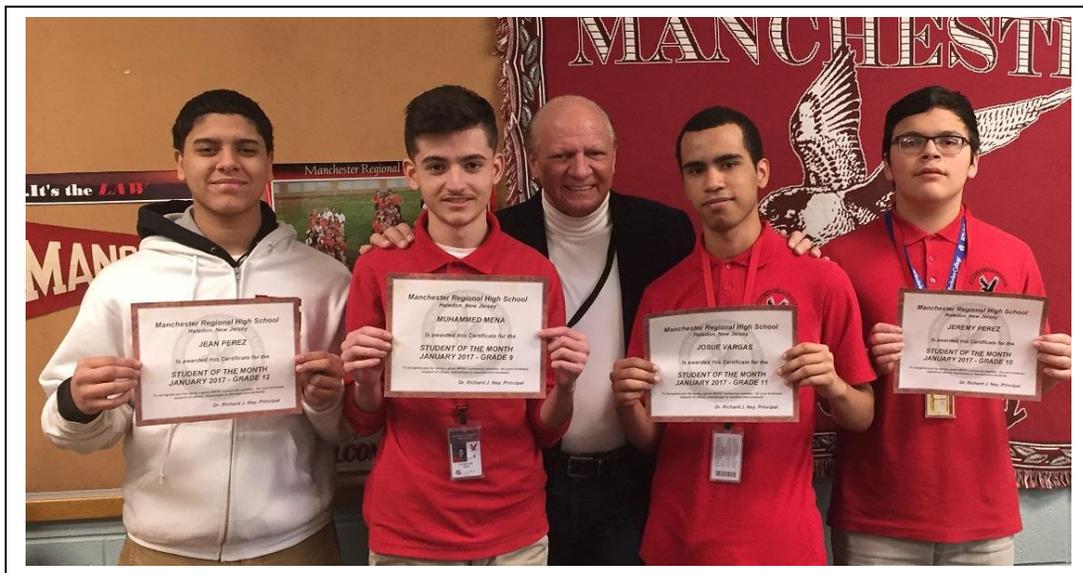


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## January Students of the Month

January students of the month were honored this week for being great community members for kindness, support of others, and for helpfulness to teachers and students. They are (left to right) Jean Perez, Grade 12; Muhammed Mena, Grade 9; Josue Vargas, Grade 11; and Jeremy Perez, Grade 10. Congratulations!



## Seniors Explore Careers

Twelve seniors attended a presentation in the Falcons' Lounge by Lincoln Tech on Friday, January 20, to learn about potential career options in the automotive industry, health sciences, skilled trades, and more!



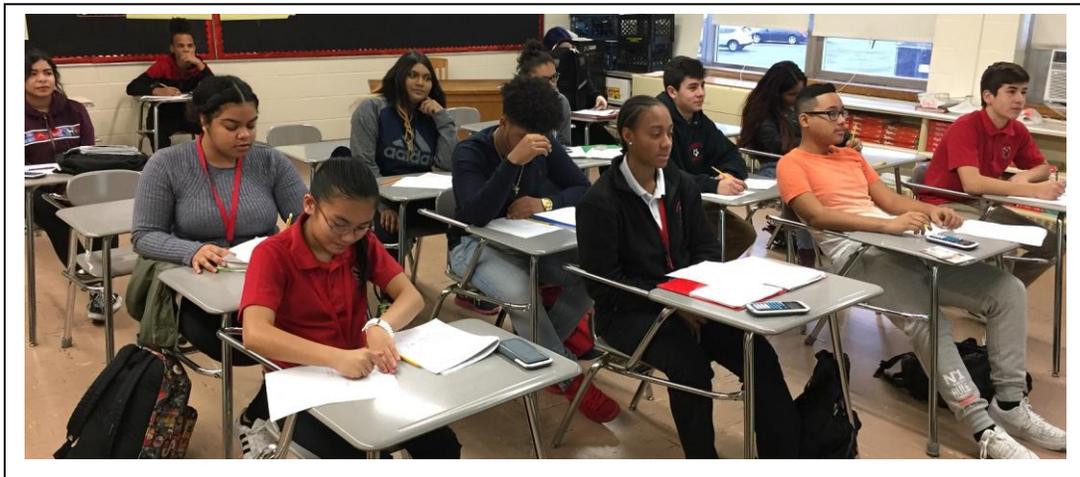
### [Middle School Wrestling Comes to MRHS](#)

A new middle school wrestling program was started this year in an effort to provide a feeder system to the high school program and to promote co-curricular involvement between Haledon, North Haledon, Prospect Park, and the high school. This year the middle school wrestling team has seven students from Haledon and one from Prospect Park. Thus far, three matches have been held in the high school gymnasium; January 10 vs. Leonia, January 13 vs. Garfield, and January 30 vs. New Milford. As the program expands next season, North Haledon and Prospect Park have expressed interest in increased participation. (Pictured with the team are head coach Ron Ramos, and the Manchester head wrestling coach, Ron Damiano.)



### [Freshmen Knock-Out Sophomores in Attendance Contest](#)

The freshmen class enjoyed a Dress-Down Day today, Tuesday, February 7, after re-taking 1<sup>st</sup> place in the attendance contest, edging out the sophomores who they yielded to in November and December. The freshmen attendance rate for January was 94.17%, and the sophomores' rate was 93.61%, down from their 94.8% in December. The junior class dropped a little from 93.33% in December to 92.39% in January. The senior class improved for the fourth consecutive month. Their first month was only 89%. In December they had a rate of 91.4% and improved to 92.36% in January. Who's going to win this month?



### [Meet Mrs. Morstatt](#)



Mrs. Morstatt has been the school librarian and media specialist at Manchester Regional High School for 11 years. For the past six years, she has also served as Director of the Haledon Public Library, dividing her time between both institutions. Prior to coming to Manchester, she was the librarian at a Catholic school. Mrs. Morstatt attended Fairfield University where she earned a B.S. degree in Marketing. Her first career was in sales before she turned her love of books into her next one. She earned a M.A. degree in Teaching from the University of Phoenix and her School Library Media endorsement from William Paterson University. In the school library, some of her favorite events are the Poetry Out Loud Contest, Valentine's Day Haiku Contest, Annual Author Visit, and Student Poetry Day. Throughout the school year she facilitates a student book club as well as a staff and faculty book club. In her free time she loves to spend time with her family, travel, go to the beach, and of course read.

### [2015 MRHS Graduate 17<sup>th</sup> Fastest Nationwide](#)

Kadejhia Sellers, who graduated in 2015 and is now a sophomore at Syracuse University on a scholarship, broke the school's record in the 400 Meter Dash at a meet at Villanova University last week. She crossed the finish line in 53.92 seconds which beat the prior record of 54.12. She also has the 17<sup>th</sup> fastest pace in the nation for this event. (Obviously, Ms. Sellers is the one in front.)



### [Students Use Art to Fight Drugs](#)

On Friday, January 27, 2017, the Falcon's Lounge hosted the Substance Awareness Art Expo as a part of Drug and Alcohol Facts Week. The two galleries focused on two areas. One area was the impact of addiction on the addict and important individuals in their lives. The other was the risk and protective factors in our community that promotes substance use or keeps youth away from it. Upon entering the gallery, students were given the opportunity to follow a story of addiction, learn different facts about drugs and alcohol, view the art pieces created by their peers, and vote for the piece that best reflected the theme of the gallery. The following students are the winners of the Substance Awareness Art Expo contest: First place, Joshua Olmedo; second place, Faith DeRuiter; and third place, Starr Villa. Congratulations to the winners! Also, thank you to Mrs. Hernandez for collaborating with Falcons' Lounge for the contest, and Mrs. Orsita, Mr. Yob, Ms. Lee, and Ms. Vander Groef for bringing in their classes and encouraging their students to participate!



### [Third Annual Snowball Dance](#)

Student Council held its third annual Snowball Dance, Friday February 3. All of the students who attended were dressed up and danced the night away! Student Council President Tara Mott (pictured here) was crowned *Snow Queen* for her dedication to the club and to the school throughout her four years. Special thanks to all of those who helped make the event a success!



### [MRHS Grad Makes a Difference Teaching in Newark](#)



Shylene Camacho, who graduated in 2008 (shown in her yearbook picture), is now a first grade special education teacher in Newark. She was featured in a WPIX Evening News story by reporter Monica Morales, Thursday, February 2. She and the grandmother of one of her students were interviewed by Morales because Ms. Camacho taught the grandson who couldn't speak to speak in sentences. (Click on the link below for the broadcast and the full story.)

[PIX11 helps woman thank Newark teacher for teaching grandson with special needs](#)